



MARIST VOLLEYBALL



TERM 1 TRAINING SCHEDULE

WEEK 2 ONWARDS

LOCATION	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
MORNING TRAINING: 7:00 - 8:15am						
Champagnet Centre Court 1	1ST VI	8C	10B	8A	9B	
Champagnet Centre Middle	1ST VI	8D	7D	8B	7B	
Champagnet Centre Court 2	11A	7A	7C	7 A/B	10A	
AFTERNOON TRAINING: 3:30 - 5:00pm						
Champagnet Centre Court 1		8A	1st VI	1st VI	Internal Games	
Champagnet Centre Middle	11D	10D	11A	10B	Internal Games	
Champagnet Centre Court 2		10A	9B	Open 3rd	Internal Games	
EVENING TRAINING: 5:00 - 6:30pm						
Champagnet Centre Court 1	Open 2nd	9D	Open 2nd	11C		
Champagnet Centre Middle	9A	9C	10C	11B		
Champagnet Centre Court 2	Open 3rd	8B	9A	Open 4th/5th		