

The General Public and John XXIII College Parents
are invited to attend

'Re-filling our Inner Well'

PRESENTER:

MURRAY GRAHAM (M.Ed)
(Inigo Centre Director)

The morning includes:

Rest and Relaxation (bring head rest)

Experiencing/tasting different ways for personal prayer:

- Ignatian (katophatic contemplation)
- Heart (Desert Fathers/Mothers)
- Apophatic Contemplation
- When you don't feel like it, prayer

Reflection on the value of both personal and public prayer. How they can complement and enrich each other.

Murray Graham (M.Ed) is Director of the Inigo Centre at John XXIII College, whose objective is to enrich adults in spirituality and relationships. Murray has given the 9 hour, 6 module, 'Ignatian Induction' program to groups of staff and parents during the last six years. Murray also gives Talks to teachers in other schools and to Parishes in the city and country.

MacKillop Room
John XXIII College

Saturday 23 November 2019

10am to 12noon

\$10 (Donation unwaged)

RSVP murray.graham@cewa.edu.au

Further Details and Registration contact Murray Graham on 9383 0444
or email murray.graham@cewa.edu.au