



CHILDREN AND ANXIETY

South West Metropolitan Parenting Service

Connection-based tools to support your child through anxious moments.

All children have anxious moments. You can help your child through these difficult feelings with strategies focused on connection and play. This evidence informed workshop will give ideas and tools to support your family to thrive using the 'Parenting by Connection' approach.

**This event will be held online via Zoom.
Not suitable for children to attend.**

Register:

<https://us02web.zoom.us/meeting/register/tZctd-mqrj8sHd0J9Qb5HUJSy18-NuJ5rtOH>

After registering, you will receive a confirmation email containing information about joining the meeting.

Event Details:



Where:

Online via Zoom. Please join this interactive call from a quiet, private space with audio and video access. Not suitable for children to attend.



When:

Thursday 18th August 2022
10:00am-12:00pm



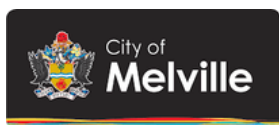
Cost:

This is a FREE event. Please register your attendance.



Contact:

Please contact Belynda on 0419 588 849 or email belynda.smith@meerilinga.org.au for further information.



Supported by



SOUTH WEST METROPOLITAN PARENTING PARTNERSHIP

