

Carwatha Secondary College Canteen 2015 Menu

Sandwiches & Rolls

	Sandwich	Roll
Ham	\$3.50	\$4.00
Ham & Tasty Cheese	\$4.00	\$4.50
Ham, Tasty Cheese & Tomato	\$4.20	\$4.70
Ham & Salad	\$5.00	\$5.50
Chicken	\$3.50	\$4.00
Chicken, Lettuce & Mayo	\$4.20	\$4.70
Chicken & Avocado	\$5.00	\$5.50
Chicken Schnitzel, Lettuce, Tomato & Mayo	\$5.50	\$6.00
Chicken & Salad	\$5.00	\$5.50
Salad	\$4.00	\$4.50
Egg & Lettuce	\$3.50	\$4.00
Curried Egg & Lettuce	\$3.50	\$4.00
Tuna	\$4.00	\$4.50
Salmon	\$4.50	\$5.00

Breads: Hi Fibre White, Wholemeal, Multi grain

Rolls: Hi Fibre White, Wholemeal, Multi Grain

Focaccias

Chicken Schnitzel, Lettuce, Tomato, Avocado, Tasty Cheese, Seeded Mayo	\$7.00
Shredded Chicken, lettuce, Sun dried Tomato, Avocado, Tasty Cheese, Seeded mayo	\$6.50
Eggplant, Roasted Pumpkin, Roasted Capsicum	\$6.00
Turkey, Sun dried Tomato, Lettuce, Cranberry Sauce	\$6.00
Chicken Tandori	\$5.50
Ham, Cheese & Pineapple	\$5.50

Freshly Made Hot Foods

Pizza

Chicken With BBQ Sauce	\$3.50
Peri Peri Chicken	\$3.50
Vegetarian	\$3.50
Margarita	\$3.50
Pepperoni	\$3.50

Pasta

	Small	Large
Bolognese	\$4.00	\$5.00
Lasagne	\$4.00	\$5.00
Vegetarian	\$4.00	\$5.00

	Small	Large
Fried Rice	\$3.50	\$4.50
Chicken Fried Rice	\$4.00	\$5.00

Wraps

Sweet Chilli Chicken	\$5.00
Italian Meatballs	\$5.00
Chicken, Salad & Avocado	\$6.50
Ham, Salad & Avocado	\$6.50
Turkey, Salad & Avocado	\$6.50

Salad Tubs 440ml

Garden Salad	\$4.50
Pasta Salad	\$4.50
Coleslaw	\$4.50

Salad Plates

Chicken, Ham, Salmon, Tuna, Turkey	\$6.00
------------------------------------	--------

Burgers

Angel Bay Cheese Burger	\$3.00
Angel Bay Beef Burger	\$5.00
Chicken Schnitzel Burger	\$5.00
Chicken Burger	\$5.00
Fish Fillet Burger	\$5.00

Hot Pies

Mrs Macs	
Country Pie 280gr	\$4.50
Lamb & Rosemary 200gr	\$4.50
Angus Steak Pie 280gr	\$4.50
Cruizer Beef 190gr	\$3.80
Famous Beef Pie 200gr	\$3.80
Sausage Rolls	\$3.20
Spinach & Ricotta Rolls	\$3.20

Hot & Tasty

Party Pies	\$1.00
Steamed Dim Sims	\$1.00
Low Fat Nachos	\$4.00
Noodle Cups	\$3.00
Egg & Bacon Rolls	\$4.00
Sweet Chilli Tenders	\$2.00
Angel Bay Rissoles	\$2.80
Ingham Chicken Rissoles	\$2.80
Ingham Chicken Nuggets	\$0.70
Low Fat Hot Dogs	\$3.00

Cold Drinks

Coke Varieties 600ml	\$3.80
Sprite 600ml	\$3.80
Pump 750ml	\$3.80
Pump 750ml-Flavours	\$4.00
Powerade Zero 600ml	\$4.00
Nestea 500ml	\$4.00
Deep Spring Mineral Water	\$3.80
MT Franklin Water 600ml	\$2.50
Daily Juice Orange 500ml	\$3.80
Berri	\$3.50
Just Juice 200ml	\$1.50
Quench Drinks	\$2.00
Big M 300ml	\$3.00
Big M 600ml	\$4.00
Dare	\$4.40
Slush Puppy Ice Drinks	\$2.00 \$3.00

Snacks

Texas Muffins	\$3.00
Choc-Chip Cookies	\$2.00
Jelly Cups	\$1.00
Fresh Yogurt	\$2.00
Yogurt & Berries, Muesli	\$3.00
Chocolate Moose	\$3.00
Fresh Fruit Salad	\$3.50 \$4.50
Boiled Egg	\$1.00
Fresh Fruit	\$0.80
Hot Chocolate	\$2.50
Hot Coffee	\$2.50

H&H
CANTEENS

