

Tuesday, 13 June 2023

Jump to: What's On in the Next Few Weeks Important Future Events Scholarships Getting Ready for Work Work Experience

<u>Competitions</u> <u>Resources</u> <u>Workplace Spotlight</u> Job Spotlight

What's On in the Next Few Weeks

Basair | Pilot Career Seminar, Sydney

June 12, 2023

Learn about career paths, salaries, entry level jobs, qualifications, pilot courses and everything you need to know about becoming a Commercial Pilot in less than a year at Basair. <u>Find out more</u>

University of Newcastle | ExperimentFest

June 13, 2023

For the more than 20 years, the University of Newcastle has been working with local high schools to provide authentic, engaging, and hands-on experiences for HSC students. For those studying Stage 6 Science/Food Tech Subjects, Experiment Fest is the chance to improve laboratory skills and use specialised equipment that isn't readily available in regular classrooms, while conducting experiments that directly relate to the HSC syllabus in the areas of;

- Biology
- Chemistry
- Earth and Environmental Science
- Food Science and Human Nutrition
- Physics



UOW | Sutherland Parents & Students Info Evening

June 13, 2023

Find out about our courses, Early Admission, ATAR and selection rank, important dates, scholarships, accommodation, upcoming events, student life and more at one of our Year 12 information evenings.

You will also have the opportunity to get your questions answered by course experts and our current students who are studying right now!

Find out more

UNSW | Year 12 Info Evenings: Your Journey to UNSW

June 13, 2023

Discover your unique journey to uni and how to get there.

We'll cover how to preference for your dream degree, scholarship application tips and tricks, and how you can show you are more than just your ATAR.

The fun stuff won't be missed, you'll hear from current students about uni life, fun activities and how classes work.

Find out more

UTS | Early Entry Careers Advisers Drop-in Session

June 14, 2023

Join us for a presentation and Q&A session on our UTS Early Entry Program. We will be running 2 sessions:

- Morning session (8.30am 9.15am)
- Afternoon session (3.30pm 4.15pm).

The afternoon session will be a repeat of the content in the morning session. We'll be stepping you through the application process for Early Entry and other important FAQs. <u>Find out more</u>

University of Sydney | The New Bachelor of Agricultural Science

June 14, 2023

The University of Sydney will be launching a new Agricultural Science degree in 2024. Join this session with Prof Stephen Cattle from the School of Life and Environmental Sciences to learn about the new 3-year Bachelor of Agricultural Science, and the new 4-year Bachelor of Agricultural Science Honours. Whether you become an expert in soil science and digital agriculture or help find solutions to how we feed the world sustainably, you will be on the frontline of issues of global importance.



<u>University of Sydney | MySydney Entry and Scholarship Scheme</u>

June 14, 2023

Learn about our new My Sydney Entry and Scholarship Scheme for students from low socioeconomic backgrounds. Find out how you can enter your dream degree with a lowered ATAR requirement and get ongoing financial and other support, including an \$8,500 per annum scholarship. Find out about the eligibility criteria, how to apply, benefits, and frequently asked questions.

Find out more

Black Dog Institute | Breaking Down Depression

June 14, 2023

Words like 'depression' and 'anxiety' are often misused and misunderstood. Understanding and talking about mental health in general can be a minefield for many of us too. That's where we can help, our presentation has been developed by experts to give you the knowledge to:

- Identify the features of clinical depression
- Understand the types of mental illness
- Recognise the symptoms of depression and anxiety
- Know when it's time to get professional help
- Understand the range of treatment options available
- Spot and monitor the warning signs (in yourself and others)

Our free, 45 minute sessions are presented by community members with lived experience of mental illness. The presenters speak from the heart, sharing their personal story as well as our expert knowledge.

Find out more

UOW | Macarthur Parents & Students Info Evening

June 14, 2023

Find out about our courses, Early Admission, ATAR and selection rank, important dates, scholarships, accommodation, upcoming events, student life and more at one of our Year 12 information evenings.

You will also have the opportunity to get your questions answered by course experts and our current students who are studying right now!

Find out more

Aviation Job Skills Workshop – Campbelltown

June 15, 2023

Join us at our workshop to explore the huge variety of Airports and Aviation job career pathways available to the women of Western Sydney.



Each workshop is designed to share career pathways, training options and skill requirements, job application tips for women to apply for aviation jobs. It's a great insight into the amazing career opportunities that exists at Airports, including careers that do not require any formal qualifications to enter.

Find out more

Sydney Design School | Info Session

June 15, 2023

Find out everything you need to know about our flexible courses and career support. Our Director, Amanda Grace will introduce you to our unique philosophy, passionate Educators and industry focused approach to learning.

You can now join an on campus session live online via Zoom if you are unable to attend. <u>Find out more</u>

University of Sydney | Year 12 Indigenous Pathways Information Night

June 15, 2023

Find out how the University of Sydney can get you started on the road to your dream career. Join us at the Indigenous Pathways Information Night to hear about the pathways and programs supporting Aboriginal and/or Torres Strait Islander students at the University of Sydney.

Find out more

AIE | Information Evening

June 15, 2023

Discover the courses designed to get you started in game development, film, 3D animation and visual effects at the AIE Information Evening on Thu 15 June 2023. The evening will include presentations on different areas of industry to get into as well as information about AIE full-time and part-time courses and entry requirements. We will be showing off AIE student work and our staff and teachers will be available to chat with you about our courses and how AIE can get you into a creative career.

Find out more

UNSW | Year 12 Info Evenings: Your Journey to UNSW, Online

June 15, 2023

Discover your unique journey to uni and how to get there.

We'll cover how to preference for your dream degree, scholarship application tips and tricks, and how you can show you are more than just your ATAR.

The fun stuff won't be missed, you'll hear from current students about uni life, fun activities and how classes work.



Girls in Aviation Day – Dubbo | Wiradjuri Country

June 16, 2023

GIAD is a free event offered to those who identify as girls ages 8 to 17 years to introduce them to the many aviation career possibilities.

The day is an opportunity to explore the exciting careers available in the aviation and aerospace industry, such as engineers, aircraft maintenance technicians, pilots, operational staff, air traffic controllers, and many other jobs within the aviation community.

Attendees will be guided in small groups through multiple stations, combining a mix of hands on activities and wonderful stories of the industry. A short stop for a free light lunch will also be included.

The day will be full of career inspiration, supported by amazing people from the industry, including female role models.

Find out more

University of Sydney | Info Night, Cabramatta

June 16, 2023

Discover why the University of Sydney is the right place for you! Chat with current students and alumni from Southwest Sydney who are studying a variety of degrees. Learn about admission requirements, entry schemes, pathways, fees, scholarships, other financial assistance and support services we offer from our expert staff and UAC representative. We'll be serving light refreshments for you to enjoy during the event. <u>Find out more</u>

The Hotel School | Sydney Open Campus

June 17, 2023

Do you want to explore our CBD campus and see what The Hotel School has to offer? Attend a Masterclass delivered by our Academics to experience life as a student at The Hotel School. Explore your dream career and connect with passionate industry experts! Join us for an exciting Open Campus experience on Saturday, 17 June 2023.

- Meet faculty team members and the Head of Campus
- Discuss career opportunities with the Work Integrated Learning team
- Find out about our courses and the application process in detail
- Chat with our current student ambassadors
- Enjoy Barista coffee and light refreshments



UTS | Applying to UTS

June 17, 2023

Thinking about applying to an undergraduate course at UTS? Join us online or on campus to find out about the different application options including applying through UAC, the UTS Early Entry Program, admission schemes and pathways.

Find out more

Endeavour College | Natural Health Open Day

June 17, 2023

Open Day is a unique opportunity to see your local campus first-hand and chat one-on-one with experts before you take the plunge and enrol.

We are opening our campus doors for Open Day on Saturday 17 June. Why not see what student life with Endeavour College looks like? Tour the facilities, learn about student life, and chat to our team of academics and admissions advisers on the day. Friends and family are welcome to accompany you.

Find out more

NIE | Simulated UCAT Day Workshop, Sydney

June 18, 2023

If you are in Yrs. 10, 11, 12, or you may be older and considering sitting the UCAT in the future, then this program is for you. The Simulated UCAT Workshop program is ideal and often a necessary step towards effective and efficient preparation for the UCAT.

This event will be conducted by the National Institute of Education in partnership in partnership with UCAT Preparation Australia, and MICAS (Medical Interviews and Career Advice Services).

The workshop is primarily designed to cover fundamental techniques in navigating all five sections of the UCAT test and also for participants to gain a better understanding of their own level of preparedness for the test. Over the course of the years, the program has evolved into more comprehensive and holistic exercise, which not only achieves its primary goal, but it is also exposing students to a wealth of knowledge about all other aspects of the journey into a medical degree.

Find out more

UTS | Tech Festival 2023

June 19 to June 30, 2023

Hosted by the Faculty of Engineering and IT, Tech Festival brings current and prospective UTS students, academics and industry together to foster learning, inspiration, share ideas and promote innovation. You won't want to miss this two-week festival of events, showcases, hackathons, workshops and seminars. Find out more



UOW | HSC Subject Support Series

June 19 to June 29, 2023

The HSC Subject Support Series is designed to help students improve their knowledge and understanding of key subject content and discover what HSC exam markers and assessors are looking for.

The series includes 12 free subject-specific online sessions, where participants will have the opportunity to ask questions and receive tips and strategies directly from the most qualified and experienced HSC markers in NSW.

- Each 1-1.5 hour webinar will cover:
- Key content and focus on specific modules
- Detailed analysis of difficult course content
- HSC marker insights on how to approach potential questions
- Strategies to prepare responses to questions

The HSC Subject Support Series will cover:

- English Advanced
- English Standard
- Mathematics Advanced
- Mathematics Standard
- Biology
- Business

There will also be time at the end for Q&A. Bring along any questions you have and have it answered live by a highly experienced HSC teacher/marker.

Each subject will be broken into two parts and content presented over two separate sessions. <u>Find out more</u>

University of Newcastle | Parents and Carers Drop In Session, Bathurst

June 19, 2023

If you have a child who is currently completing Year 12, come and visit us at Bathurst Memorial Entertainment Centre (BMEC) for our Parents and Carers Drop In Session. Parents and Carers will have the opportunity to speak to University staff and current students one on one, and attend a presentation, covering a range of different topics to assist you in supporting your child through their transition from high school to university including:

- Everything you need to know about entry schemes and pathways to university, including our new Early Entry Program
- Our campus locations, accommodation, scholarships and more
- Student experience and support services

.

Careers Newsletter

University of Newcastle | Parents and Carers Drop In Session, Tamworth

June 20, 2023

If you have a child who is currently completing Year 12, come and visit us at University of Newcastle Department of Rural Health for our Parents and Carers Drop In Session. Parents and Carers will have the opportunity to speak to University staff and current students one on one, and attend a presentation, covering a range of different topics to assist you in supporting your child through their transition from high school to university including:

- Everything you need to know about entry schemes and pathways to university, including our new Early Entry Program
- Our campus locations, accommodation, scholarships and more
- Student experience and support services

Find out more

University of Newcastle | Parents and Carers Drop In Session, Dubbo

June 20, 2023

If you have a child who is currently completing Year 12, come and visit us at Dubbo RSL Club Events Centre for our Parents and Carers Drop In Session.

Parents and Carers will have the opportunity to speak to University staff and current students one on one, and attend a presentation, covering a range of different topics to assist you in supporting your child through their transition from high school to university including:

- Everything you need to know about entry schemes and pathways to university, including our new Early Entry Program
- Our campus locations, accommodation, scholarships and more
- Student experience and support services

Find out more

UOW | Orange Parents & Students Info Evening

June 20, 2023

Find out about our courses, Early Admission, ATAR and selection rank, important dates, scholarships, accommodation, upcoming events, student life and more at one of our Year 12 information evenings.

You will also have the opportunity to get your questions answered by course experts and our current students who are studying right now!

Find out more

ACU | Regional and Remote Student Information Session and Panel Webinar

June 20, 2023

Find out everything you need to know as a regional or remote student about studying at ACU. In this webinar, our Future Students team will take you through entry programs, student accommodation options, scholarships, support services, student life and more.



You'll also hear from current students, who will discuss their experiences living in student accommodation, and have the opportunity to ask the presenters questions. <u>Find out more</u>

<u>University of Sydney | Nursing at Sydney</u>

June 21, 2023

Nursing is one of the Australia's fastest growing employment sectors. Our Bachelor of Nursing (Advanced Studies) and double degrees in nursing will prepare you to apply for registration to practice as a nurse in Australia. Find out about the course details, admission requirements, study location, career pathways, clinical placements and nursing registration from Dr Tonia Crawford, Director Pre-registration Programs.

Find out more

Western Sydney Careers Expo 2023

June 22 to June 24, 2023

The Western Sydney Careers Expo provides resources and information for tertiary courses, career and employment options, the HSC, study strategies, the gap year and much more. A feature of The Expo is the seminar program with presentations on course, career and study advice, employment opportunities and key HSC subjects.

Find out more

Black Dog Institute | Mental Fitness

June 22, 2023

Mental health can be a difficult subject for many, but that's where we can help. Our community presentation, developed by experts has been designed to help young people by giving them knowledge and practical tools proven to:

- Build strength, flexibility and endurance to cope more effectively
- Learn how to refocus the mindset
- Recognise and feel good about the positives in life
- Reduce stress and worry
- Strengthen the immune system
- Improve memory, concentration and creative thinking
- Develop life meaning and purpose statements

Our free, 45 minute sessions are presented by community members with lived experience of mental illness. The presenters speak from the heart, sharing their personal story as well as our expert knowledge.



University of Sydney | Meet Sydney, Nowra

June 22, 2023

Join us for an information evening to find out all you need to know about the University of Sydney!

Learn about our new <u>Regional and Remote Entry Scheme</u> and <u>MySydney Scheme</u>.

The session will also cover information about courses, admission requirements, entry schemes/pathways, fees, and scholarships, as well as the type of support available on campus. Uni students and alumni from Regional NSW will share stories, tips on moving away from home and advice about their journey to university and beyond.

You'll also get the chance to speak with staff and students and have all your questions about the University of Sydney answered.

Find out more

UNSW | STEM Teachers' Day

June 23, 2023

Equipping students with STEM skills and experiences is critical in driving innovation and meeting Australia's future job needs. The UNSW STEM Teachers' Day provides you with practical ideas and techniques to boost STEM education in the classroom and beyond. You'll connect with our world-leading researchers to discuss emerging innovations, workshops and outreach opportunities to further support and enhance your teaching and inspire your students to engage with STEM tools to creatively solve problems that will shape a better world.

At the UNSW STEM Teachers' Day, you will have the opportunity to:

- Engage in tailored and immersive workshops
- Discover the UNSW STEM innovations occurring in Engineering, Science and Actuarial Studies.
- Explore the UNSW labs and makerspaces and get a hands-on experience with our modern facilities and equipment.
- Connect directly with UNSW academics and students.
- Collaborate with other STEM teachers and book outreach opportunities offered by UNSW.



Important Future Events

UTS | Startups Summit

June 27, 2023

Join over 6,000 year 9 and 10 students at the ICC Sydney to immerse themselves and find out what tech-enabled students are doing, and see what is really possible for their future. You'll see young, diverse, tech-enabled entrepreneurs in action, and have the opportunity to represent your school in talking about your ideas.

This event is free for schools and students, and will be held one time only. <u>Find out more</u>

WSU | Open Day

July 2, 2023

Registrations are now open for Open Day 2023. Register now to join us on Sunday 2 July for your chance to win 1 of 3 e-giftcards valued at \$1,000.

Open Day is a great opportunity to discover everything Western has to offer, explore presentations and student panels, meet academics and current students, find out about Western's early offer pathway, HSC True Reward and more.

Find out more

Creative Studio: Grace Barnes

July 3 to July 12, 2023

In partnership with TAFE NSW and Regional Futures, Creative Studio is giving Western Sydney and Lower Hunter Valley based students the opportunity to explore AR technology and digital portraiture with multidisciplinary artist, Grace Barnes.

In response to the Powerhouse exhibition, *A Line A Web A World*, Grace Barnes will take students through her creative process to demonstrate how to transform physical media into digital visualisation using Procreate and AR technology.

Inspired by the natural landscapes around her, Grace Barnes aims to explore the bold truths of what our future environment might look like. Grace invites students to visualise themselves in the future they want and need. This workshop encourages imagination, design and critical thinking.

Recommended for high school students in grades 7–12.

Students are expected to attend all three days. The workshop is free, but bookings are essential as places are limited.



UOW | HSC Subject Revision Bootcamp

July 3 to July 6, 2023

HSC Bootcamp is designed, directed and delivered by highly experienced current HSC markers. This means that you will learn directly from your HSC markers and from the very people who put together the syllabus for each subject.

Each 'Bootcamp' will run from 10.00am to 3.00pm (with a 1 hour break!) and will cover exam specific questions linked to HSC subject content.

You will unpack how to best respond to past HSC questions, guided by an HSC marker. Get the most of your study time, be prepared and achieve your best in the HSC.

The HSC Subject Revision Bootcamp will cover:

- English Advanced
- English Standard
- Mathematics Advanced
- PDHPE
- Chemistry
- Legal Studies

Sessions are free. Capacity is limited, register ASAP so you don't miss out! <u>Find out more</u>

Campion College | Winter Program 2023

July 4 to July 7, 2023

Our immersive four-day program provides the opportunity to reside on campus and interact with like-minded peers. We have a fun-filled program including a bonfire night, movies, trivia, dancing and sports, as well as sample lectures from our history, literature, philosophy and theology professors.

Find out more

AIE | Industry Experience Days

July 5 to July 12, 2023

AlE's Industry Experience Day is a great opportunity for students in Years 10, 11 and 12 to learn about the local and international game development, 3D animation and visual effects industries. Students will get the opportunity to learn about the different pathways to get into the industry, what should be in a portfolio and will be able to get creative in practical workshops using industry-standard 3D animation and game development tools. The sessions are run by industry professionals who have worked on some blockbuster games and films. Everything is provided for you to participate in the hands-on workshops and you will be using the same software that is used in the industry.



Event dates:

- Melbourne: July 5th
- Sydney, Canberra and Adelaide: July 12th

Find out more

UTAS | Rozelle Nursing Workshops

July 7 to July 14, 2023

Nursing is the launch pad to your career in health.

It will take you to places that you never thought possible. You could work in a huge range of areas including workplace safety, emergency medicine, and mental health. Plus, you'll make a real difference in the quality of life for your community.

This immersive workshop will provide Year 10, 11 and 12 students with an opportunity to explore real-world examples of research, study, and careers in Nursing.

Students will work alongside academics and researchers and experience hands-on activities, work through scenarios, and ask questions about career pathways and opportunities. Activities include:

- Introduction to the Lab/Hand washing
- PPE/Vital signs
- Basic Life Support
- Bioscience

Applications close 22 June.

Find out more

Scholarships

Top Scholarships for Indigenous Students

For many Indigenous students, particularly those living in rural and remote communities, accessing university or higher education can seem almost impossible. But thankfully, there are ways to make education more accessible and affordable; and one of them is through scholarships. In this blog, we'll look at some great scholarships for Indigenous students you might like to apply for.

Why should I apply for scholarships?

Scholarships can help unlock doors to higher education, empowering you to pursue your dreams without the burden of financial constraints. Scholarships could provide financial aid, covering tuition fees, accommodation expenses, textbooks, and sometimes even living allowances. They are awarded to students for a wide variety of reasons, including academic excellence, leadership potential, community involvement, and to help deserving students from underrepresented backgrounds.



Scholarships for Indigenous students

There are lots of government, university, and community scholarships out there to support Indigenous students. Here are some of the best ones we've found:

- <u>The Smith Family Indigenous Youth Leadership Program</u>: provides scholarships and leadership opportunities to young Indigenous Australians, with a focus on Indigenous youth from communities in very remote areas of the country or regional communities.
- <u>ANU National Indigenous University Scholarship</u>: acknowledging the academic excellence of Indigenous students in secondary school studies and providing assistance with costs related to tertiary studies.
- <u>Bendigo Bank Indigenous Scholarship Program</u>: for students who identify as Aboriginal and/or Torres Strait Islander looking to start their first year of tertiary study.
- <u>AMA Indigenous Medical Scholarship</u>: for Indigenous medical students who want to study medicine but may not have the financial means to realise their dream.
- <u>Rio Tinto Indigenous Scholarship Program</u>: financial support for Indigenous students in WA studying their first undergraduate degree.
- <u>Indigenous Student Success Program</u>: provides funding to universities so they can offer a variety of scholarships and support services dedicated to Indigenous students.

How do I apply?

Most scholarship applications these days are done online, so you'll need access to a computer or tablet and the internet. While each scholarship may have specific requirements, generally you'll need to submit an application form, academic transcripts, and a personal statement outlining your achievements, aspirations, and community involvement. Remember to highlight your unique experiences, cultural heritage, and resilience in overcoming challenges. Don't forget, you can always seek assistance from mentors, teachers, or scholarship support services if you need help putting your application together.

Dream big

Scholarships can provide a stepping stone towards fulfilling your dreams, whether that's becoming a lawyer, an engineer, an artist, or a leader in your community. Take advantage of these opportunities, be ambitious, and don't be afraid to dream big. You can find more blogs about scholarships and search for opportunities on our website here.



Getting Ready for Work

Navigating the Skills Gap

Navigating the job market as a young person can be a complex process. Often, the conversation revolves around the "skills gap," suggesting that job seekers lack the necessary skills for available roles. However, the reality is often much more nuanced. The challenge frequently lies in a mismatch between what employers offer and what employees seek, rather than a simple lack of skills. Understanding this can empower young people to approach their job search strategically and find roles that truly fit their needs and aspirations. Here are three key insights to consider when you're searching for jobs.

Understand your value

In the modern job market, technical skills are just one piece of the puzzle. Employers are increasingly looking for employees who bring a diverse range of experiences, interests, and transferable skills to the table. These can include communication skills, problem-solving abilities, leadership qualities, and adaptability. These skills can often be developed through various life experiences, not just formal work roles. For instance, involvement in community projects, sports teams, or volunteer work can all contribute to your skill set. So, when considering your value as a potential employee, don't just focus on your technical skills. Think about the broader range of skills and experiences you can offer and how these could benefit a potential employer.

Consider job conditions

The conditions under which you work can have a significant impact on your job satisfaction. This includes factors like the hours you work, whether you can work remotely, the culture of the workplace, and the level of job security. For example, you might have the skills to work in a high-pressure corporate environment, but if you value work-life balance, this might not be the right fit for you. Similarly, you might be technically qualified for a job that requires a lot of travel, but if you prefer to stay close to home, you might not be very happy. When considering a job, make sure to take into account the working conditions and think about whether they align with your lifestyle and personal preferences.

Communicate your expectations

Clear communication is key in the job market. If you know what you're looking for in a job, don't be afraid to express this to potential employers. This could be during the application process, in an interview, or once you're in the job. For example, if you value opportunities for professional development, make this clear. If flexible working hours are important to you, let them know. By being open about your expectations, you can help to reduce the mismatch between what employers offer and what employees are looking for. Remember, it's not just about finding a job – it's about finding the right job for you.



Remember, the skills gap is often less about a lack of skills among job seekers, and more about a mismatch between what employers offer and what employees are looking for. By understanding this, you can better navigate the job market and find roles that are a good fit for you.

Interested in learning more about the world of work? Read more on our website here.

Work Experience

Finding Work Experience for Students with a Disability

Careers Newsletter

We all know the power work experience can have for young people when they're considering future career options. And while placements can be tricky to come by, for students with a disability, the barriers are even higher. But this shouldn't discourage you from trying to find work experience; there are plenty of reasons why you should, and lots of employers who are willing to work with you. In this blog, we'll take a look at the importance of work experience, and how students with a disability can find options suitable for them. Let's get started.

Why is work experience important?

There are a number of reasons why you might like to try work experience, including:

- Seeing if a job might be the right fit for you
- Getting experience in the workforce
- Building important soft skills
- Gaining confidence and independence

For young people with a disability, finding work experience is even more important. In Australia, <u>only 53.4% of people</u> with a disability aged 15–64 years are engaged in the workforce (compared to 84.1% of people without a disability).

By engaging in work experience while you're still at school, you can be better equipped to enter the workforce with the skills and knowledge employers are looking for.

What to consider when searching for work experience

Individual considerations and needs when looking for work experience placements will vary from person to person. People with physical disabilities will need to look at things like building and facility access, while a student who is deaf might need assistance with interpreting. You know your own needs better than anybody else, so take these into account when looking for work experience.

When looking at specific employers, you might also like to do a bit of extra research about them to see if they might be a good fit. Do they currently employ other people with a disability? Have they implemented a <u>Disability Action Plan or Accessibility and Inclusion Plan</u>?



Can you read reviews or talk to current and former employees about the workplace's culture and values?

Finding work experience for students with a disability

Your school is usually your first point of contact when searching for work experience. Talk to your careers advisor and see if they can assist you in finding a placement.

If you have a <u>Disability Employment Services (DES) provider</u>, they can also assist with finding work experience appropriate for your needs.

You might also like to engage in a local program like <u>Ticket to Work</u>, which includes career development and employment pathway support (you can also listen to their <u>podcast</u> exploring the world of work for young people with a disability).

If you see an opportunity <u>online</u> that looks interesting, you can always get in touch with the company and ask if they can support you.

And don't forget about the power of <u>family and friends</u>. They can help you search for opportunities, or might be able to offer something that's perfect for you.

Ideas for Work Experience

Work Experience at The Joan

Grandshake Virtual Work Experiences

Work Experience at ACYP

Competitions

MSC Letter Writing Project - Competition

To celebrate World Ocean Day in 2023, the Marine Stewardship Council (MSC) is hosting a challenge for schools to write a letter to fisher! After exploring one of the fishery case studies in the lesson plan, students write their letter to a sustainable fisher.

In their letters, students may like to:

- Share why their love the ocean
- Share their own experiences with fish and fishing
- Give thanks to fishers for the hard work that they do, providing nutritious food for us to eat
- Explain why they think that sustainable fishing is important

Students are highly encouraged to include drawings, paintings, or other creative expressions! When the letters are delivered, the MSC will create a short film together with the fishers, so that students can see the fisher's responses.



All participating students will be entered into a random prize draw to win a \$50 ALDI gift card. One entry will be given per student letter.

The school that sends the most student letters overall will also be eligible to win a virtual classroom with a fisher, during which students can ask all of their questions about marine life, fishing, and life on board a fishing vessel.

Competition closing date is 31 July, 2023.

Find out more <u>here</u>.

Resources

Supporting Refugee Friends in High School

Did you know there are over <u>11,000 refugee students</u> currently in public schools in New South Wales alone? Being a supportive friend can make a world of difference to someone who has experienced the challenges of displacement and starting anew. In this blog, we'll explore some simple yet impactful ways you can lend your support. So, let's dive in.

Show empathy and listen

When it comes to supporting your refugee friends, empathy is key. Put yourself in their shoes and try to understand the unique struggles they may be facing. Offer a listening ear and create a safe space for them to share their experiences. Sometimes, all they need is someone who genuinely cares and is willing to listen without judgment.

Learn about their culture

One fantastic way to show support is by taking an interest in your friend's culture. Ask questions, explore their customs, traditions, and celebrations. This not only helps you develop a deeper understanding of their background but also shows your friend that you value their heritage. You might even discover some incredible similarities or shared interests along the way.

Offer language assistance

Language barriers can be daunting for refugees, especially in an academic setting. If your friend is still learning the local language, you can offer your help. Simple gestures like explaining unfamiliar words, practising conversations, or even recommending language-learning resources can make a significant impact. Your support can boost their confidence and help them navigate their new environment more comfortably.

Include them in social activities

High school isn't just about academics; it's also a time for building friendships and creating memories. Including your refugee friend in social activities can help them feel more connected and integrated. Invite them to hang out with your friend group, participate in extracurricular activities together, or attend school events. Your inclusion and acceptance can make a world of difference in their overall wellbeing.

Be a peer mentor

As a high school student, you possess unique skills and knowledge that can be of immense help to your refugee friend. Offer your assistance as a peer mentor, helping them navigate the ins and outs of the education system, offering study tips, and providing guidance on coursework. By sharing your knowledge and supporting their academic journey, you're empowering them to thrive in their new school environment.

Advocate for inclusivity

Advocacy is a powerful tool for change. Speak up for inclusivity and support initiatives that promote diversity within your school community. Collaborate with student groups, organise cultural events, or initiate conversations about refugee rights and integration. By taking a stand, you're actively fostering an environment of acceptance and understanding.

Connect them with resources

There are various organisations and resources available that specifically assist refugees in their integration process. Take the time to research local organisations and programs that can provide support to your friend. Share this information with them, helping them access valuable resources such as language classes, counselling services, or mentorship programs. Your effort in connecting them to these resources can make a tremendous difference in their lives.

Remember, the little acts of kindness and support you offer can have a profound impact on a person's wellbeing and sense of belonging. By embracing empathy, promoting inclusivity, and being a supportive friend, you can make a positive difference in their life. You can find more wellbeing resources on our website <u>here</u>.

University Spotlight - Charles Darwin University

Find out what it's like to study at Charles Darwin University in this University Spotlight.

Campuses & Access

Charles Darwin University is the Northern Territory's only university, with five main campuses and seven smaller study centres. Their four NT campuses are located in Casuarina, Palmerston, Katherine, and Alice Springs, and they have a fifth campus in Sydney.



Study centres are spread across Brisbane, Darwin, Katherine, Melbourne, Perth, Tennant Creek, and Nhulunbuy.

Public bus services can be used to travel to the Casuarina, Palmerston, Alice Springs, and Sydney campuses. Parking is available at all campuses for students who wish to travel by car. Most of the paths and buildings across all campuses are accessible by wheelchair, with buildings containing lifts for access to upper floors.

Online Learning

CDU offer a large variety of courses to study fully online, covering all study areas. Online students have access to 24/7 academic and tech support. You can also choose to study some courses in mixed mode (a blend of both on campus and online). Find out more about studying online at CDU <u>here</u>.

Study Options

CDU offer undergraduate courses in all standard study areas, including the <u>Bachelor of</u> <u>Clinical Sciences</u> which is the only pathway to studying medicine in the NT. They are also a major provider of VET courses in the Northern Territory as well.

CDU currently do not offer double degrees.

The academic year is split across two semesters. They also offer an optional Summer semester. There is a mid-year break between semesters. Classes are not scheduled over the Christmas and New Year period. You can view the full academic calendar for the year <u>here</u>. The structure of most courses at CDU is quite rigid, with subjects only offered in certain semesters and must be taken in a set order. You can find out more about specific courses and subjects <u>here</u>.

Accommodation & Living

CDU offer on campus accommodation at their Casuarina, Katherine, and Alice Springs campuses.

2023 prices for accommodation vary between \$185 to \$259 per week per person, depending on room size and location. The fees include all utility bills – electricity, water, and internet (Wi-Fi). All room options come fully furnished. There are also lots of facilities on-site at each location, including a swimming pool, study rooms, and laundry services.

Contracts are offered on either a short- or long-term basis. Students must reapply for accommodation at the end of their contract.

<u>UniLodge</u> also offer private student accommodation in Darwin.

You can see all accommodation options and application processes <u>here</u>.



Living off campus in Darwin can get quite expensive (the <u>current median rental price</u> for an apartment in Darwin City and surrounding suburbs varies from between \$400 to \$600 per week), and rental options are generally highly competitive. More affordable options further away can mean a very long travel time to and from campus. Rental options close to regional campuses in <u>Katherine</u> and <u>Alice Springs</u> are much cheaper compared to city prices.

Campus & Teaching Facilities

There are cafés and eateries at most CDU campuses, and individual campuses have facilities that include gardens, a post office, recreation facilities, and dedicated study spaces. The Casuarina, Alice Springs, and Sydney campuses have a dedicated library, and all campuses have specialist teaching facilities, including lecture theatres, practical training hubs and facilities, and laboratories.

CDU's smaller study centres provide a space for remote and online students to study, including access to support services and internet.

You can find out more about CDU's on-campus facilities here.

Student Support

Charles Darwin University offers a wide variety of dedicated student support services, including academic and study support, disability and inclusion support, support for LGBTQIA+ students, support for Indigenous students, health and wellbeing services, and financial support services.

Information about support services can be accessed on their website here.

Career Development & Industry Partnerships

CDU offers a variety of <u>career services</u> for current students and graduates. CDU has strong links to local industry, government, and the Defence Force, and are part of the <u>Darwin Innovation Hub</u>. Their <u>First Nations Leadership</u> portfolio also focuses on Indigenous engagement and success.

Information Accessibility

CDU's website is modern and easy to navigate, with functionality that works across all major browsers. It has a handy search function and essential information about courses, scholarships, and support options are easy to find.

Tours & Information Sessions

CDU run both online and on campus information events for future students regularly throughout the year. You can view the upcoming calendar of events <u>here</u>. Year 12 students can also book in for a one-on-one chat <u>here</u>.



Next Steps

If you're interested in study at Charles Darwin University and want to find out more information, the best way to do this is to contact them, either by phone on 1800 061 963, or by submitting an <u>enquiry online</u>.

CDU also run one Open Day at each campus a year – the <u>Casuarina Open Day</u> is on 19 August, and the <u>Palmerston Open Day</u> is on 2 September (Katherine and Alice Springs Open Days have passed for 2023).

Looking to the Future: Young People and Mental Health

Life as a young person can sometimes feel tough, especially in the midst of the COVID-19 pandemic, political uncertainty, and concerns about the environment. A <u>recent study</u> <u>conducted by the University of Melbourne</u> across schools in Australia sought to understand the experiences and perspectives of high school students. The findings shed light on the challenges faced by young people today and emphasise the importance of addressing their needs. Let's explore the key takeaways from this research.

Pessimism and mental health

The main thing the study revealed was that many young people experience feelings of pessimism and uncertainty about the future. The pandemic intensified these emotions, affecting personal and social relationships and altering how young people perceive what lies ahead. Mental health struggles were also evident, with a significant percentage reporting feeling mentally unhealthy. It's also worth noting that students living in cities were more likely to experience mental unhealthiness compared to their rural counterparts.

Mental health and life satisfaction

The research highlighted the close connection between mental health and overall life satisfaction. They found that those who reported feeling mentally healthy were more likely to be satisfied with their lives. On the other hand, those who felt mentally unhealthy were less satisfied. This underscores the crucial role mental health plays in our overall wellbeing.

The impact of the pandemic

The ongoing effects of the COVID-19 pandemic have significantly impacted young people's mental health. The disruptions it caused, such as changes in social dynamics and personal losses, have taken a toll on overall wellbeing. Many students expressed their struggles with motivation and studying, highlighting the challenges they face even as we reach the other side of the pandemic.

Hope for the future

While the study revealed concerns and uncertainties, it's not all doom and gloom; it also highlighted that a majority of young people feel optimistic about their personal future. However, fewer than half expressed optimism about Australia's future, and an even smaller fraction were optimistic about the future of the world. This widespread sense of hopelessness reflects the need for addressing global challenges and creating positive change.

Youth empowerment and mental health support

One common theme that emerged from the students' comments was the desire for young people to be heard and included in important discussions. They also emphasised the urgency of addressing climate change and the environment. Furthermore, the study underscored the need for improved mental health services, with students expressing concerns about the limited support available.

Taking action and building positive futures

This study adds to the growing body of evidence highlighting the severity of mental health issues among young people. It is essential to revamp the ways we engage with young people, both within formal institutions and through public conversations. By listening to their needs and desires, we can better support them in navigating these challenging times and building positive futures for themselves, Australia, and the world.

You can find more wellbeing resources on our website here.

If you or someone you know needs help or support, remember you can always contact Lifeline on 13 11 14, or Kids Helpline on 1800 55 1800.

Workplace Spotlight

What is it Like to Work in a Vet Clinic?

Veterinary clinics serve as a vital hub for the health and wellbeing of animals. They provide comprehensive medical care, diagnostics, and treatment for pets and other animals. Vet clinics play a crucial role in preventing and managing diseases, promoting animal welfare, and ensuring the longevity of our beloved companions.

Vet clinics offer a wide range of services, including routine check-ups, vaccinations, surgical procedures, dental care, and emergency treatments. Additionally, they also often serve as a source of education and guidance for pet owners, offering advice on nutrition, behaviour, and general pet care.

While each vet clinic is different, there are some common threads between them:

- 1. Communication is key not only with your fellow co-workers, but with clients as well.
- 2. A love for all animals you'll need to be willing to work with and care for all sorts of animals, from dogs and cats to horses, birds, and even reptiles.
- 3. You'll need to be tough some of the work can be hard, both physically and emotionally, but incredibly rewarding as well.

Key Outcome

Care for pets and animals

The key outcome of a vet clinic is to promote and safeguard the health and wellbeing of animals.

Key Tasks

- Conduct physical examinations and health assessments of animals.
- Administer vaccinations and medications.

Careers Newsletter

- Assist in surgical procedures.
- Perform diagnostic tests, such as blood work and radiographs.
- Supervise animals kept overnight.
- Educate pet owners on proper animal care and nutrition.
- Maintain accurate medical records and patient information.
- Clean and sanitise clinic spaces.
- Order and manage inventory of supplies and medications.

Industry

You can find vet clinics in the professional, scientific, and technical services industry

Vet clinics are generally found in the professional, scientific, and technical services industry. There are a few different kinds of vet clinics, including exotic animal clinics, mobile clinics, farm animal clinics, and emergency clinics, just to name a few.

Work Environment

You can expect regular hours and on-site work

Regular hours | *Work on-site* | *Jobs in metro, regional, and rural areas* | *Very strong job growth* Most vet clinics are open the usual 9 to 5, and are often open on weekends too. Additionally, many clinics offer emergency after-hours services, so you might find that you need to work at night and during holidays as well.

The nature of work in a vet clinic typically requires hands-on interactions with animals, so remote work or working from home is uncommon. But some administrative tasks and even telehealth services can be done remotely.



Vet clinics can be found all across the country, though the kinds of animals you can expect to care for might differ between locations (e.g. farm animals will be much more common in rural areas).

The Career Clusters you'll find in a vet clinic

People from all Clusters are needed for a vet clinic to run successfully, but the most common Clusters you'll find are Guardians and Makers. In many roles, you might find yourself performing tasks across multiple Clusters.

What do Makers do in a vet clinic?

Makers in a vet clinic help to maintain the clinic's facilities and equipment. They keep the place clean and sanitary and ensure that vital equipment is in good working order. Makers also handle and safely store diagnostic samples and operate specialist equipment (such as x-ray machines). Some Makers might help with transporting animals to and from clinics, homes, and farms.

- Cleaners
- Lab Technicians
- Maintenance Technicians
- Animal Transport Specialists

The Linker's role in a vet clinic

Linkers are generally a client's first point of contact in a vet clinic, assisting customers with queries in person or on the phone. Many vet clinics may also sell products such as food, equipment, and medicines, and need Linkers to offer these products to clients. Lots of clinics also have an online or social media presence that will be managed by a Linker.

- Receptionists
- Social Media Managers
- Sales Representatives

Where you'll find Coordinators in a vet clinic

The duties of a Coordinator in a vet clinic can include scheduling appointments, coordinating staff schedules, managing client records, ordering equipment, and handling budgets and finance. They take care of much of the behind the scenes work in a vet clinic, ensuring it can operate smoothly.

- Clinic Managers
- Administrative Assistants
- Accounts Managers



What do Informers do in a vet clinic?

Informers pass their specialist knowledge of animals on to both clients and other workers in a vet clinic. They might research and advise on animal development, behaviour, and nutrition. A lot of the work a veterinarian does is as an Informer, providing advice to clients on proper care for their pets.

- Animal Behaviour Specialists
- Animal Researchers
- Veterinarians

The role of Innovators in a vet clinic

While Innovators might not work directly at a vet clinic, they are responsible for designing and engineering the important equipment used in clinics, as well as the initial layout and construction of facilities. Some Innovators might provide graphic and UX design services for a vet clinic, helping with creating logos and websites.

- Engineers
- Architects
- Graphic/UX Designers

How do Guardians work in a vet clinic?

Guardians are the most common Clusters you'll find in a vet clinic, helping to promote and assist with the health and wellbeing of animals. They are responsible for performing diagnostic tests and providing treatments and care, including surgery. Guardians might also provide grooming and training services to clients.

- Veterinarians
- Vet Nurses
- Pet Groomers
- Animal Trainers

How do we expect working in a vet clinic to change in the future?

The work in a vet clinic is likely to undergo several changes in the future, driven by advancements in technology, evolving pet care trends, and shifts in veterinary medicine. The use of telehealth services is expected to increase, allowing vets to provide virtual consultations and remote monitoring and guidance to pet owners, enhancing accessibility and convenience.

There is also a growing awareness around preventative care, including proactive wellness programs, nutrition advice, and early disease detection, with an emphasis on keeping animals healthy and preventing future health issues.

With advances in technology, AI-powered tools and algorithms could potentially assist in diagnostics, data analysis, and treatment recommendations, augmenting a vet's expertise and supporting decision-making.



Vet clinics may also place increased emphasis on sustainability practices, such as reducing waste, adopting eco-friendly products, and promoting responsible pet ownership.

Job Spotlight

How to become a Pathology Collector

Pathology Collectors (also known Phlebotomists, who generally only collect blood samples) collect samples of fluids and tissues from patients that could help diagnose illnesses and other issues. They're also responsible for storing and preparing the samples for transport to pathology labs for processing and analysis.

If you're good at multi-tasking, have great people skills, are highly organised and great at following rules, becoming a Pathology Collector could be a career to explore.

About you:

- Sympathetic, calm and a great communicator
- Pays attention to details, follows instructions and procedures to the letter
- Steady hands with good practical skills

The job:

- Check personal details, explain procedures to and help reassure patients
- Obtain required samples using strict procedures to prevent contamination
- Keep the working environment clean, hygienic and prevent cross-contamination
- Store and label samples correctly, then deliver them to the lab within strict time frames
- Keep accurate and updated patient, test, and equipment records

Lifestyle Impact: Low

- Part Time opportunities: High around 59% workers are part time (source: labourmarketinsights.gov.au).
- Average hours for full-time workers: 40 hours per week (source: labourmarketinsights.gov.au).
- Pathology Collectors' salary (median): \$40,000 per year (source: ato.gov.au).
- Future career growth: Very strong (source: labourmarketinsights.gov.au).
- There are limited opportunities to work from home and limited jobs in regional areas.

Pathology Collectors are in demand in these locations:

Demand for Pathology Collectors is highest in Victoria, Western Australia, and New South Wales (source: labourmarketinsights.gov.au).

How to become a Pathology Collector in Australia

The minimum qualifications you'll need to become a Pathology Collector in Australia are a Certificate III in Pathology Collection (from an approved educational institution) and a current first aid certificate.

Step 1 – Study Maths, English and Biology at high school.

Step 2 – Complete the required qualification:

- <u>Certificate III in Pathology Collection</u>
- <u>Diploma of Laboratory Technology</u>

Step 3 – If you don't already have one, you'll need a full <u>driver's license</u>.

Step 4 – Become first aid certified.

Step 5 – Obtain relevant work experience, or complete the required number of hours supervised work placement as part of your training.

Find out more here – <u>https://knowpathology.com.au/</u> <u>https://www.aacb.asn.au/</u> <u>https://www.rcpa.edu.au/</u>

Similar Careers to Pathology Collector

Medical Technician Laboratory Technician Pharmacy Technician Phlebotomist Medical Receptionist Enrolled Nurse Cosmetic Nurse Aged Care Find out more about <u>alternative careers.</u>

Frequently Asked Questions (FAQs) What do Pathology Collectors do?

Pathology Collectors collect blood and other specimens from patients for analysis, label the samples accurately, store them to preserve them and avoid contamination, then transport them to pathology labs for analysis. They may also work preparing and processing pathology samples for testing in a laboratory.



Do I need qualifications to become a Pathology Collector?

Yes, you'll need a minimum of a Certificate III in Pathology Collection, plus a valid driver's license and a current first aid certificate.

Where do Pathology Collectors work?

Pathology Collectors work in private and public hospitals or in collection centres, which may be in privately owned, diagnostic pathology laboratories, doctors' surgeries, insurance offices, or fertility clinics.

The Study Work Grow Research Team

PO Box 109, Redlynch, QLD 4870 Phone: 0432 860 108 Email: <u>lucy@studyworkgrow.com.au</u> Find us online – <u>www.studyworkgrow.com.au</u> Copyright © 2023, <u>Study Work Grow</u> | All rights reserved