

Appendix E: Prompts for Households

A Year of Jubilee provides a beautiful opportunity for families to grow closer together and deepen their faith. Here are some meaningful ways households can celebrate at home:

1. HOUSEHOLD PRAYER TIME

Dedicate a special time each day or week for household prayer, thanking God for the blessings received, and the challenges faced, and praying for renewal in your family life.

Pray the Jubilee Prayer together as a household.

2. FORGIVENESS AND MERCY

Set aside a moment to ask for and offer forgiveness within the household.

Go together as a family to the sacrament of Reconciliation.

3. JUBILEE FEAST

Prepare a special meal where everyone contributes, to represent unity and shared blessings. Use the occasion to talk about faith, gratitude, and generosity, and maybe even the significance of jubilee years in the Church.

Share stories of faith, family traditions, or memories; remember those special moments and be sure to celebrate important milestones together.

Invite a neighbour, elderly person, or someone who doesn't have others to celebrate with.

4. OUTREACH & SERVICE

Engage in acts of service as a household. This could involve helping a neighbour, volunteering at a local charity, or donating items to those in need.

Create a 'Year of Jubilee Kindness Jar' where each member places written acts of kindness they commit to do during the year.

5. MEMORY WALL OR GRATITUDE TREE

Create a wall or a tree that reflects your family's journey over the years—photos, written memories, or drawings that showcase special family moments, challenges overcome, or blessings received.

Regularly add leaves or notes of gratitude throughout the year.

6. GENEROSITY

As a household, sacrifice little luxuries together (like takeaways) and put that money to a charity everyone is happy with.

Create a 'hope bag' as a household: go shopping and prepare together.

7. FAMILY JUBILEE RESOLUTION

As a household, choose one or more resolutions for the Year of Jubilee that reflect the themes of renewal, forgiveness, and faith. This could be a promise to spend more quality time together, develop a new family tradition, or deepen your prayer.