

TRINITY  COLLEGE

2026 Secondary Student Diary





# TRINITY COLLEGE

2 Trinity Avenue, East Perth WA 6004

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Web: [www.trinity.wa.edu.au](http://www.trinity.wa.edu.au)



## STUDENT DETAILS

Student Name:	Year Level:
PCG:	
Emergency Contact Name:	Relation:
Phone (Mobile):	Phone (Work):

## 2026 TERM DATES

Term 1:	Tuesday 27 January	to	Thursday 2 April
Term 2:	Monday 20 April	to	Friday 26 June
Term 3:	Monday 20 July	to	Thursday 24 September
Term 4:	Monday 12 October	to	Friday 4 December

## Acknowledgement of Country

The Trinity College community acknowledge the Whadjuk Nyoongar people as the traditional custodians of the land on which our College stands. We are inspired and nurtured by the wisdoms, spiritualities and experiences of our First Nations Peoples. Together we work actively for reconciliation, justice, equity and healing.

# About the College

## Our Vision

**Our vision is to be a leader of boys' education and in the formation of young men for others.**

Our vision is enduring and declares our core purpose as a College. It serves as the standard against which we consider our actions and our decisions.

## Our Mission

**Our mission is to offer innovative learning opportunities in a safe and nurturing environment which empowers our young men to realise their potential.**

As a Catholic College founded on the traditions of the Blessed Edmund Rice, his example of solidarity with all people challenges us to live out the message of care and inclusion. In partnership with parents, we hold high expectations for the young men in our care and seek to provide a breadth of learning opportunities in a safe and caring environment, enabling academic growth, pride in their College and a commitment to serve others both now and in the future.

## Our Ambitions

**The 'TC Spirit' is widely acknowledged and celebrated as a unique part of the College community. In reference to the 'TC Spirit', our ambitions below underpin our mission and are a daily reminder of the way we should approach our teaching and learning. We are called to show a:**

**SPIRIT OF FAITH** – to be a proud faith community where gospel values are known, lived and celebrated

**SPIRIT OF EXCELLENCE** – to provide engaging teaching and learning practices that support wellbeing and inspire personal excellence amongst students to reach their full potential

**SPIRIT OF SERVICE** – to form young men with the 'TC Spirit' who are authentic, active and outstanding role models in their outreach

**SPIRIT OF COMMUNITY** – to be an inclusive and welcoming community that supports wellbeing and learning for every student

**SPIRIT OF STEWARDSHIP** – to seek a real commitment to providing accessibility for all and to building a sustainable future



## Our Heritage



*Christian Brother's College, St George's Terrace, Perth.*

Trinity College has its origins in Christian Brothers College, St Georges Terrace founded in 1894. In 1962 the College moved to the banks of the Swan River in East Perth where it has evolved into a fine College with innovative programs designed to prepare boys to be men of stature and substance who will generously learn, lead and serve.



## Trinity College Crest

The College Coat of Arms was formally approved by the College Council in 1962. The new Arms present in bold outline the three golden crowns upon the royal blue background as symbolic of the dedication of the College to the three Divine Persons of the Blessed Trinity, Father, Son and Holy Spirit.

The overall shape is that of the simple male shield. Crowns are traditionally associated with kingship and dominion, and they are arranged in the form of an equilateral triangle to emphasise the unity and equality of the Divine Persons. The arrangement as a whole was taken from the arms of the Province of Munster, where the Congregation was founded.

The Cross is the Cross of our salvation, the sign of a Christian School. While the Marian symbol signifies the devotion of the Order and its schools to the Blessed Mother of God. This symbol was taken from the arms of Bishop Gibney. Founder of Christian Brothers' College, Terrace.

**The motto is taken from Psalm 124:** *"Adjutorium nostrum in Nomine Domini qui fecit caelum et terram"* – "Our Help is in the name of The Lord who made the Heavens and the earth."

The College colours consist of two blues and emerald green.

## The College Hymn

### In Nomine Domini

(Paul Keyte & Gerald Crooks)

*We have come with strength and vigour.*

*We are stalwart as the tree.*

*We will face the utmost rigour.*

*In Nomine Domini.*

*We are called to be your victors.*

*We are called to set men free.*

*We will face whate'er awaits us.*

*In Nomine Domini.*

Chorus

*In Nomine Domini, we say*

*In Nomine Domini, each day*

*In Nomine Domini, we pray*

*In Nomine Domini.*

*We have known the Lord's great power  
that he made the blind to see.*

*That the dead are raised in glory*

*In Nomine Domini.*

*And as we proclaim our valour*

*And our pride in Trinity*

*Know that everything's accomplished*

*In Nomine Domini.*



## Edmund Rice Prayer

*O God we thank you for the life of  
Blessed Edmund Rice.*

*He opened his heart to Christ present in  
those oppressed by poverty and injustice.*

*May we follow his example of faith and  
generosity.*

*Grant us the courage and compassion of  
Blessed Edmund as we seek to live lives of  
love and service.*

*We ask this through Christ our Lord.*

**Amen.**

## End of Day Prayer

*Dear Lord, watch over us, protect us and  
guide us safely home. Amen.*

## Dedication of the Edmund Rice Family

*We gather in your name, Lord, With deep  
thanks in our hearts*

*For your gifts and blessings*

*To Blessed Edmund Rice.*

*As members of the Edmund Rice Family*

*In the worldwide mission of the Church*

*We dedicate ourselves today*

*To the call of living the Christian Gospel.*

*Give us faith and courage to care deeply*

*As Blessed Edmund did*

*For all who are most in need Especially  
young people.*

*Help us to be willing to serve others*

*With love and compassion*

*So that all may have life*

*And have it more  
abundantly.*

*We ask this in the name of  
Jesus your son. Amen.*



# Furthering Reconciliation

As a Catholic school in the Edmund Rice tradition, Trinity College is committed to advancing the cause of reconciliation between First Nations Australians and the wider community. Reconciliation is about the important qualities of acceptance, respect and recognition. Reconciliation not only accepts the special place of First Nations people in Australia's history, but it also celebrates indigenous cultures.

## Goals

**As a result of the reconciliation process we would seek a united Australian community which:**

- ✧ Values the Aboriginal and Torres Strait Islander heritage
- ✧ Recognises that Australia was colonised without the consent of the original inhabitants
- ✧ Respects the laws, beliefs and traditions of Aboriginal and Torres Strait Islander peoples
- ✧ Recognises the unique status of Aboriginal and Torres Strait Islander peoples as the original custodians of traditional lands and waters
- ✧ Provides justice and equity for all

## Reconciliation

**The Trinity College community recognises that, in the justice and equity, there are strong ethical reasons for advancing the cause of reconciliation by:**

- ✧ Understanding and accepting our recent history which has dispossessed First Nations peoples
- ✧ Nurturing respect for the culture and identity of First Nations peoples
- ✧ Recognising that past injustice continues to give rise to present injustice
- ✧ Identifying what more needs to be done and working for the implementation of change
- ✧ Renewing our national identity to promote unity and harmony

## The Past

In moving along the path of reconciliation, we acknowledge that there is a need to express our deep regret for the past. Whilst recognising that the wrongfulness of past dispossession,

oppression and degradation of First Nations Australians is not something for which some individuals today can feel a personal guilt, it is in the previous Governor General, Sir William Deane's words, "a matter of immense national shame".

The Trinity College community recognises the sufferings of past years and wishes to express its sorrow for the wrongs that First Nations people have suffered during so many years of Australia's recent history.

## The Future

We recognise that, as a Christian educational community, we have unique responsibilities and opportunities to further the cause of reconciliation among the parents, staff and students of our school.

**To this end Trinity College commits itself:**

- ✧ To ensuring that our school is involved in sharing the richness of indigenous culture and heritage
- ✧ To providing opportunities for our staff to grow in knowledge and understanding of the process of reconciliation between First Nations Australians and the wider community
- ✧ To providing a teaching of history that enables students to gain a clearer perspective and understanding of the impact of colonisation on First Nations people
- ✧ To learn from best practice to provide for the unique needs of First Nations students and their families in our school community
- ✧ To be sensitive to First Nations peoples' traditions and beliefs when developing the physical environment of our schools
- ✧ To consult with First Nations people in matters related to indigenous history and culture



# A School in The Edmund Rice Tradition



Edmund Rice was born at Westcourt, Callan, in the heart of Ireland, on 1 June 1762, when Irish Catholics were oppressed by the weight of anti-Catholic legislation devised by the English to keep the Catholic majority in subjection. He was educated at home and then in one of the 'hedge' schools organised by the Irish to pass on their faith and traditions. At the age of 17 he began work at Waterford, a thriving river-port in the south-east of Ireland, in his uncle's commercial enterprise, which he was later to inherit.

At the age of 25 he married, but the tragic death of his wife after only two years of marriage left him a widower with responsibility for an infant daughter in delicate health. In 1802, at the age of 40, Edmund took a decisive step. He could not put out of his mind the miserable condition of so many poor boys, rough and illiterate, in danger of losing the faith of their fathers.

Encouraged by Pope Pius VI and with the blessing of his bishop, Monsignor Hussey, Edmund sold his business, arranged for the care of his daughter and opened his first school in an abandoned stable, living on the upper floor. His paid assistants, dejected by their task of educating so many and such rough boys, quickly left him. He then built a school, a residence, a bakery and tailor shop on the outskirts of Waterford, and set up a new school, Mount Sion, with two companions. These three men each taught some 150 boys each day.

In 1808, in the chapel of the Sisters of the Presentation, Edmund and his first companions made annual vows according to the Rule and Constitution of the Presentation Order, founded by Nano Nagle in 1805. Edmund took the name in religion of Ignatius. Edmund's institute was the first male institute in modern times in Ireland and the founder was a layman.

In 1820, Edmund, with the majority of his followers, received the approval of the Holy See to establish the Christian Brothers' Institute modelled on that of the Brothers of the Christian Schools of John Baptist de La Salle. Its scope would be the free education of youth. Edmund became the first Superior General of the new Institute known as the Congregation of Christian Brothers.

Edmund saw his work grow in Ireland and in England, and it spread to Gibraltar and Australia. In 1838, at the age of 76, he resigned as Superior General. His health deteriorated and on 29 August 1844, he died at the venerable age of 82. Forty-two years earlier he had opened his first school, scattering the seed of the new religious family. He was buried at Mount Sion, Waterford, his first foundation.

At present there are about 2,000 Brothers who are engaged in ministry in Ireland, England, India, Australia, Papua New Guinea, New Zealand, North and South America, the Caribbean, the Pacific Islands, twelve African countries and in Rome. The life of Edmund Rice was one of heroic endeavour. He literally gave up his possessions (in our terms he was probably a millionaire) and spent it all on educating the poverty-stricken street kids of Waterford and other Irish cities. In doing this his passion was "to make a difference in their lives".

Edmund Rice was a profoundly spiritual man. He read the Bible carefully (which was unusual for a Catholic of his time), had a great love of the Mass and the Eucharist, and had a special devotion to Mary, the Mother of Jesus. Edmund Rice was declared Blessed at a ceremony in St Peter's Square, Rome on Sunday 6 October 1996.

# Edmund Rice Education Australia (EREA)

Edmund Rice Education Australia (EREA) is a registered Educational Authority created to oversee the operation of the 54 Catholic schools in the Edmund Rice Tradition throughout Australia. EREA schools operate within the guidelines of the Catholic Education Commission within each State. Ultimately, all Catholic schools are accountable to the Bishop of the Diocese.



Edmund Rice schools include Members (schools governed by EREA), Associates (schools desiring to keep a close connection with the Charism) and Global Partners (schools in over 20 countries).

Schools conducted in the Edmund Rice Tradition offer a distinctive Catholic educational philosophy. Four Touchstones have been proclaimed as an authentic expression of the charism of Blessed Edmund Rice.

## The four Touchstones at the heart of a Catholic school in the Edmund Rice tradition are:

**Inclusive Community** – We welcome and celebrate diversity in our local, national and global communities, responsive to each person’s aspirations and needs, and committed to the common good.

**Liberating Education** – Empowered by liberating teaching and learning experiences, we open our hearts and minds, so that we are hope-filled and free to build a better world for all.

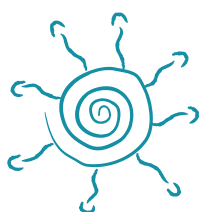
**Gospel Spirituality** – Jesus’ invitation to love, justice, compassion, peace and faith, calls us to life-giving relationships within our communities and the wider world.

**Justice and Solidarity** – We are committed to local and global justice and peace, grounded in a spirituality of action and reflection, inspiring us to listen to, walk with and learn from all creation, especially those who experience powerlessness.

All schools in the Edmund Rice Tradition aim to offer a Liberating Education, based on a Gospel Spirituality, within an Inclusive Community committed to Justice and Solidarity.



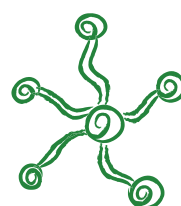
**Gospel Spirituality**



**Liberating Education**



**Inclusive Community**



**Justice & Solidarity**

# Student Code of Conduct



Central to the mission of Trinity College ('the College') in the Edmund Rice tradition is an unequivocal commitment to fostering the dignity, self-esteem and integrity of each and every person present within Edmund Rice Education Australia (EREA).

The College recognises that effective learning can only occur in a secure environment where the rights and responsibilities of others are known and respected and where standards and guidelines are fairly and consistently applied. Managing the Code of Conduct is a shared responsibility between students, parents/guardians and the College. All students and families have ready access to support offered by College staff.

The Student Code of Conduct sets out the commitments and expectations for every student at the College.

## Student Commitments

**All students at the College commit to:**

- ✧ Following the College rules and guidelines stated in the College Diary
- ✧ Upholding and actively demonstrate the right of every student and staff member to be free from harassment, bullying, intimidation, discrimination or aggressive behaviour
- ✧ Avoiding swearing or profanities, discriminatory, bullying or harassing language
- ✧ Respecting the cultures, beliefs, opinions and decisions of other students and staff
- ✧ Respecting the appropriate personal boundaries of all students and staff
- ✧ Creating an inclusive culture where everyone is welcomed regardless of their background, age, gender, sexuality, religion or race
- ✧ Working to achieve their full academic potential by cooperating with staff via thorough preparation and completion of all tasks
- ✧ Respecting the right of other students to fully engage in teaching and learning processes
- ✧ Honouring co-curricular commitments, as well as supporting other students, such as training, practice, performance, rehearsals and competitions



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full College policy

# Student Code of Conduct

- ✧ Representing the College in a manner that upholds our values, ethos and reputation
- ✧ Maintaining a full involvement in the College community through liturgies, service and other College-endorsed activities
- ✧ Attending all school days and scheduled, timetabled and co-curricular obligations, except in cases of illness, misadventure and approved leave
- ✧ Following College procedures in the instance of arriving late or needing to leave the campus during the school day
- ✧ Taking pride in their personal appearance and in the wearing of the correct uniform and sporting attire
- ✧ Respecting members of the public and local community by using courtesy and appropriate language and behaviour
- ✧ Showing respect for College buildings, property and grounds and the possessions of others
- ✧ Demonstrating appropriate ICT, personal device and internet usage
- ✧ Not partaking, possessing or being under the influence of non-medically prescribed substances (including tobacco, alcohol and other illicit substances) on College premises (East Perth campus, Waterford Playing Fields and/or Dwellingup Campsite), while wearing any item of uniform or while participating in any College activity off our premises.

As members of the College, students hold a representative position of trust and are accountable for their actions. The consequences for a student breaching their commitment to this Code of Conduct will be determined at the discretion of the Principal, Vice Principal, Deputy Principals, Heads of Year and/or Heads of Learning Area.

Depending on the scenario, it may result in a student receiving a consequence such as a detention, suspension, removal of leadership position and/or exclusion. Other relevant Policies and Guidelines may be referred to in such cases.

## Concerns and Grievances

Students with a concern or grievance are able to make a complaint using the procedures as outlined by the College. Students should feel free to approach whichever member of staff they believe is the most appropriate to deal with the issue. This may be the Principal, Vice Principal or a Deputy Principal, however in the first instance the most productive approach would normally bring the concern or grievance to the relevant classroom teacher, PCG Leader, Head of Year or Head of Learning Area.

### Alternative methods of making a complaint / raising a concern include:

- ✧ In a classroom meeting, if the student is comfortable to do so
- ✧ Asking a parent or guardian to raise the concern on the student's behalf
- ✧ Raising the concern via email: [reception@trinity.wa.edu.au](mailto:reception@trinity.wa.edu.au)
- ✧ Reporting online via [stymie.com.au](http://stymie.com.au)

## Classroom Behaviour

### Every individual has the right:

- ✧ To learn and teach without disruption.
- ✧ To be treated courteously and respectfully.
- ✧ To work in a clean, safe environment.

### Every individual has the responsibility:

- ✧ To demonstrate and promote pride in the school.
- ✧ To respect the rights of others.
- ✧ To behave in a manner that ensures the safety of everyone.

## Classroom Procedures

- ✧ Classrooms should be orderly and positive learning centres.
- ✧ The use of poor or derogatory language or insulting comments are not tolerated.
- ✧ No objects, including rubbish intended for a bin, may be thrown in the room.
- ✧ No student should leave his desk – including depositing rubbish in a bin without permission.
- ✧ Classes should commence and conclude promptly.
- ✧ Students should stand when teachers or adults enter the room and wait in silence to be greeted by the teacher.
- ✧ No food or drinks may be consumed in any classroom at any time.
- ✧ Classrooms should be left in immaculate order at the end of each period with desks in order, no papers on the floor and lights turned off.
- ✧ At the end of each day, windows should be locked and chairs placed on desks.



# Uniform and Personal Presentation

When a boy wears the Trinity College uniform, he represents all members of the College community – current students, alumni, parents and staff. All students have the responsibility to contribute to the College by always presenting and conducting themselves to the highest standards. Moreover, we seek to instil in our boys a personal pride and responsibility in the way they conduct and present themselves and display a commitment to their school. We seek the support of families in this regard.

Students are expected to always wear the appropriate College uniform and to present themselves in a way that reflects pride in the school, its history, and traditions. Shirts should always be tucked in and shoes should be polished and well-maintained.

During the Winter terms, top buttons and ties must be done up and blazers are to be worn to and from school.

If, for any reason, your son cannot wear the correct uniform, contact should be made to your son's Pastoral Care Group (PCG) Teacher.

It is expected that students are clean shaven at all times – extended sideburns are not permitted. Those attending school with excessive facial hair will be required to shave at school with basic disposable razors provided.

## Summer Uniform – Terms 1 & 4

- ✧ Boys are to wear grey shorts, white College shirt and short socks. Socks must be the grey College socks only. The College tie is not to be worn with the Summer Uniform.
- ✧ School shoes (not boots) must be black leather dress shoes with a heel. **Black leather 'lifestyle' sneakers are not acceptable.**
- ✧ Hats must be worn during recess and lunch when on the oval and the outdoor courts.

## Winter Uniform – Terms 2 & 3

- ✧ Long grey trousers are worn by Year 7-12 students with grey Trinity socks (only) and a plain black belt, if required.
- ✧ The College tie is compulsory at all times – ties and top buttons must be done up.
- ✧ Blazers must be worn travelling to and from the College, to morning PCG and at all formal functions (e.g. masses and assemblies).

## Wearing of Badges on College Blazers

- ✧ Only badges presented and officially recognised by the College are to be worn.
- ✧ Badges are to reflect the student's current level of activity.
- ✧ Badges of a religious nature such as Confirmation badges are allowed.
- ✧ Although it is realised that many students have made a contribution to College life and as a result have a number of badges, it is hoped that they practice discretion and good judgement in wearing them.
- ✧ Finally, recognition for effort is encouraged but it is not the primary purpose for being involved in College life.

# Uniform and Personal Presentation

## Hair Styles

The fluid nature of fashion dictates that there will often be some disparity between societal trends and College expectations with regard to hair styles. It is unrealistic for the College to respond to trends on a seasonal basis, so it is without reservation that we set requirements that ensure health and safety, as well as setting a high standard for personal presentation.

**Particular attention must be paid to keeping hair neat. In length and style, it must conform to the standards of the College. To assist parents and students the following expectations must be met:**

- ✧ Hair should be well styled, brushed, neat and clean.
- ✧ Hair should be cut so that it clears the collar at the back and the fringe does not fall in front of the eyes at any time.
- ✧ Hair is not to be worn covering the ears or hooked behind the ears
- ✧ Hairstyles should be of a conservative nature. Students are not permitted to have mullets, rat tails, top knots, mohawks, extra-long fringes, or any other non-conventional style cuts.
- ✧ Hair is not to be worn any shorter than a Number 2. Hair on the side must be blended with the rest of the hair with no significant contrast in the overall length of the hair. Hair is not to be undercut or layered.
- ✧ Artificial colours or highlights are not permitted.

If a student's hair does not meet College standards, he will be spoken to by his PCG Teacher who will refer the issue to appropriate Head of Year. The infringement will be explained and the student provided with a fair and reasonable timeframe to rectify the issue, contact with parents will be made.

Should your son's hair not meet the College standard you may be asked to pick your son up and attend to the issue immediately. It is the expectation of the College that parents provide their full support for the guidelines in relation to uniform and personal presentation.

## Jewellery

The only jewellery permitted to be worn is a wristwatch and a chain with a Christian symbol. Earrings, studs, rings, leather necklaces or bracelets (except medical bracelets) are not permitted and must not be worn with the College uniform at any time or at any College functions. Students wearing unauthorised jewellery will have it confiscated.

## Hats

Only the College cap is to be worn with the school uniform. In the summer terms (1&4) students must wear the College cap/hat if they are playing games on Mann Oval or the outdoor courts. College approved hats must be worn at all outdoor summer sport fixtures.

**Uniform  
Shop**

**Telephone:** (08) 9219 1142

**Opening Hours (during Term time):**

**Tuesday:** 7.30am to 3.30pm; **Friday:** 7.30am to 1.30pm

Online purchases can be made at: <https://store.trinity.wa.edu.au/shop>

# Uniform and Personal Presentation

Hair style is to be of a conservative nature. Students are not permitted to have mullets, rat tails, top knots, mohawks, long fringes or other non-conventional styles.

Fringe does not fall in front of the eyes at any time.

Students are to be cleanly shaven at all times.



Hair must be well styled, brushed, neat and clean.

Extended sideburns are not permitted.

Hair is not be shorter than a Number 2.

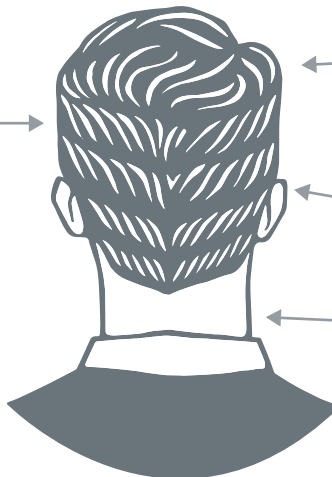
Hair must clear the collar.



Fringe cannot fall in front of the eyes at any time or obstruct sight at any time.

Hair is not to be worn covering the ears or hooked behind the ears.

Hair is not to be shorter than a Number 2. Hair must be blended so that no significant contrast exists in the overall length of the hair.

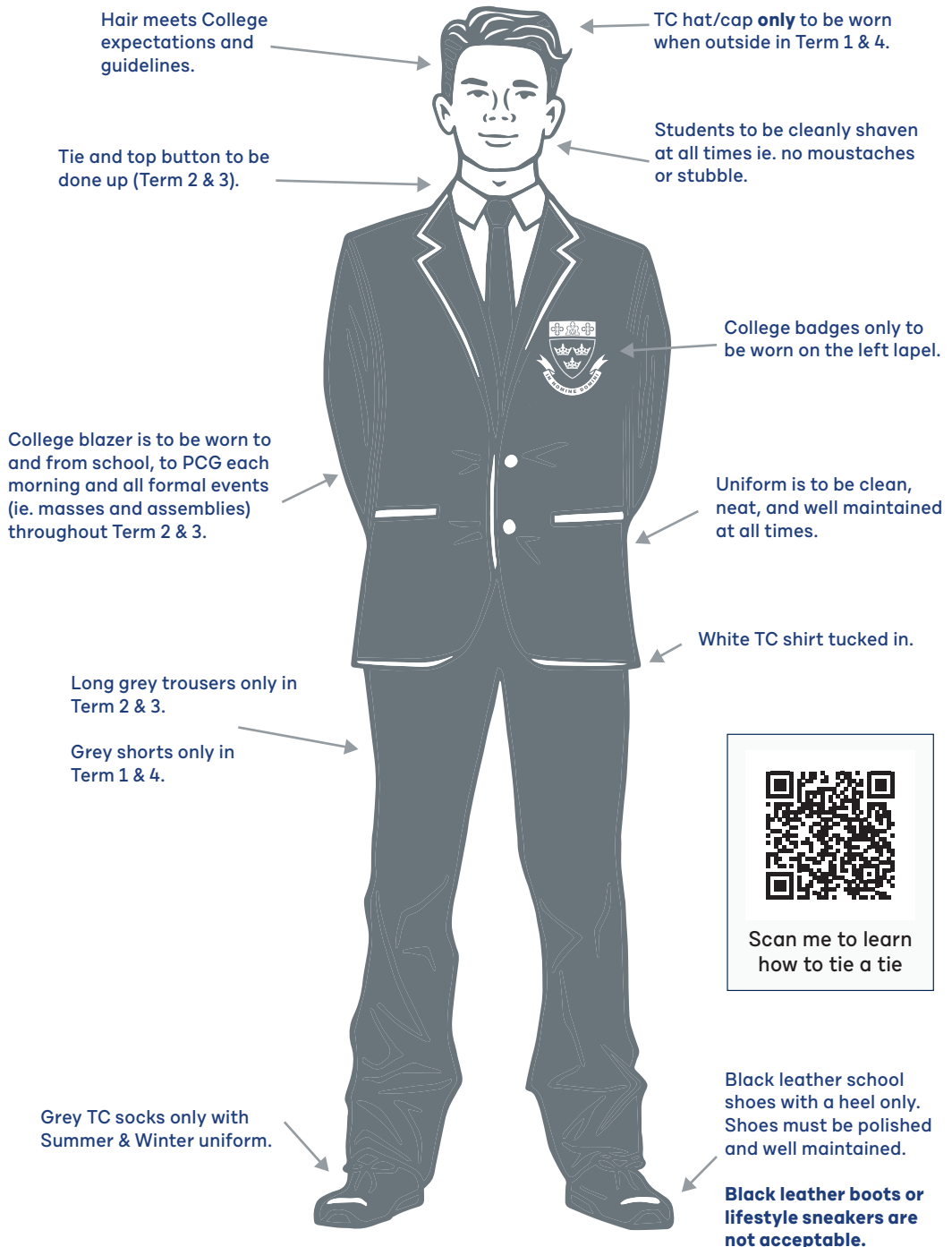


Artificial colours and highlights are not permitted.

Hair is not to be worn covering the ears or hooked behind the ears.

Hair must clear the collar.

# Uniform and Personal Presentation



Home learning is an important component of the teaching and learning process. As part of their own health and wellbeing, students also need quality time for family and leisure activities outside school. To ensure this, time for home learning needs to be regularly set aside, planned and balanced with these other priorities. For some students home learning responsibilities will be part of an Individual Education Plan (IEP).

## Types of Home Learning

**1. Consolidation Tasks** – includes specific tasks directed by the teacher to consolidate recently acquired skills or apply new knowledge to ensure that students understand and can apply what was taught in class. Consolidation tasks are recorded on SEQTA and all students are expected to complete them by the allocated time.

**2. Study** – is student directed work to reinforce classroom learning, processing information and expand knowledge on a current unit of work. Study refers to time spent reading and, either to review what's already been covered, or to prepare for future classes related to the current topic (unit of work). Students should set aside regular time for studying to ensure a greater understanding of the concepts learnt in class and do not fall behind. Studying includes creating flashcards, writing and re-writing notes, making outlines, and reading.

**3. Revision** – is student directed work aimed at re-learning and consolidating past knowledge, or units of work that have previously been covered so that students are able to implement or recall them more quickly and efficiently. Revising also includes preparing for tests and exams by making notes, reading notes, completing test questions or past exam papers and testing understanding of previously covered work.

## The Benefits of Home Learning

**Home learning is valuable because it:**

- ✧ Allows for practicing, consolidating and extending work done in class.
- ✧ Challenges and extends gifted and talented students.
- ✧ Establishes routine and self-discipline which will assist students in other areas of their lives.
- ✧ Teaches students to take responsibility for their own learning and increases their awareness of how they learn and what works best for them.
- ✧ Strengthens the partnership between home and school providing parents/guardians with insight into what is being taught in the classroom and the progress made by their child.
- ✧ If attended to regularly, allows students to more easily organise and prioritise time for family and leisure
- ✧ Provides regular feedback to students.

## Home Learning Guide

Students should be regularly completing teacher-directed consolidation tasks and self-directed study tasks throughout the week and engaging in revision prior to tests and exams. The following is a guide only and recognises that at various stages of the year these may vary. It is hoped that these guidelines will help maintain a balance between family/ recreation time and home learning, mindful of PSA sport commitments.

Year 7	2-4 Hours Weekly
Year 8	4-6 Hours Weekly
Year 9	6-8 Hours Weekly
Year 10	8-10 Hours Weekly
Year 11/12	Pathway Dependent

# Home Learning Guidelines

## Parent/Guardian Role

Parents/guardians play a major role in ensuring a home learning policy is successful.

### They can assist by:

- ✧ Encouraging students to complete home learning tasks and ensuring it is their own work
- ✧ Taking an active interest in the work and checking that work is completed to a satisfactory standard
- ✧ Helping the student to establish a routine for completing home learning tasks
- ✧ Providing, where possible, a dedicated place for their son to work
- ✧ Communicating with teachers if there is a concern such as a student repeatedly spending too much time on home learning tasks
- ✧ Helping students make links between what they have learned and the real world

## What to do when your son says, 'I don't have any work to do'...

**STEP 1:** Check on SEQTA for any consolidation tasks that have been allocated by the classroom teacher.

**STEP 2:** Talk to your sons about Study on the current unit of work. This will include creating flash cards, taking detailed notes, making outlines, reading and creating timelines or mind maps.

**STEP 3:** Talk to your son about Revision. This could mean starting to prepare for upcoming tests and exams by developing a detailed revision plan and may include practice essays, completing past test/exam papers, quizzes, and memory mnemonics.

## Student Responsibilities

- ✧ Students should recognise the distinction between consolidation tasks, study and revision.
- ✧ Students should undertake home learning daily, commencing from the first week of each semester (or unit of study)
- ✧ Students are to schedule opportunities for revision of concepts delivered each week of their learning programs. This practice is to commence from the first week of each semester (or unit of study).



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Assessment  
Policy

# Home Learning Guidelines



## How much Home Learning should I do each night/week?

### Year 7

As per 2025 Transition Plan.  
Boys should aim for 15 - 30 minutes per night.  
TOTAL TIME: 2 to 4 hours weekly.

### Year 8

As per 2025 Term Planner.  
Elective subjects: Up to 15 minutes per week.  
Boys should aim for 30 - 45 minutes per night.  
TOTAL TIME: 4 to 6 hours weekly.

### Year 9

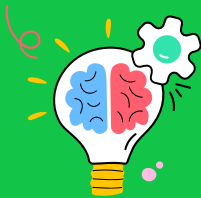
Core subjects: 45 minutes per week.  
Elective subjects: Up to 15 minutes per week.  
Boys should aim for 45 mins - 1hr per night.  
TOTAL TIME: 6 to 8 hours weekly.

### Year 10

Core subjects: 60 minutes per week.  
Elective subjects: Up to 15 minutes per week.  
Boys should aim for 1hr - 1.5hrs per night.  
TOTAL TIME: 8 to 10 hours weekly.

### Year 11 and Year 12

1 or 2 ATAR: 30 minutes per ATAR subject per night.  
ATAR Pathway: 10 to 15 hours per week.  
General Courses: As required.



TOTAL TIME is the addition of Consolidation Tasks (Homework), Revision and Study.



Study Skills

## What do I do when I am not sure where to start...

**Step 1:** Check on SEQTA for any consolidation/homework tasks that have been allocated by the classroom teacher. Go to the 'Today' tab in Courses on SEQTA.

**Step 2:** Check on SEQTA for any upcoming assessments that you might have and then start on some active revision. This may include making summary notes, doing brain dumps, practice essays and completing past tests/exams.

**Step 3:** Complete some Study on the current unit of work. This will include creating flash cards, taking detailed notes, making outlines, reading and creating timelines or mind maps.

**Step 4:** Reading will always have a positive impact on your learning.

## Learning Expectations

Students at Trinity College will be held to a high standard in all lessons and interactions they have with other members of the College community. In each lesson, TC Learners will be expected to do the following:

### Beginning the Lesson

- Arrive on time for your lesson, with all necessary resources and equipment.
- Ensure any unacceptable technology or devices (such as phones and headphones) are stored in your locker.
- Line up outside the classroom, ready to enter. Ensure you are neatly and respectfully presented.
- When you enter the classroom, do so politely and stand behind your chair. When you are invited, greet your teacher before taking your seat.
- Arrange your resources and equipment on your desk, ready to commence the lesson.

### During the Lesson

- Listen attentively to your teacher's instructions, ensuring you meet all lesson goals and expectations.
- Actively contribute to group or class discussions.
- Complete all set work as outlined, taking note of the standards and expectations of your teacher.
- Put your personal best into all work and assessments which you complete.
- Reflect on your learning, setting appropriate goals as needed.
- Engage with your peers and teacher in a respectful and collaborative manner.
- Ask any clarifying questions by raising your hand and waiting for your teacher to answer them.
- Use technology appropriately and only when allowed by your teacher.
- Respect each other's personal space and property.

### Ending the Lesson

- Clarify any expectations regarding home learning or study to be completed. Make a note of this in your diary.
- Pack up neatly and appropriately when directed by your teacher.
  - Tuck your chair in.
  - Collect your belongings.
- Stand behind your desk and positively farewell your teacher and peers.
- Thank your teacher for the lesson.
- Leave only when directed by your teacher.



## The TC Standards

As a TC Learner, students are expected to uphold high standards in all that they do within our College community. The following are The TC Standards – a student's pledge to be an upstanding and well-regarded member of our College.

<b>1</b>	<b>Preparedness for Success</b>	Come to all lessons prepared to learn. This means bringing the correct resources and equipment and having a proactive attitude towards all lessons.
<b>2</b>	<b>Positive Relationships</b>	Show respect in your relationships with members of the TC community. This applies to your interactions with your peers, teachers, coaches and any other members of staff.
<b>3</b>	<b>Personal Best</b>	Put your personal best into all you do at Trinity. This doesn't necessarily mean you are the most academic, athletic or musically gifted student, but it does mean you will always try your best.
<b>4</b>	<b>Presentation Standards</b>	Show up as the best version of yourself. All students are expected to adhere to the uniform and presentation standards in place and should show pride in the way they present themselves. This applies in all situations where you represent Trinity College.
<b>5</b>	<b>Proactive Contributions</b>	Engage with and contribute to all College activities. This applies to both classroom and external activities in which you are invited to participate.
<b>6</b>	<b>Peer Positivity</b>	Be a champion for others. Wherever possible, you should show consideration and support for your TC brothers.
<b>7</b>	<b>Pride in Community</b>	Take pride in our campus. When you see something that is out of place, whether that be in regard to rubbish or interactions with others, take the initiative to make it right.
<b>8</b>	<b>Perseverance and Persistence</b>	Practise resilience and a strong work ethic. Approach all challenges with a positive mindset; it is okay to make mistakes, as long as you learn from them.
<b>9</b>	<b>Practise Compassion</b>	Show kindness, understanding and empathy. As per the Catholic teachings of love and charity, show compassion in all that you do at TC.
<b>10</b>	<b>Prioritise Mental Health</b>	Know that you can ask for help. When you or your peers are struggling, take the time to consider how you can address and prioritise your mental and emotional health and wellbeing. It's okay to speak up!
<b>11</b>	<b>Pursue Knowledge</b>	Be a lifelong learner. It is important to be curious and to always seek out new knowledge and skills. Make the most of all educational opportunities on offer at TC.
<b>12</b>	<b>Promote Inclusivity</b>	Ensure all students feel respected, valued and included. Regardless of context and capabilities, every student at Trinity has the right to feel included and part of the College community.

## Study Skills

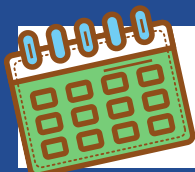


### Maintaining Positive Mental Health

At least 8 hours of sleep every night, regular daily exercise, healthy eating, taking breaks during study and only using electronic devices when necessary.

### Active Beats Passive Revision

Write bullet point notes, think, understand, explain, clarify, label diagrams, answer a range of questions, create flashcards. Most importantly do the hard work involved and put in the time that this requires.

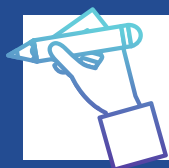


### Spaced Practice

Spread out your sessions over days, weeks, months rather than cramming for the most effective result. Build this spacing of subjects into your study plan.

### Retrieval Practice

Get the information "out". Find out what you recall and what you don't know yet, answer questions, mind maps, flow charts, flashcards, checklist points.



### Interleaving

Mix up your practice, change subjects to switch your minds focus, switch to different areas within your subject as you would in an exam.

### Metacognition

Think and reflect on both feedback and what you need to do to improve. Plan your week, decide what/how/when to study. Regulate and motivate yourself to make sure you do the work. Make realistic judgements from self-testing about how you are progressing.



#tcspirit

## 1. Set Up Your Study Space

Everyone has their own idea about the best place to study. Here's a few things to think of before you get set up:

- ◇ Do you prefer to study in silence or listen to music?
- ◇ Do you like to study at home alone or with other people?

## 2. Be Organised

Make sure you have all the materials you need in your study space before you start studying. Getting up to look for a calculator or pen and paper will break your concentration, make you frustrated and waste your time.

## 3. Clear Your Mind

If you've got a lot on your mind, take a moment to write yourself some notes about what you're thinking about and put them to the side. This will help to clear your mind and focus on studying. You can come back to what you were thinking about during a study break.

## 4. Set Goals and Get Motivated

Set yourself clear goals such as what you want to achieve. Consider what goals would be appropriate to set yourself, it may be getting into a particular course or university. You should think about how you will feel if you achieve the mark you wanted. Keep your goals and the end result in mind, it will help you stay motivated.

## 5. Plan Your Time (and stick to it!)

It helps to plan when you will study and how you can make the most of your study time. Use a calendar or diary to help keep track of exam dates and plan ahead. Be sure to space out your study time for the term or lead up to exams. Don't try to cram it all in the night before! Do the hardest work when you're feeling your best. Save the easy stuff for when you're tired. After you have studied with your notes, set yourself a time limit and practice on past exams to answer questions under practice exam conditions. This will help improve your memory recall by sitting in similar conditions to the exams.

## 6. Use Your Notes

Taking detailed notes in class will save you lots of time later on. Re-writing and adding to your notes is a great way to revise what you've learned. Check out our effective note taking tips to make your note taking more effective.

## 7. Know Your Learning Style

Most of us have a preferred way of learning. Get to know your learning style and study in the ways you learn best.

**Auditory learners** – learn by listening. If you're an auditory learner you could try reading your notes aloud and discussing them with other people. You might like to record key points and play them back.

**Visual learners** – learn by seeing. If you're a visual learner you could use colours in your notes and draw diagrams to help represent key points. You could try to remember some ideas as images.

**Tactile/kinesthetic learners** – learn by doing. If you're a tactile/kinesthetic learner you could use methods like role-playing or building models to revise key points.

## 8. Make Your Own Study Materials

Create your own flash cards to help you study or check out past exams. This way you'll be able to apply what you have studied to practice questions which may have appeared in previous exams. If you prepare your own study material you'll learn what you have studied twice: once when you make the study materials and again when you use them to revise.

## 9. Test Yourself

Don't wait for an exam to test your knowledge. Get a friend or family member to quiz you on key concepts or help other students with their work. It's a great way to get confident with what you do know and find out what you still need to learn.

## 10. Take Time Out and Reward Yourself

You study better when you're feeling good so make sure you eat well, stay hydrated, exercise and get enough sleep. Make sure you achieve a balance between studying, catching up with friends, eating well and exercise. Allow yourself some breaks when you study. It's good to have a break every 45 to 60 minutes when you're studying as this will help you study more effectively. You'll study better if you take care of yourself. Reward yourself for studying. This will keep you motivated to continue studying to achieve your personal goals.



# Top 10 Roadblocks to Your Success

Success means different things to different people. Success takes time, planning and a strong desire. Success is taking action. Success is setting goals and accomplishing them. Success means reaching your goals, even when the going gets tough.

**THERE WILL BE CHALLENGES ALONG THE WAY.**

**HERE ARE TEN POTENTIAL ROADBLOCKS TO LOOK OUT FOR:**

## 1. No Clear Vision

The clearer your vision is of your definition for success, the faster you will achieve it.

## 2. Fear of Failure

Don't let worry, fear and uncertainty hold you back from reaching your full potential. Eliminate the 'Bummer Words' – no, never, can't, won't, maybe and if.

## 3. Lack of Determination

Turn challenges into a problem that needs to be overcome. Don't let a challenge become a stopping point on your path to success.

## 4. No Action Plan

Write a detailed, step-by-step plan of how you will achieve your success. Include a timetable for completion, and place the written strategy where you can read it, every day.

## 5. Change

You will have to make adjustments in your life to focus on reaching the success you want. For example: What current priorities on your time will have to be changed? Are you surrounded by people who can help you succeed?

## 6. Negative Thinking

Everyone has some self-doubt. However, these two questions will help you. Ask yourself everyday:

- ✧ Did I give my best effort to today's activities?
- ✧ Did I move closer to reaching my goals?

## 7. Lack of Enthusiasm

Be the day's cheerleader. All days are good; some are better than others. You will find enthusiasm is contagious; give some to others.

## 8. Procrastination

You can have the best plan in the world, but if you don't take action on it, you simply have a dream.

Are you self-motivated, or do you need external motivation from someone else? Determine which method of motivation works for you. Take action.

## 9. Making Excuses

Take personal responsibility for your success by eliminating excuses. Avoid blaming others for your lack of effort.

## 10. Learn from Your Mistakes

Everyone makes them. Successful people learn extremely valuable life lessons from their mistakes.

**These roadblocks can actually become stepping stones to your success. How? By identifying which ones are holding you back from reaching your goals, and diligently working to eliminate them.**

# 2026 Calendar

## January 2026

MON	TUE	WED	THU	FRI	SAT	SUN
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

## February 2026

MON	TUE	WED	THU	FRI	SAT	SUN
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	

## March 2026

MON	TUE	WED	THU	FRI	SAT	SUN
30	31					1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29

## April 2026

MON	TUE	WED	THU	FRI	SAT	SUN
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

## May 2026

MON	TUE	WED	THU	FRI	SAT	SUN
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

## June 2026

MON	TUE	WED	THU	FRI	SAT	SUN
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

## July 2026

MON	TUE	WED	THU	FRI	SAT	SUN
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

## August 2026

MON	TUE	WED	THU	FRI	SAT	SUN
31					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

## September 2026

MON	TUE	WED	THU	FRI	SAT	SUN
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

## October 2026

MON	TUE	WED	THU	FRI	SAT	SUN
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

## November 2026

MON	TUE	WED	THU	FRI	SAT	SUN
30						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29

## December 2026

MON	TUE	WED	THU	FRI	SAT	SUN
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

# 2027 Calendar

### January 2027

MON	TUE	WED	THU	FRI	SAT	SUN
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

### February 2027

MON	TUE	WED	THU	FRI	SAT	SUN
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28

### March 2027

MON	TUE	WED	THU	FRI	SAT	SUN
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

### April 2027

MON	TUE	WED	THU	FRI	SAT	SUN
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

### May 2027

MON	TUE	WED	THU	FRI	SAT	SUN
31					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

### June 2027

MON	TUE	WED	THU	FRI	SAT	SUN
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

### July 2027

MON	TUE	WED	THU	FRI	SAT	SUN
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

### August 2027

MON	TUE	WED	THU	FRI	SAT	SUN
30	31					1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29

### September 2027

MON	TUE	WED	THU	FRI	SAT	SUN
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

### October 2027

MON	TUE	WED	THU	FRI	SAT	SUN
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

### November 2027

MON	TUE	WED	THU	FRI	SAT	SUN
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

### December 2027

MON	TUE	WED	THU	FRI	SAT	SUN
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

# Term 1 Planner

Week	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>1</b>	26 Jan	27 Jan	28 Jan	29 Jan	30 Jan	31 Jan	1 Feb
<b>2</b>	2 Feb	3 Feb	4 Feb	5 Feb	6 Feb	7 Feb	8 Feb
<b>3</b>	9 Feb	10 Feb	11 Feb	12 Feb	13 Feb	14 Feb	15 Feb
<b>4</b>	16 Feb	17 Feb	18 Feb	19 Feb	20 Feb	21 Feb	22 Feb
<b>5</b>	23 Feb	24 Feb	25 Feb	26 Feb	27 Feb	28 Feb	1 Mar
<b>6</b>	2 Mar	3 Mar	4 Mar	5 Mar	6 Mar	7 Mar	8 Mar
<b>7</b>	9 Mar	10 Mar	11 Mar	12 Mar	13 Mar	14 Mar	15 Mar
<b>8</b>	16 Mar	17 Mar	18 Mar	19 Mar	20 Mar	21 Mar	22 Mar
<b>9</b>	23 Mar	24 Mar	25 Mar	26 Mar	27 Mar	28 Mar	29 Mar
<b>10</b>	30 Mar	31 Mar	1 Apr	2 Apr	3 Apr	4 Apr	5 Apr

# Term 1 Goal Setting

Specific <b>S</b> <b>G</b>	Measurable <b>M</b> <b>O</b>	Attainable <b>A</b> <b>A</b>	Realistic <b>R</b> <b>L</b>	Timely <b>T</b> <b>S</b>
What do you want to do?	How will you know when you have achieved it?	Is it in your power to accomplish it?	Can you realistically achieve it?	When exactly do you want to accomplish it?

Complete the following table to set a goal for each of your subjects which is to be achieved by the end of term. Goals should be SMART!

**Examples could include:** achieving above 80% on half yearly, being in the top quartile, improving by 10 marks from last year, etc.

Subject	Goal

To achieve these goals, I must:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

# Term 1 Goal Setting

## Term 1 Goals – Review!

State ALL the goals from Term 1 that you have achieved.  
Why and how did you achieve them?

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State the goals from Term 1 that you did not achieve and complete the table below.

Subject	Goal not achieved!	Reasons why you did not achieve it.	Is it still achievable?
			<input type="checkbox"/> Yes <input type="checkbox"/> No
			<input type="checkbox"/> Yes <input type="checkbox"/> No
			<input type="checkbox"/> Yes <input type="checkbox"/> No
			<input type="checkbox"/> Yes <input type="checkbox"/> No
			<input type="checkbox"/> Yes <input type="checkbox"/> No
			<input type="checkbox"/> Yes <input type="checkbox"/> No

## Term 1 Report – Review!

Look at the first sentence in each report. State all the positive words or phrases used in all your reports (do a tally if used more than once).

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# January/February

Day / Events	Homework / Assignments	Due	✓
<b>26</b> MON			
	1		
	2		
	3		
	4		
	5		
	6		
<b>27</b> TUE			
	0		
	1		
	2		
	3		
	4		
	5		
	6		
<b>28</b> WED			
	1		
	2		
	3		
	4		
	5		
	6		




TRINITY COLLEGE

*The purpose of life is a life of purpose.*  
ROBERT BYRNE



Scan me to view College Calendar

Day / Events	Homework / Assignments	Due	✓
<b>29</b> THU	1		
	2		
	3		
	4		
	5		
	6		
<b>30</b> FRI	0		
	1		
	2		
	3		
	4		
	5		
	6		
 <b>TRINITY COLLEGE</b>			
<b>31</b> SAT			
<b>01</b> SUN			

**Weekly Gratitude**

*This week I am grateful for:* .....

.....

*The highlight of my week was:* .....

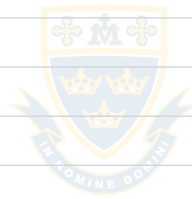
.....

*My goal for next week is:* .....

.....

# February

Day / Events	Homework / Assignments	Due	✓
<b>02</b> MON	1		
	2		
	3		
	4		
	5		
	6		
<b>03</b> TUE	0		
	1		
	2		
	3		
	4		
	5		
	6		
<b>04</b> WED	1		
	2		
	3		
	4		
	5		
	6		



TRINITY COLLEGE

*The road to a friend's house is never long.*

DANISH PROVERB



Scan me to  
view College  
Calendar

Day / Events	Homework / Assignments	Due	✓
<b>05</b> THU	1		
	2		
	3		
	4		
	5		
	6		
<b>06</b> FRI	0		
	1		
	2		
	3		
	4		
	5		
	6		
<b>07</b> SAT			
<b>08</b> SUN			



TRINITY COLLEGE

Weekly Gratitude

This week I am grateful for: .....

The highlight of my week was: .....

My goal for next week is: .....

# February

Day / Events	Homework / Assignments	Due	✓
<b>09</b> MON			
	1		
	2		
	3		
	4		
	5		
	6		
<b>10</b> TUE	0		
	1		
	2		
	3		
	4		
	5		
	6		
<b>11</b> WED			
	1		
	2		
	3		
	4		
	5		
	6		



TRINITY COLLEGE

*Seeing through is rarely seeing into.*

ELIZABETH BIBESCO



Scan me to view College Calendar

Day / Events	Homework / Assignments	Due	✓
<b>12</b> THU	1		
	2		
	3		
	4		
	5		
	6		
<b>13</b> FRI	0		
	1		
	2		
	3		
	4		
	5		
	6		
<b>14</b> SAT			
<b>15</b> SUN			



TRINITY COLLEGE

Weekly Gratitude

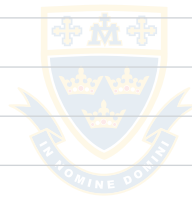
This week I am grateful for: .....

The highlight of my week was: .....

My goal for next week is: .....

# February

Day / Events	Homework / Assignments	Due	✓
<b>16</b> MON	1		
	2		
	3		
	4		
	5		
	6		
<b>17</b> TUE	0		
	1		
	2		
	3		
	4		
	5		
	6		
<b>18</b> WED	1		
	2		
	3		
	4		
	5		
	6		




TRINITY COLLEGE

*Only a life lived for others is worth living.*

ALBERT EINSTEIN



Scan me to  
view College  
Calendar

Day / Events	Homework / Assignments	Due	✓
<b>19</b> THU	1		
	2		
	3		
	4		
	5		
	6		
<b>20</b> FRI	0		
	1		
	2		
	3		
	4		
	5		
	6		
 TRINITY COLLEGE			
<b>21</b> SAT			
<b>22</b> SUN			

**Weekly Gratitude**

*This week I am grateful for:* .....

.....

*The highlight of my week was:* .....

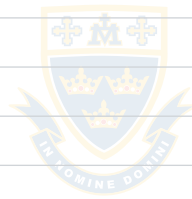
.....

*My goal for next week is:* .....

.....

# February/March

Day / Events	Homework / Assignments	Due	✓
<b>23</b> MON	1		
	2		
	3		
	4		
	5		
	6		
<b>24</b> TUE	0		
	1		
	2		
	3		
	4		
	5		
	6		
<b>25</b> WED	1		
	2		
	3		
	4		
	5		
	6		




TRINITY COLLEGE

*If at first you don't succeed, try, try again.*

WILLIAM EDWARD HICKSON



Scan me to view College Calendar

Day / Events	Homework / Assignments	Due	✓
<b>26</b> THU	1		
	2		
	3		
	4		
	5		
	6		
<b>27</b> FRI	0		
	1		
	2		
	3		
	4		
	5		
	6		
 TRINITY COLLEGE			
<b>28</b> SAT			
<b>01</b> SUN			

**Weekly Gratitude**

*This week I am grateful for:* .....

.....

*The highlight of my week was:* .....

.....

*My goal for next week is:* .....

.....

# March

Day / Events	Homework / Assignments	Due	✓
<b>02</b> MON			
	1		
	2		
	3		
	4		
	5		
	6		
<b>03</b> TUE	0		
	1		
	2		
	3		
	4		
	5		
	6		
<b>04</b> WED			
	1		
	2		
	3		
	4		
	5		
	6		



TRINITY COLLEGE

*To do two things at once is to do neither.*

PUBLILIUS SYRUS



Scan me to view College Calendar

Day / Events	Homework / Assignments	Due	✓
<b>05</b> THU			
	1		
	2		
	3		
	4		
	5		
	6		
<b>06</b> FRI			
	0		
	1		
	2		
	3		
	4		
	5		
	6		
<b>07</b> SAT			
<b>08</b> SUN			



TRINITY COLLEGE

Weekly Gratitude

This week I am grateful for: .....

The highlight of my week was: .....

My goal for next week is: .....

# March

Day / Events	Homework / Assignments	Due	✓
<b>09</b> MON	1		
	2		
	3		
	4		
	5		
	6		
<b>10</b> TUE	0		
	1		
	2		
	3		
	4		
	5		
	6		
<b>11</b> WED	1		
	2		
	3		
	4		
	5		
	6		



TRINITY COLLEGE

*An obstacle is often a stepping stone.*

WILLIAM PRESCOTT



Scan me to view College Calendar

Day / Events	Homework / Assignments	Due	✓
<b>12</b> THU			
	1		
	2		
	3		
	4		
	5		
	6		
<b>13</b> FRI			
	0		
	1		
	2		
	3		
	4		
	5		
	6		
<b>14</b> SAT			
<b>15</b> SUN			



TRINITY COLLEGE

Weekly Gratitude

This week I am grateful for: .....

The highlight of my week was: .....

My goal for next week is: .....


# March

Day / Events	Homework / Assignments	Due	✓
<b>16</b> MON	1		
	2		
	3		
	4		
	5		
	6		
<b>17</b> TUE	0		
	1		
	2		
	3		
	4		
	5		
	6		
<b>18</b> WED	1		
	2		
	3		
	4		
	5		
	6		



TRINITY COLLEGE

*Fall seven times, stand up eight.*  
JAPANESE PROVERB



Scan me to view College Calendar

Day / Events	Homework / Assignments	Due	✓
<b>19</b> THU	1		
	2		
	3		
	4		
	5		
	6		
<b>20</b> FRI	0		
	1		
	2		
	3		
	4		
	5		
	6		
 TRINITY COLLEGE			
<b>21</b> SAT			
<b>22</b> SUN			

Weekly Gratitude

*This week I am grateful for:* .....

.....

*The highlight of my week was:* .....

.....

*My goal for next week is:* .....

.....


# March

Day / Events	Homework / Assignments	Due	✓
<b>23</b> MON			
	1		
	2		
	3		
	4		
	5		
	6		
<b>24</b> TUE			
	0		
	1		
	2		
	3		
	4		
	5		
	6		
<b>25</b> WED			
	1		
	2		
	3		
	4		
	5		
	6		



TRINITY COLLEGE

*Change your thoughts and you change your world.*  
 NORMAN VINCENT PEALE



Scan me to view College Calendar

Day / Events	Homework / Assignments	Due	✓
<b>26</b> THU	1		
	2		
	3		
	4		
	5		
	6		
<b>27</b> FRI	0		
	1		
	2		
	3		
	4		
	5		
	6		
<b>28</b> SAT			
<b>29</b> SUN			



TRINITY COLLEGE

Weekly Gratitude

This week I am grateful for: .....

The highlight of my week was: .....

My goal for next week is: .....

# March/April

Day / Events	Homework / Assignments	Due	✓
<b>30</b> MON			
	1		
	2		
	3		
	4		
	5		
	6		
<b>31</b> TUE			
	0		
	1		
	2		
	3		
	4		
	5		
	6		
<b>01</b> WED			
	1		
	2		
	3		
	4		
	5		
	6		




TRINITY COLLEGE

*Doubt kills more dreams than failure ever will.*

SUZY KASSEM



Scan me to view College Calendar

Day / Events	Homework / Assignments	Due	✓
<b>02</b> THU	1		
	2		
	3		
	4		
	5		
	6		
<b>03</b> FRI	0		
	1		
	2		
	3		
	4		
	5		
	6		
 TRINITY COLLEGE			
<b>04</b> SAT			
<b>05</b> SUN			

**Weekly Gratitude**

*This week I am grateful for:* .....

.....

*The highlight of my week was:* .....

.....

*My goal for next week is:* .....

.....

# Term 2 Goals

Subject	Goal	Steps to achieve goal

## Term 2 Goals – Review!

State ALL the goals from Term 2 that you have achieved. Why and how did you achieve them?

---



---



---



---

State the goals from Term 2 that you did not achieve and complete the table below.

Subject	Goal not achieved!	Reasons why you did not achieve it.	Is it still achievable?
			<input type="checkbox"/> Yes <input type="checkbox"/> No
			<input type="checkbox"/> Yes <input type="checkbox"/> No
			<input type="checkbox"/> Yes <input type="checkbox"/> No
			<input type="checkbox"/> Yes <input type="checkbox"/> No
			<input type="checkbox"/> Yes <input type="checkbox"/> No
			<input type="checkbox"/> Yes <input type="checkbox"/> No

## Term 2 Report – Review!

Look at the first sentence in each report. State all the positive words or phrases used in all your reports (do a tally if used more than once).

---



---



---

# Term Planner – Term 2

Week	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>1</b>	20 Apr	21 Apr	22 Apr	23 Apr	24 Apr	25 Apr	26 Apr
<b>2</b>	27 Apr	28 Apr	29 Apr	30 Apr	1 May	2 May	3 May
<b>3</b>	4 May	5 May	6 May	7 May	8 May	9 May	10 May
<b>4</b>	11 May	12 May	13 May	14 May	15 May	16 May	17 May
<b>5</b>	18 May	19 May	20 May	21 May	22 May	23 May	24 May
<b>6</b>	25 May	26 May	27 May	28 May	29 May	30 May	31 May
<b>7</b>	1 Jun	2 Jun	3 Jun	4 Jun	5 Jun	6 Jun	7 Jun
<b>8</b>	8 Jun	9 Jun	10 Jun	11 Jun	12 Jun	13 Jun	14 Jun
<b>9</b>	15 Jun	16 Jun	17 Jun	18 Jun	19 Jun	20 Jun	21 Jun
<b>10</b>	22 Jun	23 Jun	24 Jun	25 Jun	26 Jun	27 Jun	28 Jun

# April

Day / Events	Homework / Assignments	Due	✓
<b>20</b> MON	1		
	2		
	3		
	4		
	5		
	6		
<b>21</b> TUE	0		
	1		
	2		
	3		
	4		
	5		
	6		
<b>22</b> WED	1		
	2		
	3		
	4		
	5		
	6		



TRINITY COLLEGE

*Wherever you go, go with all your heart.*

CONFUCIUS



Scan me to view College Calendar

Day / Events	Homework / Assignments	Due	✓
<b>23</b> THU			
	1		
	2		
	3		
	4		
	5		
	6		
<b>24</b> FRI			
	0		
	1		
	2		
	3		
	4		
	5		
	6		
 <b>TRINITY COLLEGE</b>			
<b>25</b> SAT			
<b>26</b> SUN			

**Weekly Gratitude**

*This week I am grateful for:* .....

.....

*The highlight of my week was:* .....

.....

*My goal for next week is:* .....

.....

# April/May

Day / Events	Homework / Assignments	Due	✓
<b>27</b> MON			
	1		
	2		
	3		
	4		
	5		
	6		
<b>28</b> TUE			
	0		
	1		
	2		
	3		
	4		
	5		
	6		
<b>29</b> WED			
	1		
	2		
	3		
	4		
	5		
	6		




TRINITY COLLEGE

*You will never win if you never begin.*

ROBERT SCHULLER



Scan me to view College Calendar

Day / Events	Homework / Assignments	Due	✓
<b>30</b> THU			
	1		
	2		
	3		
	4		
	5		
	6		
<b>01</b> FRI			
	0		
	1		
	2		
	3		
	4		
	5		
	6		
 <b>TRINITY COLLEGE</b>			
<b>02</b> SAT			
<b>03</b> SUN			

**Weekly Gratitude**

*This week I am grateful for:* .....

.....

*The highlight of my week was:* .....

.....

*My goal for next week is:* .....

.....

# May

Day / Events	Homework / Assignments	Due	✓
<b>04</b> MON			
	1		
	2		
	3		
	4		
	5		
	6		
<b>05</b> TUE			
	0		
	1		
	2		
	3		
	4		
	5		
	6		
<b>06</b> WED			
	1		
	2		
	3		
	4		
	5		
	6		




TRINITY COLLEGE

*Everything you can imagine is real.*

PICASSO



Scan me to view College Calendar

Day / Events	Homework / Assignments	Due	✓
<b>07</b> THU	1		
	2		
	3		
	4		
	5		
	6		
<b>08</b> FRI	0		
	1		
	2		
	3		
	4		
	5		
	6		
 <b>TRINITY COLLEGE</b>			
<b>09</b> SAT			
<b>10</b> SUN			

Weekly Gratitude

*This week I am grateful for:* .....

.....

*The highlight of my week was:* .....

.....

*My goal for next week is:* .....

.....

# May

Day / Events	Homework / Assignments	Due	✓
<b>11</b> MON	1		
	2		
	3		
	4		
	5		
	6		
<b>12</b> TUE	0		
	1		
	2		
	3		
	4		
	5		
	6		
<b>13</b> WED	1		
	2		
	3		
	4		
	5		
	6		



TRINITY COLLEGE

*You are pure potential.*  
MARTIN DE MAAT



Scan me to view College Calendar

Day / Events	Homework / Assignments	Due	✓
<b>14</b> THU	1		
	2		
	3		
	4		
	5		
	6		
<b>15</b> FRI	0		
	1		
	2		
	3		
	4		
	5		
	6		
<b>16</b> SAT			
<b>17</b> SUN			



TRINITY COLLEGE

Weekly Gratitude

This week I am grateful for: .....

.....

The highlight of my week was: .....

.....

My goal for next week is: .....

.....

# May

Day / Events	Homework / Assignments	Due	✓
<b>18</b> MON	1		
	2		
	3		
	4		
	5		
	6		
<b>19</b> TUE	0		
	1		
	2		
	3		
	4		
	5		
	6		
<b>20</b> WED	1		
	2		
	3		
	4		
	5		
	6		



TRINITY COLLEGE

*Things do not happen. Things are made to happen.*

JOHN F. KENNEDY



Scan me to view College Calendar

Day / Events	Homework / Assignments	Due	✓
<b>21</b> THU			
	1		
	2		
	3		
	4		
	5		
	6		
<b>22</b> FRI			
	0		
	1		
	2		
	3		
	4		
	5		
	6		
 TRINITY COLLEGE			
<b>23</b> SAT			
<b>24</b> SUN			

Weekly Gratitude

This week I am grateful for: .....

.....

The highlight of my week was: .....

.....

My goal for next week is: .....

.....


# May

Day / Events	Homework / Assignments	Due	✓
<b>25</b> MON	1		
	2		
	3		
	4		
	5		
	6		
<b>26</b> TUE	0		
	1		
	2		
	3		
	4		
	5		
	6		
<b>27</b> WED	1		
	2		
	3		
	4		
	5		
	6		




TRINITY COLLEGE

*Wonder is the beginning of wisdom.*  
GREEK PROVERB



Scan me to view College Calendar

Day / Events	Homework / Assignments	Due	✓
<b>28</b> THU	1		
	2		
	3		
	4		
	5		
	6		
<b>29</b> FRI	0		
	1		
	2		
	3		
	4		
	5		
	6		
 <b>TRINITY COLLEGE</b>			
<b>30</b> SAT			
<b>31</b> SUN			

Weekly Gratitude

*This week I am grateful for:* .....

.....

*The highlight of my week was:* .....

.....

*My goal for next week is:* .....

.....

# June

Day / Events	Homework / Assignments	Due	✓
<b>01</b> MON	1		
	2		
	3		
	4		
	5		
	6		
<b>02</b> TUE	0		
	1		
	2		
	3		
	4		
	5		
	6		
<b>03</b> WED	1		
	2		
	3		
	4		
	5		
	6		




TRINITY COLLEGE

*The best is yet to be.*  
ROBERT BROWNING



Scan me to  
view College  
Calendar

Day / Events	Homework / Assignments	Due	✓
<b>04</b> THU			
	1		
	2		
	3		
	4		
	5		
	6		
<b>05</b> FRI			
	0		
	1		
	2		
	3		
	4		
	5		
	6		
 <b>TRINITY COLLEGE</b>			
<b>06</b> SAT			
<b>07</b> SUN			

**Weekly Gratitude**

*This week I am grateful for:* .....

.....

*The highlight of my week was:* .....

.....

*My goal for next week is:* .....

.....

# June

Day / Events	Homework / Assignments	Due	✓
<b>08</b> MON	1		
	2		
	3		
	4		
	5		
	6		
<b>09</b> TUE	0		
	1		
	2		
	3		
	4		
	5		
	6		
<b>10</b> WED	1		
	2		
	3		
	4		
	5		
	6		



TRINITY COLLEGE

*Seek first to understand, then to be understood.*

STEPHEN R. COVEY



Scan me to view College Calendar

Day / Events	Homework / Assignments	Due	✓
<b>11</b> THU	1		
	2		
	3		
	4		
	5		
	6		
<b>12</b> FRI	0		
	1		
	2		
	3		
	4		
	5		
	6		
 TRINITY COLLEGE			
<b>13</b> SAT			
<b>14</b> SUN			

**Weekly Gratitude**

*This week I am grateful for:* .....

.....

*The highlight of my week was:* .....

.....

*My goal for next week is:* .....

.....

# June

Day / Events	Homework / Assignments	Due	✓
<b>15</b> MON	1		
	2		
	3		
	4		
	5		
	6		
<b>16</b> TUE	0		
	1		
	2		
	3		
	4		
	5		
	6		
<b>17</b> WED	1		
	2		
	3		
	4		
	5		
	6		



TRINITY COLLEGE

*Tough times never last, but tough people do.*

ROBERT H. SCHULLER



Scan me to view College Calendar

Day / Events	Homework / Assignments	Due	✓
<b>18</b> THU			
	1		
	2		
	3		
	4		
	5		
	6		
<b>19</b> FRI			
	0		
	1		
	2		
	3		
	4		
	5		
	6		
<b>20</b> SAT			
<b>21</b> SUN			



TRINITY COLLEGE

Weekly Gratitude

This week I am grateful for: .....

The highlight of my week was: .....

My goal for next week is: .....


# June

Day / Events	Homework / Assignments	Due	✓
<b>22</b> MON	1		
	2		
	3		
	4		
	5		
	6		
<b>23</b> TUE	0		
	1		
	2		
	3		
	4		
	5		
	6		
<b>24</b> WED	1		
	2		
	3		
	4		
	5		
	6		




TRINITY COLLEGE

*Don't go through life grow through life.*  
ERIC BUTTERWORTH



Scan me to view College Calendar

Day / Events	Homework / Assignments	Due	✓
<b>25</b> THU	1		
	2		
	3		
	4		
	5		
	6		
<b>26</b> FRI	0		
	1		
	2		
	3		
	4		
	5		
	6		
 <b>TRINITY COLLEGE</b>			
<b>27</b> SAT			
<b>28</b> SUN			

**Weekly Gratitude**

*This week I am grateful for:* .....

.....

*The highlight of my week was:* .....

.....

*My goal for next week is:* .....

.....

# Term 3 Goals

Subject	Goal	Steps to achieve goal

## Term 3 Goals – Review!

State ALL the goals from Term 3 that you have achieved. Why and how did you achieve them?

---



---



---



---

State the goals from Term 3 that you did not achieve and complete the table below.

Subject	Goal not achieved!	Reasons why you did not achieve it.	Is it still achievable?
			<input type="checkbox"/> Yes <input type="checkbox"/> No
			<input type="checkbox"/> Yes <input type="checkbox"/> No
			<input type="checkbox"/> Yes <input type="checkbox"/> No
			<input type="checkbox"/> Yes <input type="checkbox"/> No
			<input type="checkbox"/> Yes <input type="checkbox"/> No
			<input type="checkbox"/> Yes <input type="checkbox"/> No

## Term 3 Report – Review!

Look at the first sentence in each report. State all the positive words or phrases used in all your reports (do a tally if used more than once).

---



---



---

# Term Planner – Term 3

Week	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>1</b>	20 Jul	21 Jul	22 Jul	23 Jul	24 Jul	25 Jul	26 Jul
<b>2</b>	27 Jul	28 Jul	29 Jul	30 Jul	31 Jul	1 Aug	2 Aug
<b>3</b>	3 Aug	4 Aug	5 Aug	6 Aug	7 Aug	8 Aug	9 Aug
<b>4</b>	10 Aug	11 Aug	12 Aug	13 Aug	14 Aug	15 Aug	16 Aug
<b>5</b>	17 Aug	18 Aug	19 Aug	20 Aug	21 Aug	22 Aug	23 Aug
<b>6</b>	24 Aug	25 Aug	26 Aug	27 Aug	28 Aug	29 Aug	30 Aug
<b>7</b>	31 Aug	1 Sep	2 Sep	3 Sep	4 Sep	5 Sep	6 Sep
<b>8</b>	7 Sep	8 Sep	9 Sep	10 Sep	11 Sep	12 Sep	13 Sep
<b>9</b>	14 Sep	15 Sep	16 Sep	17 Sep	18 Sep	19 Sep	20 Sep
<b>10</b>	21 Sep	22 Sep	23 Sep	24 Sep	25 Sep	26 Sep	27 Sep

# July

Day / Events	Homework / Assignments	Due	✓
<b>20</b> MON			
	1		
	2		
	3		
	4		
	5		
	6		
<b>21</b> TUE	0		
	1		
	2		
	3		
	4		
	5		
	6		
<b>22</b> WED			
	1		
	2		
	3		
	4		
	5		
	6		



TRINITY COLLEGE

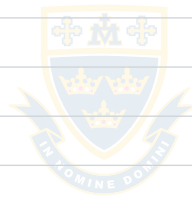
*Our aspirations are our possibilities.*

SAMUEL JOHNSON



Scan me to view College Calendar

Day / Events	Homework / Assignments	Due	✓
<b>23</b> THU	1		
	2		
	3		
	4		
	5		
	6		
<b>24</b> FRI	0		
	1		
	2		
	3		
	4		
	5		
	6		
<b>25</b> SAT			
<b>26</b> SUN			



TRINITY COLLEGE

Weekly Gratitude

This week I am grateful for: .....

.....

The highlight of my week was: .....

.....

My goal for next week is: .....

.....


# July/August

Day / Events	Homework / Assignments	Due	✓
<b>27</b> MON	1		
	2		
	3		
	4		
	5		
	6		
<b>28</b> TUE	0		
	1		
	2		
	3		
	4		
	5		
	6		
<b>29</b> WED	1		
	2		
	3		
	4		
	5		
	6		



TRINITY COLLEGE

*What we see depends mainly on what we look for.*  
 JOHN LUBBOCK



Scan me to view College Calendar

Day / Events	Homework / Assignments	Due	✓
<b>30</b> THU			
	1		
	2		
	3		
	4		
	5		
	6		
<b>31</b> FRI			
	0		
	1		
	2		
	3		
	4		
	5		
	6		
<b>01</b> SAT			
<b>02</b> SUN			



TRINITY COLLEGE

Weekly Gratitude

This week I am grateful for: .....

The highlight of my week was: .....

My goal for next week is: .....


# August

Day / Events	Homework / Assignments	Due	✓
<b>03</b> MON	1		
	2		
	3		
	4		
	5		
	6		
<b>04</b> TUE	0		
	1		
	2		
	3		
	4		
	5		
	6		
<b>05</b> WED	1		
	2		
	3		
	4		
	5		
	6		



TRINITY COLLEGE

*We are what we believe we are.*  
BENJAMIN CARDOZO



Scan me to view College Calendar

Day / Events	Homework / Assignments	Due	✓
<b>06</b> THU	1		
	2		
	3		
	4		
	5		
	6		
<b>07</b> FRI	0		
	1		
	2		
	3		
	4		
	5		
	6		
<b>08</b> SAT			
<b>09</b> SUN			



TRINITY COLLEGE

Weekly Gratitude

This week I am grateful for: .....

The highlight of my week was: .....

My goal for next week is: .....

# August

Day / Events	Homework / Assignments	Due	✓
<b>10</b> MON			
	1		
	2		
	3		
	4		
	5		
	6		
<b>11</b> TUE	0		
	1		
	2		
	3		
	4		
	5		
	6		
<b>12</b> WED			
	1		
	2		
	3		
	4		
	5		
	6		



TRINITY COLLEGE

*Don't let yesterday use up too much of today.*

CHEROKEE AMERICAN INDIAN PROVERB



Scan me to view College Calendar

Day / Events	Homework / Assignments	Due	✓
<b>13</b> THU	1		
	2		
	3		
	4		
	5		
	6		
<b>14</b> FRI	0		
	1		
	2		
	3		
	4		
	5		
	6		
<b>15</b> SAT			
<b>16</b> SUN			



TRINITY COLLEGE

Weekly Gratitude

This week I am grateful for: .....

The highlight of my week was: .....

My goal for next week is: .....

# August

Day / Events	Homework / Assignments	Due	✓
<b>17</b> MON			
	1		
	2		
	3		
	4		
	5		
	6		
<b>18</b> TUE	0		
	1		
	2		
	3		
	4		
	5		
	6		
<b>19</b> WED			
	1		
	2		
	3		
	4		
	5		
	6		



TRINITY COLLEGE

*There is no education like adversity.*

BENJAMIN DISRAELI



Scan me to view College Calendar

Day / Events	Homework / Assignments	Due	✓
<b>20</b> THU	1		
	2		
	3		
	4		
	5		
	6		
<b>21</b> FRI	0		
	1		
	2		
	3		
	4		
	5		
	6		
<b>22</b> SAT			
<b>23</b> SUN			



TRINITY COLLEGE

Weekly Gratitude

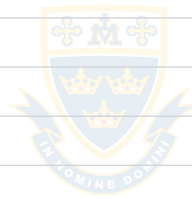
This week I am grateful for: .....

The highlight of my week was: .....

My goal for next week is: .....

# August

Day / Events	Homework / Assignments	Due	✓
<b>24</b> MON	1		
	2		
	3		
	4		
	5		
	6		
<b>25</b> TUE	0		
	1		
	2		
	3		
	4		
	5		
	6		
<b>26</b> WED	1		
	2		
	3		
	4		
	5		
	6		



TRINITY COLLEGE

*Do what you love.*  
MARSHA SINETAR



Scan me to  
view College  
Calendar

Day / Events	Homework / Assignments	Due	✓
<b>27</b> THU	1		
	2		
	3		
	4		
	5		
	6		
<b>28</b> FRI	0		
	1		
	2		
	3		
	4		
	5		
	6		
<b>29</b> SAT			
<b>30</b> SUN			



TRINITY COLLEGE

Weekly Gratitude

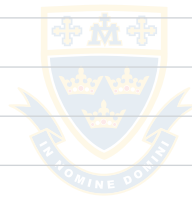
This week I am grateful for: .....

The highlight of my week was: .....

My goal for next week is: .....

# August/September

Day / Events	Homework / Assignments	Due	✓
<b>31</b> MON			
	1		
	2		
	3		
	4		
	5		
	6		
<b>01</b> TUE			
	0		
	1		
	2		
	3		
	4		
	5		
	6		
<b>02</b> WED			
	1		
	2		
	3		
	4		
	5		
	6		




TRINITY COLLEGE

*Education is the transmission of civilization.*

WILL DURANT



Scan me to view College Calendar

Day / Events	Homework / Assignments	Due	✓
<b>03</b> THU	1		
	2		
	3		
	4		
	5		
	6		
<b>04</b> FRI	0		
	1		
	2		
	3		
	4		
	5		
	6		
 TRINITY COLLEGE			
<b>05</b> SAT			
<b>06</b> SUN			

**Weekly Gratitude**

*This week I am grateful for:* .....

.....

*The highlight of my week was:* .....

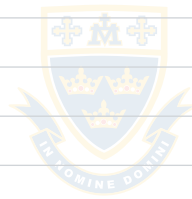
.....

*My goal for next week is:* .....

.....

# September

Day / Events	Homework / Assignments	Due	✓
<b>07</b> MON	1		
	2		
	3		
	4		
	5		
	6		
<b>08</b> TUE	0		
	1		
	2		
	3		
	4		
	5		
	6		
<b>09</b> WED	1		
	2		
	3		
	4		
	5		
	6		



TRINITY COLLEGE

*Deserve your dream.*

OCTAVIO PAZ



Scan me to  
view College  
Calendar

Day / Events	Homework / Assignments	Due	✓
<b>10</b> THU	1		
	2		
	3		
	4		
	5		
	6		
<b>11</b> FRI	0		
	1		
	2		
	3		
	4		
	5		
	6		
<b>12</b> SAT			
<b>13</b> SUN			



TRINITY COLLEGE

Weekly Gratitude

This week I am grateful for: .....

The highlight of my week was: .....

My goal for next week is: .....

# September

Day / Events	Homework / Assignments	Due	✓
<b>14</b> MON			
	1		
	2		
	3		
	4		
	5		
	6		
<b>15</b> TUE	0		
	1		
	2		
	3		
	4		
	5		
	6		
<b>16</b> WED			
	1		
	2		
	3		
	4		
	5		
	6		




TRINITY COLLEGE

*All things are difficult before they are easy.*

THOMAS FULLER



Scan me to view College Calendar

Day / Events	Homework / Assignments	Due	✓
<b>17</b> THU	1		
	2		
	3		
	4		
	5		
	6		
<b>18</b> FRI	0		
	1		
	2		
	3		
	4		
	5		
	6		
 TRINITY COLLEGE			
<b>19</b> SAT			
<b>20</b> SUN			

**Weekly Gratitude**

*This week I am grateful for:* .....

.....

*The highlight of my week was:* .....

.....

*My goal for next week is:* .....

.....

# September

Day / Events	Homework / Assignments	Due	✓
<b>21</b> MON	1		
	2		
	3		
	4		
	5		
	6		
<b>22</b> TUE	0		
	1		
	2		
	3		
	4		
	5		
	6		
<b>23</b> WED	1		
	2		
	3		
	4		
	5		
	6		



TRINITY COLLEGE

*We will either find a way, or make one.*

HANNIBAL



Scan me to view College Calendar

Day / Events	Homework / Assignments	Due	✓
<b>24</b> THU	1		
	2		
	3		
	4		
	5		
	6		
<b>25</b> FRI	0		
	1		
	2		
	3		
	4		
	5		
	6		
 TRINITY COLLEGE			
<b>26</b> SAT			
<b>27</b> SUN			

**Weekly Gratitude**

*This week I am grateful for:* .....

.....

*The highlight of my week was:* .....

.....

*My goal for next week is:* .....

.....

# Term 4 Goals

Subject	Goal	Steps to achieve goal

## Term 4 Goals – Review!

State ALL the goals from Term 4 that you have achieved. Why and how did you achieve them?

---

---

---

---

State the goals from Term 4 that you did not achieve and complete the table below.

Subject	Goal not achieved!	Reasons why you did not achieve it.	Is it still achievable?
			<input type="checkbox"/> Yes <input type="checkbox"/> No
			<input type="checkbox"/> Yes <input type="checkbox"/> No
			<input type="checkbox"/> Yes <input type="checkbox"/> No
			<input type="checkbox"/> Yes <input type="checkbox"/> No
			<input type="checkbox"/> Yes <input type="checkbox"/> No
			<input type="checkbox"/> Yes <input type="checkbox"/> No

## Term 4 Report – Review!

Look at the first sentence in each report. State all the positive words or phrases used in all your reports (do a tally if used more than once).

---

---

---

# Term Planner – Term 4

Week	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>1</b>	12 Oct	13 Oct	14 Oct	15 Oct	16 Oct	17 Oct	18 Oct
<b>2</b>	19 Oct	20 Oct	21 Oct	22 Oct	23 Oct	24 Oct	25 Oct
<b>3</b>	26 Oct	27 Oct	28 Oct	29 Oct	30 Oct	31 Oct	1 Nov
<b>4</b>	2 Nov	3 Nov	4 Nov	5 Nov	6 Nov	7 Nov	8 Nov
<b>5</b>	9 Nov	10 Nov	11 Nov	12 Nov	13 Nov	14 Nov	15 Nov
<b>6</b>	16 Nov	17 Nov	18 Nov	19 Nov	20 Nov	21 Nov	22 Nov
<b>7</b>	23 Nov	24 Nov	25 Nov	26 Nov	27 Nov	28 Nov	29 Nov
<b>8</b>	30 Nov	1 Dec	2 Dec	3 Dec	4 Dec	5 Dec	6 Dec

# October

Day / Events	Homework / Assignments	Due	✓
<b>12</b> MON	1		
	2		
	3		
	4		
	5		
	6		
<b>13</b> TUE	0		
	1		
	2		
	3		
	4		
	5		
	6		
<b>14</b> WED	1		
	2		
	3		
	4		
	5		
	6		



TRINITY COLLEGE

*You have to know what you want to get it.*

GERTRUDE STEIN



Scan me to view College Calendar

Day / Events	Homework / Assignments	Due	✓
<b>15</b> THU	1		
	2		
	3		
	4		
	5		
	6		
<b>16</b> FRI	0		
	1		
	2		
	3		
	4		
	5		
	6		
<b>17</b> SAT			
<b>18</b> SUN			



TRINITY COLLEGE

Weekly Gratitude

This week I am grateful for: .....

The highlight of my week was: .....

My goal for next week is: .....

# October

Day / Events	Homework / Assignments	Due	✓
<b>19</b> MON			
	1		
	2		
	3		
	4		
	5		
	6		
<b>20</b> TUE	0		
	1		
	2		
	3		
	4		
	5		
	6		
<b>21</b> WED			
	1		
	2		
	3		
	4		
	5		
	6		



TRINITY COLLEGE

*One day? Or day one? You decide.*

PAULO COELHO



Scan me to view College Calendar

Day / Events	Homework / Assignments	Due	✓
<b>22</b> THU	1		
	2		
	3		
	4		
	5		
	6		
<b>23</b> FRI	0		
	1		
	2		
	3		
	4		
	5		
	6		
<b>24</b> SAT			
<b>25</b> SUN			



TRINITY COLLEGE

Weekly Gratitude

This week I am grateful for: .....

The highlight of my week was: .....

My goal for next week is: .....


# October/November

Day / Events	Homework / Assignments	Due	✓
<b>26</b> MON	1		
	2		
	3		
	4		
	5		
	6		
<b>27</b> TUE	0		
	1		
	2		
	3		
	4		
	5		
	6		
<b>28</b> WED	1		
	2		
	3		
	4		
	5		
	6		




TRINITY COLLEGE

*If you can dream it, you can do it.*  
WALT DISNEY



Scan me to view College Calendar

Day / Events	Homework / Assignments	Due	✓
<b>29</b> THU	1		
	2		
	3		
	4		
	5		
	6		
<b>30</b> FRI	0		
	1		
	2		
	3		
	4		
	5		
	6		
 <b>TRINITY COLLEGE</b>			
<b>31</b> SAT			
<b>01</b> SUN			

**Weekly Gratitude**

*This week I am grateful for:* .....

.....

*The highlight of my week was:* .....

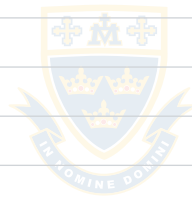
.....

*My goal for next week is:* .....

.....

# November

Day / Events	Homework / Assignments	Due	✓	
<b>02</b> MON	1			
	2			
	3			
	4			
	5			
	6			
<b>03</b> TUE	0			
	1			
	2			
	3			
	4			
	5			
	6			
<b>04</b> WED	1			
	2			
	3			
	4			
	5			
	6			




TRINITY COLLEGE

*Imagination is more important than knowledge.*

ALBERT EINSTEIN



Scan me to view College Calendar

Day / Events	Homework / Assignments	Due	✓
<b>05</b> THU	1		
	2		
	3		
	4		
	5		
	6		
<b>06</b> FRI	0		
	1		
	2		
	3		
	4		
	5		
	6		
 TRINITY COLLEGE			
<b>07</b> SAT			
<b>08</b> SUN			

**Weekly Gratitude**

*This week I am grateful for:* .....

.....

*The highlight of my week was:* .....

.....

*My goal for next week is:* .....

.....

# November

Day / Events	Homework / Assignments	Due	✓
<b>09</b> MON			
	1		
	2		
	3		
	4		
	5		
	6		
<b>10</b> TUE	0		
	1		
	2		
	3		
	4		
	5		
	6		
<b>11</b> WED			
	1		
	2		
	3		
	4		
	5		
	6		



TRINITY COLLEGE

*Look successful, be successful.*  
PROVERB



Scan me to  
view College  
Calendar

Day / Events	Homework / Assignments	Due	✓
<b>12</b> THU	1		
	2		
	3		
	4		
	5		
	6		
<b>13</b> FRI	0		
	1		
	2		
	3		
	4		
	5		
	6		
 TRINITY COLLEGE			
<b>14</b> SAT			
<b>15</b> SUN			

**Weekly Gratitude**

*This week I am grateful for:* .....

.....

*The highlight of my week was:* .....

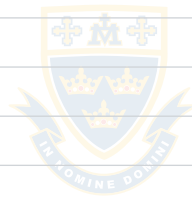
.....

*My goal for next week is:* .....

.....

# November

Day / Events	Homework / Assignments	Due	✓
<b>16</b> MON	1		
	2		
	3		
	4		
	5		
	6		
<b>17</b> TUE	0		
	1		
	2		
	3		
	4		
	5		
	6		
<b>18</b> WED	1		
	2		
	3		
	4		
	5		
	6		



TRINITY COLLEGE

*Do. Or do not. There is no try.*

YODA



Scan me to  
view College  
Calendar

Day / Events	Homework / Assignments	Due	✓
<b>19</b> THU	1		
	2		
	3		
	4		
	5		
	6		
<b>20</b> FRI	0		
	1		
	2		
	3		
	4		
	5		
	6		
 TRINITY COLLEGE			
<b>21</b> SAT			
<b>22</b> SUN			

**Weekly Gratitude**

*This week I am grateful for:* .....

.....

*The highlight of my week was:* .....

.....

*My goal for next week is:* .....

.....

# November

Day / Events	Homework / Assignments	Due	✓
<b>23</b> MON			
	1		
	2		
	3		
	4		
	5		
	6		
<b>24</b> TUE			
	0		
	1		
	2		
	3		
	4		
	5		
	6		
<b>25</b> WED			
	1		
	2		
	3		
	4		
	5		
	6		



TRINITY COLLEGE

*The more you know the less you need to say.*

JIM ROHN



Scan me to view College Calendar

Day / Events	Homework / Assignments	Due	✓
<b>26</b> THU	1		
	2		
	3		
	4		
	5		
	6		
<b>27</b> FRI	0		
	1		
	2		
	3		
	4		
	5		
	6		
<b>28</b> SAT			
<b>29</b> SUN			



TRINITY COLLEGE

Weekly Gratitude

This week I am grateful for: .....

The highlight of my week was: .....

My goal for next week is: .....

# November/December

Day / Events	Homework / Assignments	Due	✓
<b>30</b> MON	1		
	2		
	3		
	4		
	5		
	6		
<b>01</b> TUE	0		
	1		
	2		
	3		
	4		
	5		
	6		
<b>02</b> WED	1		
	2		
	3		
	4		
	5		
	6		



TRINITY COLLEGE

*A leader is a dealer in hope.*  
 NAPOLEON BONAPARTE



Scan me to  
 view College  
 Calendar

Day / Events	Homework / Assignments	Due	✓
<b>03</b> THU	1		
	2		
	3		
	4		
	5		
	6		
<b>04</b> FRI	0		
	1		
	2		
	3		
	4		
	5		
	6		
<b>05</b> SAT			
<b>06</b> SUN			



TRINITY COLLEGE

Weekly Gratitude

This week I am grateful for: .....

The highlight of my week was: .....

My goal for next week is: .....

# The Resilience Project

## Welcome to The Resilience Project

### PARENTS & CARERS

This year, we are excited to bring The Resilience Project (TRP) into our school community!

### WHY?

Current research tells us...

Why mental health matters

RESILIENCE PROJECT



One in four Australian adolescents will experience mental health problems this year

Nearly two thirds of them will not seek help.



One in seven primary school students are also likely to experience mental health problems this year.

### ABOUT THE PROGRAM

**The Resilience Project** is committed to **teaching positive mental health strategies** to prevent mental ill-health and **build young people's capacity to deal with adversity.**

We will be implementing their evidence-based **Teaching and Learning Program** throughout our classrooms, staffroom and school community.

Teachers and students will engage in weekly lessons and activities around the key principles of **Gratitude, Empathy, Mindfulness (GEM)** and **Emotional Literacy** to build resilience.

### WHAT CAN BE DONE AT HOME?



To learn more about The Resilience Project and get involved from home, you can start exploring the ideas, activities and resources which bring **Gratitude, Empathy** and **Mindfulness (GEM)** to life on **TRP@HOME.**

Source: National Survey of Mental Health and Wellbeing, Australian Institute of Health and Welfare, Australia's Youth: Mental Illness

### EVIDENCE-BASED

The Resilience Project's School Partnership Program has been independently evaluated by both The **University of Adelaide** and The **University of Melbourne**. Click the links or scan the QR code to find out more about the impact the program has on **emotional wellbeing** and **behavioral changes**.



**The Imperfects** podcast, led by Hugh van Cuylenburg, Ryan Shelton and Josh van Cuylenburg, is all about how perfectly imperfect we all are. Hugh, Josh and Ryan chat to a variety of interesting people who bravely share their struggles and imperfections, and we all learn some valuable take-aways we can apply to our own imperfect lives.



(03) 9113 9302 | [theresilienceproject.com.au](http://theresilienceproject.com.au)









