

BMGS CAREERS NEWSLETTER

Tuesday, 5 April 2022

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Open Days & Info Sessions

Charles Sturt | Parent Information Session

Tuesday 5 April 2022, 6:30 pm - 8:00 pm

Online

Want the complete picture of your child's path from high school to uni? Our free online Parent Information Session will give you everything you need to know.

First up there's a short presentation with some important information. We'll walk you through the application process and early offers. You'll learn about our courses, accommodation options and scholarships. Plus, you'll be able to get any questions you have answered. Then you can jump into two specialist sessions for more detailed information.

Find out more: <https://cvent.csu.edu.au/event/c19cecf2-f350-49bd-9399-739314846761/summary>

iCanMed | Free Holiday Webinar: Why Top UCAT Candidates Start Prep Up to Two Years Before the Test

Wednesday 6 April 2022, 8:00 pm - Thursday 14 April 2022, 1:00 pm

Online

Recent trends show that those students who score in the top 5% are often the ones that start one to two years before their actual test, so that by the time they get to Year 12, they have almost finished their UCAT prep and therefore can focus fully on their ATAR and interviews.

Register for this free UCAT webinar to find out what to do now to put yourself in the best position for success in Year 12!

Find out more: <https://www.icanmed.com.au/holiday-webinars/>

UTS | How to choose a uni degree

Monday 11 April 2022, 12:00 pm - 1:00 pm

Online

Figuring out how to transform what you love into a course – and then a career – can be a big ask. Hear from a current UTS student about uni life and the courses we have on offer.

Find out more: <https://atarnoteslectures.com/nsw/april-2022/lectures/schedule/how-to-choose-a-uni-degree>

ADF | Gap Year Virtual Information Session

Monday 11 April 2022, 12:30 pm - 2:30 pm

Online

Experience a Gap Year like no other with the Australian Defence Force.

Join us for a virtual info session and speak with current serving personnel to learn about the challenges and rewards on offer.

Find out more: <https://www.defencejobs.gov.au/events/events-detail/8pu9fkp>

Flinders | Moving to Adelaide Online Information Session

Thursday 28 April 2022, 2:00 pm - 2:30 pm

Online

Are you considering or planning a move to Adelaide for your studies?

Hear all about our options at Flinders Living. See the facilities and chat to the staff about what options are available for those relocating.

Find out more: <https://events.flinders.edu.au/events/moving-to-adelaide/>

UOW | Information Evenings

Monday 2 May 2022, 6:00 pm - 6:00 pm

St George Leagues Club, Beverley Park

You might know what degree you're interested in and the ATAR you need, but there's much more to choosing a university.

You'll need to know where you're going to live, how much it will cost, how will you make friends and more. We know because we asked the exact same questions when we were in year 12!

The information evening is designed to cover the big questions and topics that students and parents need to know about before applying to uni.

Find out more: <https://mkto.uow.edu.au/Kogarah-Info-Evening-Rego-2022.html>

University of Sydney | Info Night, Fairfield

Tuesday 3 May 2022, 6:30 pm - 8:00 pm

Fairfield RSL Club

Join us for an information evening to find out all you need to know about the University of Sydney!

The session will cover information about courses, admission requirements, entry schemes and pathways, fees, costs and scholarships, as well as the type of support available on campus. Uni students and alumni from South West Sydney will share stories, tips and advice about their journey to university and beyond

You'll also get the chance to speak with staff and students from all our faculties and have all your questions about the University of Sydney answered.

Find out more: <https://www.eventbrite.com.au/e/university-of-sydney-info-night-fairfield-tickets-310267156417>

University of Sydney | Meet Sydney, Dubbo

Wednesday 4 May 2022, 6:00 pm - 7:30 pm

Dubbo RSL Memorial Club

Join us for an information evening to find out all you need to know about the University of Sydney!

The session will cover information about courses, admission requirements, entry schemes and pathways, fees, costs and scholarships, as well as the type of support available on campus. Uni students and alumni from Regional NSW will share stories, tips on moving away from home and advice about their journey to university and beyond

You'll also get the chance to speak with staff and students and have all your questions about the University of Sydney answered.

Find out more: <https://www.eventbrite.com.au/e/meet-sydney-dubbo-tickets-310283986757>

Macquarie | Year 10 Subject Selection Online Information Session

Wednesday 4 May 2022, 6:00 pm - 7:00 pm

Online

A series of short talks on the importance of informed subject selection, how choice of subjects can help at university, and how admission to Macquarie University works. This online information session will give you everything you need to start thinking about your future career!

Find out more: <https://page.mq.edu.au/Year10InfoSession2022Registration.html>

UNSW | LAT Information Evening 2022

Thursday 5 May 2022, 6:30 pm - 7:30 pm

Online

Are you thinking of studying law at UNSW? Join us online to hear about the Law Admission Test!

Get all of your questions answered at our online 2022 LAT Information Evening. The LAT is an entry requirement for all undergraduate law double degrees at UNSW. We'll cover how the LAT has worked for entry in the past, provide detailed program and faculty information, as well as key LAT dates for the year ahead.

We'll also be joined by some current students to answer general questions about the LAT and studying law at UNSW.

Our LAT Information Evening is for Year 11 and 12 students and their parents, careers advisers and students currently studying at another university who are hoping to transfer to UNSW Bachelor of Laws in 2023.

Find out more: <https://www.events.unsw.edu.au/event/unsw-lat-information-evening-2022>

UAC Digital | Let's Chat – Medicine Students

Wednesday 11 May 2022, 6:00 pm

Online

If you are interested in medicine then this session is for you. Current students from a range of unis share their experiences of student life. Topics covered include:

- how they decided on the course they are studying
- what they found easy about the process of applying and enrolling, and what they found hard
- what they thought uni would be like
- the best thing about being at uni
- their hopes and dreams for when they finish

Find out more: <https://uacdigital.easywebinar.live/registration-let-s-chat-medicine-students-why-i-choose-medicine>

University of Newcastle | Year 10 Subject Selection Webinar

Wednesday 25 May 2022, 6:00 pm - 7:00 pm

Online

Our student ambassadors will share key subject selection information and share their stories and experiences with subject selection and transition to University studies.

Presentation topics:

- Subject selection process (our 3 simple steps on how to select your subjects)
- Subject selection resources, case studies and examples.
- What if I don't know what I want to do? or change my mind?
- What can you study at the University of Newcastle? (campus', faculties etc)
- Differences between school life and university life (life as a student, timetables etc)
- Pathways to University
- Ask a Student platform

The session will be approx. 40 mins and 15 mins for Q&A. Parents and Students can ask questions throughout the presentation.

Find out more: <https://www.newcastle.edu.au/events/future-students/2022-parent-info-session-year-10-subject-selection-webinar>

Flight Centre Travel Academy | Travel & Tourism Is Back!

Thursday 26 May 2022, 5:30 pm - 6:30 pm

Online

In partnership with Torrens University Australia, FCTA facilitates the Diploma of Travel and Tourism, whilst also providing employment opportunities and networking connections to set you up for a successful career in travel.

Join Renee and Jamie from FCTA and Josh, a graduate of the diploma who is now kicking goals with Ignite Travel Group, to discuss all things Flight Centre Travel Academy!

This webinar will include:

- What is the Diploma of Travel and Tourism?
- Career and education pathways
- Further information on our Work, Study + Play Programs
- A graduates' story
- Q & A

Find out more: <https://www.eventbrite.com.au/e/travel-is-back-hear-first-hand-from-experts-in-the-industry-tickets-309084529147>

Macquarie | Open Day 2022

Saturday 13 August 2022, 9:00 am - 2:00 pm

Macquarie University

Macquarie University's Open Day is an experience made for (YOU)^{us}. Join us to learn how our industry connections, passion for collaboration and appetite for unconventional thinking will help you achieve remarkable things.

Find out more: <https://event.mq.edu.au/open-day-2022/registration/Site/Register>

Workshops and Courses

NIE | Simulated UCAT Day Workshop, Sydney

Sunday 17 April 2022, 9:00 am - 4:30 pm

Chatswood

If you are in Yrs. 10, 11, 12, or you may be older and considering sitting the UCAT in the future, then this program is for you. The Simulated UCAT Workshop program is ideal and often a necessary step towards effective and efficient preparation for the UCAT.

This event will be conducted by the National Institute of Education in partnership with UCAT Preparation Australia, and MICAS (Medical Interviews and Career Advice Services).

The workshop is primarily designed to cover fundamental techniques in navigating all five sections of the UCAT test and also for participants to gain a better understanding of their own level of preparedness for the test. Over the course of the years, the program has evolved into more comprehensive and holistic exercise, which not only achieves its primary goal, but it is also exposing students to a wealth of knowledge about all other aspects of the journey into a medical degree.

Find out more: <https://www.nie.edu.au/products-listing/product/216-simulated-ucats-day-workshop>

UNSW | Capital W Girls in Business Workshop

Wednesday 20 April 2022, 9:00 am - 2:00 pm

Credit Suisse, Sydney

Are you a female-identifying high school student interested in studying business? Want to find out what working in business is really like and hear some tips and tricks from women who are working in industry? Attend the UNSW Business School and Capital W Society's Girls in Business Workshop in person at Credit Suisse Australia.

This workshop will give you the chance to explore where a career in business could take you, while meeting likeminded young women. You'll also build on invaluable soft skills including communicating, presenting and networking.

Find out more: <https://www.events.unsw.edu.au/event/capital-w-girls-business-workshop-0>

2022 Youth Futures Summit

Tuesday 7 June 2022, 9:00 am - Thursday 9 June 2022, 5:00 pm

Online

The Youth Futures Summit is a virtual event that brings together thousands of diverse people across multiple sectors and communities to re-imagine the biggest challenges and systems impacting young people and the rest of Australia.

YFS2022 will:

- Draw together thousands of people from multiple sectors and communities that are reflective of the diversity of cultures, backgrounds, experiences, and beliefs that make up all of Australia
- Be co-presented, co-attended and shaped by young people
- Deep-dive into the challenges and identify what the solutions should be
- Explore a number of different areas from climate change, youth mental health, jobs for the future, diversity in Australia and more.

Find out more: <https://youthfuturesummit.org.au/>

Competitions

STUFFit Student Film Competition

STUFFit is a film festival competition open to high school students across Australia. Students can submit a film in any genre.

The winner and runner-up for each category will receive an awesome piece of film equipment for their prize.

Early-bird entries close on 24 May, and final entries close 5 July.

Find out more and enter here: <http://www.stuffitfilmfest.com/index.html>

ASX Schools Sharemarket Game

The ASX Schools Sharemarket Game is a fun way for students to learn about economics and the sharemarket in Australia.

Students receive a virtual \$50,000 they can invest over a 10 week period, in over 200 companies listed on the ASX. The prices students buy and sell at are the same prices as they would get in the live market, so this is as close to real life share trading as you can get.

The game can be part of a school subject or an extra-curricular activity offered to students. It is free to play and as a bonus students can win great cash prizes.

The next round runs from 10 March – 19 May. **Registration closes on 14 April. Teachers must register on behalf of students.**

Find out more here: <https://game.asx.com.au/game/info/school/about-the-game>

Work Experience

ASD Cyber Security and Robotics Work Experience

The Australian Signals Directorate (ASD) is the national authority for information security and through its Work Experience Program offers students from Years 11-12 an opportunity to extend their knowledge and skills in science, technology, engineering and mathematics (STEM), with a focus on information/cyber security.

High achieving Year 10 Students with a strong interest in this field are also encouraged to apply and may be considered for a placement.

The ASD Work Experience Program offers a number of challenges designed to increase STEM knowledge and understanding, such as:

- python programming
- identifying security intrusions on a computer system
- identifying email compromises
- monitoring network traffic to detect exploits
- conducting forensic examinations of hard drives
- exploiting web application vulnerabilities
- learning modern encryption methods and how they are used to protect data
- performing geospatial analysis and utilising geospatial tools for imagery analysis
- engineering hardware and software solutions for security problems
- robotics programming using Arduino
- constructing electrical circuits

Interstate students are encouraged to apply – financial assistance may be available.

The placement will run from 11 – 15 July 2022.

Applications close 22 May.

[Learn more](#)

Careers & Jobs

A Guide to Community Work in Australia

A Guide to Community Work in Australia is a free resource to help people who are passionate about helping others understand their career options in community services.

Produced by the Australia Community Workers Association (ACWA), the guide describes what community workers do, where they work and what values they hold. It also describes career pathways to help aspiring community workers plan ahead.

Importantly, the guide also addresses an ongoing problem: confusion between community work, social work and personal care jobs.

Download the guide here: <https://www.acwa.org.au/students/about-community-work/>

When Can I Start Work?

A big part of growing up is starting work. It can be great to have some extra money for yourself, feel more independent, as well as learning the skills you'll need in the workforce for the rest of your life. But before you get too keen, there are some things you need to know before you rush out and start applying.

What age can I start working?

The minimum age for starting work is different depending on the state or territory you live in. Take a look at the information we've gathered below.

New South Wales

There are no minimum age restrictions to start work in New South Wales. However, if you are under 15 there may be some restrictions on the type of work you can do and how many hours you can work.

What other restrictions are there?

There are also restrictions other than age to consider when starting work. These include how many hours per day or week you are allowed to work, when you are allowed to work, and if you are allowed to leave school to work.

New South Wales

In New South Wales, you aren't allowed to work during school hours. You can't work more than one shift a day, and for more than 5 days in a row. You can't work for more than 4 hours total on a school day. You can't work later than 9.00pm if you have school the next day. You must not work and attend school for more than 50 hours a week combined.

You can start working full-time once you turn 17. If you want to leave school after Year 10, you may apply for an exemption.

Where can I find more information?

If you want to know more about starting work, there are plenty of handy resources out there you can check out. You can find them all on the Fair Work Ombudsman's website here:

<https://www.fairwork.gov.au/find-help-for/young-workers-and-students/what-age-can-i-start-work>

Keen to learn more about careers? Check out the [Careers page on Study Work Grow](#) for info about your dream career area, jobs available now, and more.

Further Learning

Microsoft Mondays

Ready to learn amazing things and make some new friends? Girl Geek Academy and Microsoft have teamed up to present weekly online workshops to high school girls interested in coding and technology. Designed specifically for high school girls, you'll hang out, meet new mates, and learn a new tech skill every Monday afternoon from 5:00-6:30pm (AEST), totally free.

Keen on making your own video game? Let's do it. Got code questions? We've got you covered. Curious about Artificial Intelligence? So are we.

All the classes are beginner friendly, and are set up so you can go at your own pace – no need to worry about getting left behind. And if you're tech talented, you can move ahead as fast as you like.

Find out more and register here: <https://girlgeekacademy.com/microsoft/>

New Grandshake Upskilling Microprograms

Grandshake have just announced two new free Upskilling Microprograms for high school students. Each short 40 minute program will teach you important skills for the workplace, and give you practical tips on how you can use your new skills in your career.

The two new programs are:

- [Negotiation skills](#)
- [Project management skills](#)

See all of Grandshake's free microprograms, including virtual work experience, here:

<https://www.grandshake.co/>

Resources

Partners in Parenting PLUS (PiP+)

Monash University and Prevention United are offering free access to the Partners in Parenting PLUS (PiP+) program. PiP+ is an award-winning, evidence-based online parenting program designed to empower parents to make sense of adolescence and raise their teenager with confidence.

PiP+ includes features such as:

- A new module providing expert-endorsed information about parenting through the pandemic
- An online community with other parents of teens
- Personalised feedback about parenting, and the mental wellbeing of the parent and teenager
- 10 user friendly interactive online modules (15-25mins each) tailored for parents to do in their own time
- Be part of a world leading research project

PiP+ is aimed at parents or guardians of a teenager between the ages of 12-17 years.

Find out more: <https://partnersinparenting.com.au/>

Join the Country to Canberra Blogging Team

Country to Canberra has created an exciting online community that empowers young women to build their advocacy skills. We support girls that want to write about their lives and the issues they're passionate about.

The type of bloggers we're looking for should:

- Be 13-18 years old from rural Australia;
- Be keen to write a 300-500 word blog post approximately once per month;
- Have a willingness to learn (you don't have to be a pro!)

What you get from us:

- National exposure and a resume booster;
- An ability to advocate, share your views and increase your online presence;
- An opportunity to work in an online team with other trailblazers.

If this sounds like you, apply now by emailing blogging@countrytocanberra.com.au and be sure to include name, age, grade and where you live.

Find out more: <http://countrytocanberra.com.au/blogger-team/>

How to Stay Focused While Studying

It can be hard to stay focused when studying. From the itch to check Instagram to staying comfortable in your chair, there can be lots of distractions keeping you from getting the job done.

Luckily, there are plenty of tools and tricks out there that can help you stay focused and study hard.

Here are some of these methods, as suggested by [Freedom in their article](#):

Find a suitable environment

Some people find it easiest to study in complete silence, while others might like a bit of background noise. Try some different places around the house, or even in your favourite coffee shop, to see what works best for you.

Regardless, there are some things that you need to have no matter where you are:

- Plenty of space and a flat surface for all your materials and tools
- An outlet to charge your devices – there's nothing worse than your battery going flat in the middle of writing an assignment when you haven't saved for a while!
- A comfortable chair or standing position

Create a study ritual

Help yourself get into the mindset of study by creating a little ritual for yourself that you follow every day. Maybe you can clean your desk before you start, or go for a short walk. Having this ritual can help prepare your mind for the study to come.

Block distracting websites and apps

We're all guilty of being distracted by our Facebook or Instagram feeds when we're supposed to be doing something else. But if it's becoming a bad habit, it might be time to step it up and block those websites and delete the apps from your phone. It might be tough, but it will do wonders for your study!

Divide up and space out study sessions

Got lots of study to get through? It can seem daunting when you add it all up together. Make it less scary by dividing up your time into smaller, more manageable blocks, instead of trying to cram everything in at once.

Use the Pomodoro Technique

[Check out our blog for more information about the Pomodoro Technique.](#)

Find the best tools

There are tons of apps and websites out there designed to help you get the most out of your study sessions. From helping you get organised, to helping you focus, to build good habits, there's something for everyone. [See Freedom's full blog for some suggestions.](#)

Focus on skills, not grades

Learning is a skill that will last you a lifetime. Remember that while it might be important to do well on your exams and assignments, it's not the be all and end all. Building valuable study skills is important too – and feeling like you're accomplishing something just by learning can be very motivating.

Schedule downtime

You don't have to be a study machine 24/7 – in fact, trying to cram everything in non-stop will probably be more harmful than good. Make sure you have some time to relax, unwind and take care of yourself as well. It will improve your learning in the long run.

Exercise

Studying can involve a lot of sitting, and it's important that you get up and move. Even if it's just getting up from your chair every 30 minutes to have a stretch and walk to the fridge, something is better than nothing. Exercise doesn't just benefit your body – it can help reduce stress and anxiety and help you to focus better as well.

Write reviews and adapt

Tried something that you found just wasn't working? That's okay! Adapting to your changing schedule and needs is important, so make a list of tips and techniques you found worked wonders, and things that didn't work so well. Review your list over time to see if things need a bit of a shake-up.

You can read more about how to stay focused on Freedom's full blog here:

<https://freedom.to/blog/how-to-stay-focused-studying/>

Job Spotlight

[How to become an Instructional Designer](#)

Instructional Designers are responsible for creating instructional materials, including user manuals, tutorials, online courses, and employee training modules. They create content for all kinds of users, including product users, universities and other learning institutions, businesses, and more.

If you're an excellent communicator, are curious about how things work, and enjoy helping people solve problems, this could be a great career to consider.

About you:

- Excellent communication skills, both written and verbal
- Inquisitive and creative
- Problem solving expert
- Can explain complex concepts in simple terms
- Great with technology
- Fantastic teamwork skills
- Time management superstar
- Quick learner

The job:

- Consulting with clients to determine their needs
- Designing and developing a range of instructional materials
- Picking an appropriate medium for course materials (physical or digital)
- Using eLearning platforms and systems
- Implementing written and graphical instructions
- Collaborating with other professionals, such as subject matter experts and graphic designers
- Tailoring content to specific users' needs
- Listening to client and user feedback and making necessary changes

Lifestyle Impact: Low

- Part Time opportunities: Low – around 19% of Instructional Designers work part-time (source: labourmarketinsights.gov.au).
- Average hours for full-time workers: 42 hours a week, which is average (source: labourmarketinsights.gov.au).
- Instructional Designers' salary (average) \$95,000* per year (source: seek.com.au). *Salaries vary depending on your skills and experience.
- Future career growth: Very strong (source: labourmarketinsights.gov.au).
- You will be doing most of your work indoors, on computers.
- Around a third of workers reported that they regularly work overtime or extra hours (source: labourmarketinsights.gov.au).

Instructional Designers are most in demand in these locations:

This is a small occupation, with only around 2,800 people working as Instructional Designers in Australia in 2020 (source: labourmarketinsights.gov.au). Demand for Instructional Designers is highest in New South Wales and Victoria. Most Instructional Designers work in the Information Media and Telecommunications, and Education and Training industries.

How to become an Instructional Designer in Australia

Although there are no formal qualifications necessary to work as an Instructional Designer, having one can greatly boost your skills and employability.

Step 1 – Complete Year 12 with a focus on English and Maths.

Step 2 – Complete a relevant VET course, such as:

- [Certificate IV in Training and Assessment](#)
- [Diploma of Training Design and Development](#)

Step 3 – Consider undertaking a relevant undergraduate degree, such as a [Bachelor of Communications](#).

Step 4 – Keep a portfolio of work you can show to potential employers.

Step 5 – Consider upskilling, either with a postgraduate course, such as a [Graduate Certificate in Digital Learning and Teaching](#), or by taking short courses and workshops.

Find out more here –

<https://instructionaldesign.com.au/>

<https://www.design.org.au/>

Similar Careers to Instructional Designer

Teacher
Graphic Designer
UX Designer
Systems Analyst
Copywriter
IT Support Officer
HR Manager

Find out more about alternative [careers](#).

Frequently Asked Questions (FAQs)

What do Instructional Designers do?

Instructional Designers create a variety of training and educational materials, including user manuals, courses and workshops, employee training materials, adult learning materials, and more.

What options are there for career progression?

You might start out creating training materials for employees of a small business, before eventually working with multi-national companies. Or you might help create online courses with leading universities and educational institutes.

Do I need to go to university to become an Instructional Designer?

Not necessarily, but having a qualification can boost your employability. Without one, you'll need to do lots of hard work and have an impressive portfolio.

Where do Instructional Designers work?

Instructional Designers can work in a variety of places, from private businesses and companies to education and training institutes, government bodies, or even freelance.

What are 3 things I can do right now to help me become an Instructional Designer?

If you're in high school and you'd like to find out if a career as an Instructional Designer is right for you, here's a few things you could do right now:

1. Get valuable experience and build important skills by doing volunteer work or participating in extra-curricular activities. Learn to code and hone your writing skills in your spare time.
2. See if you can find work experience in an education or design-related setting. This will help you see if you might enjoy the work, and can help you start building important contacts for the future.
3. Talk to an Instructional Designer to see what a day in their life is like. If you don't know anyone, see if you can watch videos or documentaries about a career in education or design.

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