



Maximise your child’s potential by equipping them with problem solving & communication skills

Grades 4 – 10 ● Small, Engaging Workshops ● Personalised Learning

Empower your child these holidays with essential skills for life!



Does any of this sound like your child?







- Ambitious but can put too much pressure on themselves
- Avoids making decisions or feels overwhelmed when managing tasks with time limits or constraints
- Feels overly anxious before competitions or doesn't try for opportunities
- Reacts emotionally when they don't get what they want
- High achiever and wants to be a better problem solver
- Nervous when they need to answer a question, speak up, or ask for help
- Gets frustrated, is unclear or feels unheard when explaining something or influencing others
- Responds with the bare minimum
- Feels overwhelmed when writing a speech or report
- High achiever and wants to be a better communicator

How can Mind Frame Grow support your child?

Through expert-led workshops, Mind Frame Grow helps kids and teens build a strategic **mindset** and learn structured problem solving and communication **frameworks** and tools using engaging, hands-on activities. We then **grow** these essential life skills by guiding our students to collaborate and apply their learning to meaningful, real-world scenarios - supporting kids and teens to navigate academic, extracurricular, social and everyday situations.

THE RESULT - An **empowered** individual who is more **prepared** and **confident** to achieve their best when facing any challenge or opportunity in life, now and in the future.

Book our upcoming Holiday Program workshops!

Structured Problem Solving		Structured Communication	
 <p>Students learn and practice how to define problems, set goals, identify root causes, and develop evidence-based solutions in a structured, logical way. We will also focus on Analysis, Critical Thinking & Structured Creativity.</p>		 <p>Students learn and practice how to structure ideas, story-tell and present in a concise, engaging, logical & compelling way with impact, both verbally (Conversations, Contributions, Public Speaking) and in writing (Reports, Emails).</p>	
Participants  Grade 4 – 6 Years 7 – 10	Timing  Full Day or 2 x Half Days	Dates  September Holidays Tue 23/9 – Thu 2/ 10	Location  Templestowe College (Lower Templestowe)

Who will be your child’s teacher?


Luckshie Haran is a former Melbourne University Lecturer who taught problem solving and communication skills to over 2,000 master’s students. She created Mind Frame Grow to bring these life-long benefits to young minds.

What are the parents of our students saying?

- ★ “Amazing to see how much more confident & open my daughter has become”
- ★ “I’ve seen significant improvement & positive changes in how both my sons now handle situations”
- ★ “She’s now comfortable sharing her challenges and working through them, both at school & personally”
- ★ “It’s amazing - I don’t get as many one-word answers & ‘I don’t know’ when I ask a question”
- ★ “She’s not as upset when things are not working out, instead she is ready to try again another way”
- ★ “I have noticed he is more confident about making decisions and explaining what he wants and why”

Limited Spots - Visit or contact us to learn more and book

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