

Parrayt Thanampool

The Parrayt Thanampool (girl to woman) program is a three-year cultural learning, strengthening and connection program for Aboriginal females aged between 15 to 18 years.



The Parrayt Thanampool program covers topics such as, Emotional Expression, Identity, Reflection, Song and Dance, Artefact Making, Storytelling, Language, Country, and many more.

This program builds an understanding of Aboriginal Wellness Foundations values of Respect, Responsibility and Accountability for Self, Culture, Country and Community which all participants must follow.



WHERE: Wunggurrwil Dhurrung
19 Communal Road, Wyndham Vale
TIME: 6:00pm To 8:30pm on Tuesday.
As places are limited, please email your Expression of Interest to admin@aboriginalwellnessfoundation.org.au with the following information:

- Participants Name / Age
- Street Address / Suburb
- Contact Number



The Program is **FREE** to girls that live in the west metro area.
10 x 2.5 hour fortnightly sessions during the school term which includes dinner.
1 x cultural camp during the school holidays.