

# ParentZone Gippsland

## Term 1 Programs 2021

### **Breaking The Cycle**

For parents and carers of adolescents who are violent or abusive in the home

Mondays  
1st February – 29th March  
(no session on 8th March)  
10:30am – 12:30pm

**Online via Zoom**

### **Homework Club:**

For parents and carers to assist your children with their homework or just have some fun reading and playing games.

Tuesdays  
Throughout school term  
3:30pm – 5:00pm

**Online via Zoom**

### **Dads Matter**

A group for Dads the talk about parenting, share stories and learn new strategies.

Fridays  
19th February – 19th March  
10:30am – 12:30pm

**Online via Zoom**

### **Let's Talk About Parenting**

Learn strategies, share stories and take some time out for you!

**Warragul:** Tuesdays 16th February – 16th March, 10:30am – 12:30pm  
Warragul Specialist Centre, 199 Sutton Street Warragul

**East Bairnsdale:** Wednesdays: 10th February – 17th March (no session 3rd March), 10:30am – 12:30pm  
East Bairnsdale HUB, 24 Hoddinott St, East Bairnsdale

**Online via Zoom – Morning:** Thursdays 11th February – 11th March, 10:30am – 12:30pm

**Online via Zoom – Evening:** Thursdays 11th February – 11th March, 5:30pm – 7:30pm

### **Supported Playgroups**

Join us to enjoy songs, stories and fun activities each week during school term.

#### **Morwell walking group:**

Mondays 10:00am – 11:00am and  
Wednesdays 10:00am – 11:00am  
Meeting at a local park in Morwell

**Online:** Tuesdays 10:30am – 11:30am  
Online via Zoom

#### **Churchill:**

Fridays 9:30am – 10:30am and  
11:00am – 12:00pm  
Churchill Neighbourhood Centre -Studio  
9 Phillip Parade, Churchill

**COST: FREE Bookings essential.**

For more information or to register please contact –  
ParentZone Gippsland on 5135 9555  
or email [Parentzone.Gippsland@anglicarevic.org.au](mailto:Parentzone.Gippsland@anglicarevic.org.au)

**PARENTZONE**