



# MARIST RUGBY



## TERM 3 TRAINING SCHEDULE

### WEEK 5

LOCATION	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>MORNING TRAINING: 6.45 - 8:00am</b>						
McMahon Oval					<b>ATC TRIALS</b>	<b>LONG WEEKEND</b>
Hayden Oval			YEAR 10 A/B			
<b>AFTERNOON TRAINING: 3:30 - 4:55pm</b>						
McMahon Oval	<b>Track &amp; Field</b>	1st XV/2nd XV	PSS training (invited players only)	1st XV/2nd XV	<b>ATC TRIALS</b>	<b>LONG WEEKEND</b>
Hayden Oval	<b>Track &amp; Field</b>	Opens (3rd's to 8ths)	<b>Track &amp; Field</b>	Hayden - 3rd/4ths & 9A/9B Jack Eales - 10C/D/E		
Flat 7	10A/10B	9A/9B 8A/8B	9C, 9D, 9E	Year 8		
Flat 8		Year 6	Year 7 (A-E)	Year 5		