## Skye Primary School Kitchen Garden Program





## **Pumpkin Soup**

Recipe Source: Recipe by www.taste.com.au

## Fresh from the garden: Pumpkin and chives

Equipment:	Ingredients:
Equipment: Large saucepan Wooden spoon Measuring cups Measuring spoons Measuring jug Peeler	<ol> <li>kg of pre-roasted pumpkin</li> <li>pre-roasted garlic cloves</li> <li>tablespoons of butter</li> <li>medium leek, trimmed, halved, washed and sliced</li> <li>medium cream delight potatoes, peeled and chopped</li> </ol>
Knife	3 litres of chicken stock 2 tablespoons cream
Chopping board Blender	1 tablespoon of chopped fresh chives
Ladle	Pepper for seasoning Chives

## What to do:

- 1. Squeeze 3 pre-roasted garlic cloves from their skin. Discard skin and set aside.
- 2. Melt butter in a large saucepan over medium heat. Add leek, stir for 3 minutes or until leek has softened. Add potatoes and stir for 5 minutes.
- 3. Add stock. Season with pepper, cover and bring to the boil. Reduce heat to medium-low. Simmer for 15 minutes, or until potato is tender.
- 4. Stir in roasted pumpkin and garlic. Cook for 5 minutes or until heated through. Set aside for 5 minutes to cool slightly.
- 5. Blend pumpkin mixture until smooth. Return to pan. Cook, stirring for 2 to 3 minutes or until heated through.
- 6. Ladle into serving bowls. Drizzle with cream and sprinkle with chives.