

## **HPE and Sport - Term 1**



### **Hello Parents and Carers!**

Welcome to 2026 ! I hope you had a fantastic break and are ready for an exciting, action-packed term in *Health and Physical Education*. Here is a summary of what is ahead for our students this term:

**FOUNDATION-YEAR 2:** This term Foundation students will be learning about the fundamentals of Physical Literacy and using Basic Motor Skills. Year 1 and 2's will be extending their knowledge of Jumping, Leaping, Running and Dodging.

**YEARS 3 AND 4:** This term students will be completing the Term 1 Beep Test challenge and learn about, and participate in, Athletics Track events. In the last unit of the term they will be learning and playing the game of Tee-Ball.

**YEARS 5 AND 6:** This term students will be completing the Term 1 Beep Test challenge and Athletics Track events. The Year 5's and 6's will be participating in our Friday morning Interschool Sports and School based Sports programs. In the last unit of the term they will be refining their knowledge and skills around the game of Tee-Ball.

