

# Supporting Children After Separation Information Session

## Dealing with change after separation

Information session for separated parents wanting to understand and manage the changes in their family

### This information session will enable you to:

- Share with others about what is different now that the family has changed
- Learn about what your children need from you
- Learn about communicating respectfully with the other parent
- Identify what gets in the way of working together as parents
- Develop strategies to deal with what gets in the way
- Understand the developmental attachment needs of your children



### Available Sessions

Venue: Centacare 34 Yorktown Rd, Elizabeth Park		Cost: \$5.00 – No fee for mediation clients	
Thursday 14.04.2022	1.00pm – 3.00pm	Tuesday 06.09.2022	10.00am – 12.00pm
Tuesday 10.05.2022	10.00am – 12.00pm	Thursday 29.09.2022	1.00pm – 3.00pm
Thursday 09.06.2022	1.00pm – 3.00pm	Tuesday 11.10.2022	1.00pm – 3.00pm
Tuesday 05.07.2022	10.00am – 12.00pm	Thursday 27.10.2022	10.00am – 12.00pm
Thursday 21.07.2022	1.00pm – 3.00pm	Tuesday 08.11.2022	10.00am – 12.00pm
Tuesday 02.08.2022	1.00pm – 3.00pm	Thursday 24.11.2022	1.00pm – 3.00pm
Thursday 18.08.2022	10.00am – 12.00pm	Thursday 08.12.2022	1.00pm – 3.00pm

**Bookings essential. Please contact Centacare on 8252 2311 or email your details to: [registrations@centacare.org.au](mailto:registrations@centacare.org.au)**

This project is jointly funded by Centacare Catholic Family Services and Department of Social Services