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Handwriting Skills



How is your son's handwriting? Does your son's handwriting affect his ability to get his ideas down on paper in a coherent and legible way? Would improvements to the speed and style of his handwriting help him perform to his potential on tests, exams, assignments and assessments? Does he experience pain when writing?

Designed and run by an experienced occupational therapist, this program has been developed to bring **creativity and good mechanical and organisational skills** to the practice and improvement of handwriting.

The Program will include activities with a dramatic twist to:

- **Promote imagination and foster a desire to write**
- **Encourage focus and concentration**
- **Develop upper limb muscle control, eye hand coordination and finger strength and dexterity.**
- **Identify the right tools and spaces so writing feels comfortable and is optimised**
- **Focus on good writing ergonomics**
- **General assessment of writing to see what's working and what's not**
- **Get organised with writing tasks**

The program will be run on a small group basis (approx. 8 students) so that professional guidance, peer feedback and modelling can be maximised.

The programs will run over **8 consecutive weeks** in Term 4, from Week 2 (week beginning 17th October) up to and incl. Week 9 (week beginning 5 December) with students able to attend makeup sessions through the 8 week term if required for illness or other reason.

Time: 70 minutes per week (3.20pm to 4.30pm one afternoon per week, with a choice of 4 afternoons available - Mon to Thurs - depending on numbers)

Location: St Pius X College, Leary Centre, Room 2 (near the senior library)

Cost: \$280.00 per student

You may be able to claim on your Private Health Insurance cover for this program if your policy includes OT under extras cover – item Number 300 Group therapy intervention.

FOR FURTHER INFORMATION OR TO REGISTER YOUR INTEREST FOR TERM 4 2016

email Anna Orchard, Occupational Therapist, at anna.louise.orchard@gmail.com and/or

Joanne Raheb-Mol, Learning Support and Enrichment Coordinator at:

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