

INTERNATIONAL SELECTIONS

MAIN MEALS \$7.00

MONDAY

PENNE CARBONARA
MEATBALL SUB (H)

TUESDAY

SPAGHETTI BOLOGNAISE (H)
CHICKEN PARMA & CHIPS (H)

WEDNESDAY

BUTTER CHICKEN & RICE (H)
PASTA IN NAPOI SAUCE (H)

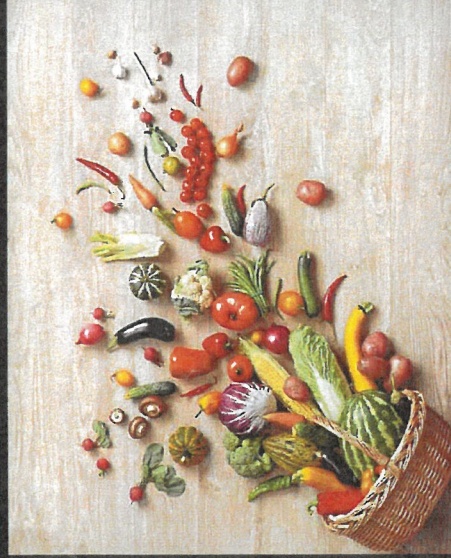
THURSDAY

BEEF LASAGNA (H)
CHICKEN SOUVLAKI (H)

FRIDAY

OVEN BAKED FISH AND CHIPS (H)
BAKED POTATO TOPPED WITH
EITHER BOLOGNAISE OR NAPOLI
WITH SOUR CREAM AND CHEESE (H)

INTERNATIONAL DISHES CHANGE EACH
TERM



FRESH FOOD IS OUR BUSINESS

McKinnon College

2022 Term 3

ELYWOOD SERVICES

WWW.ELYWOOD.COM.AU

93648116



DRINKS

- Schweppes Cans – no sugar \$3.00
- Bottled Water \$3.00
- Oak Milk Varieties 250ml \$3.00
- Up & Go Varieties \$3.50
- Apple or Orange Juice 500ml \$4.00
- G-Active no sugar Gatorade \$4.50
- Iced Tea Varieties \$4.50



ICE CREAMS

- Zooper Doopets \$1.00
- Icy Twists \$2.00
- Mini Calippo \$2.00
- Paddle Pops \$2.50



BREAKFAST / RECESS

- Oven Baked Hash Browns (H) \$1.00
- Watermelon Cups (H) \$4.00
- Yoghurt Cups Berry / Muesli(H) \$4.50
- Fresh Fruit Salad (H) \$5.00
- Croissants
 - Ham & Cheese \$4.50
 - Cheese & Tomato (H) \$4.50
- Assorted Toasted Sandwiches \$4.50
 - Ham & Cheese
 - Cheese & Tomato (H)
- Egg & Bacon Rolls \$5.00

AVAILABLE ALL-DAY ITEMS

- Jelly Cups \$2.00
- Smartie Cookie (H) \$3.50
- Assorted Muffins (H) \$4.00
- Assorted Slices (H) \$4.00
- Assorted Sushi – twin pkts (H) \$6.50
- Tuna & Avocado
- Chicken Teriyaki
- Vegetarian
- Assorted Rice Paper Rolls – Twin Pkt
- Vegetarian & Chicken (H) \$6.50

ASSORTED TOASTED

FOCACCIAS

- Ham & Cheese \$5.00
- Tandoori Chicken (H) \$6.00
- Chicken & Avocado (H) \$6.00

LUNCH – HOT FOOD DAILY

- Steamed Dim Sims (H) \$1.20
- Or 3 for \$3.00
- Potato Cakes \$1.20
- Or 3 for \$3.00
- Spinach & Ricotta Roll (H) \$4.00
- Oven Baked Wedges (H) \$4.00
- Jumbo Sausage Rolls \$4.50
- Beef Pic or Shepherd's Pic \$4.50
- Hot Dog with Sauce \$4.50
- Margarita Pizza (H) \$5.00
- Pizza of the Day \$5.00
- Nachos with Sour Cream (H) \$5.50
- Veggie Burger (H) \$6.50
- Cheeseburger (H) \$6.50
- Chicken Burger (H) \$6.50
- Sweet Chilli Chicken Sub (H) \$6.50

PIZZA OF THE DAY

- Monday – Hawaiian
- Tuesday – BBQ Chicken (H)
- Wednesday – Aussie
- Thursday – Meat Lovers
- Friday – Pizza of the Day



READY TO EAT MEALS

SANDWICHES/ROLLS/WRAP

- Egg & Lettuce (H) \$5.00
- Ham, Cheese & Tomato \$5.00
- Salad (H) \$5.00
- Ham, Cheese & Salad \$6.00
- Chicken & Salad (H) \$6.00

BUILD YOUR OWN – Must be ordered prior to pick up \$2.00+add

on

- Ham, Chicken, Egg, Avocado & Falafel \$2.00
- Lettuce, Tomato, Cucumber, Carrot, Cheese, Red Onion \$1.00
- Mayonnaise, Chutney, Hummus \$0.50

PLEASE NOTE THAT GLUTEN FREE AND VEGAN OPTIONS ARE AVAILABLE – MUST BE PRE ORDERED

RECESS – HOT FOOD DAILY

- Steamed Dim Sims (H) \$1.20
- Or 3 for \$3.00
- Oven Baked Potato Wedges(H) \$4.00
- Spicy Noodle Cups \$4.00
- Spinach & Ricotta Roll (H) \$4.00
- Sweet Chilli Chicken Wrap (H) \$4.00
- Jumbo Sausage Roll \$4.50
- Beef Pic or Shepherd's Pic \$4.50