

SPACE

Supporting Parents and Children's Emotions

Information for Service Providers

Supporting Parents and Children's Emotions (SPACE) will provide support to young people under 25 years who are pregnant and/or parenting who may be experiencing or perpetrating domestic and family violence.

Through the provision of therapeutic counselling, group work, psychosocial education and case management young people will be supported to better understand and manage the impacts of violence on their children.

SPACE will aim to provide young people with the skills necessary to maintain positive health and wellbeing for themselves and their children and strengthen their ability to access support when needed. SPACE can be accessed by young pregnant and parenting people across Metropolitan Youth Health (MYH) sites including Western, Northern and Southern and outreach support can be provided when needed.

To be eligible to access the SPACE program the young person must be between 12-25 years old and pregnant or parenting and experiencing or perpetrating violence.

For further information please contact Lani and Katie on 8243 5637

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[SPACE is a joint initiative between the Attorney General's Department and Metropolitan Youth Health](#)