



## My child doesn't want to go to school- what do I do?

**An ever-increasing issue for families:**

- Dealing with social anxiety
- Dealing with safety and anxiety
- Building resilience and self-esteem
- Dealing with feelings
- Parents dealing with their own anxiety about child school refusal
- Parenting from love and compassion vs from fear and worry

**DATE:** Tuesday 21st February 2023

**TIME:** 7.00pm - 8.30pm

**WHERE:** City of Whittlesea

**COST:** This session is free of charge but registration is essential

For enquires contact City of Whittlesea  
familytraining@whittlesea.vic.gov.au or 94048865

For bookings: <https://www.trybooking.com/CDXFQ>



City of  
Whittlesea

**PARENTZONE**