The children will be introduced to 30 phonemes/digraphs

Below is a list of the phoneme (sound) and cued articulation (this supports the speech development and pronunciation of sounds) actions which accompany the letters of the alphabet children will be taught. As you do the action, you repeatedly say the sound. If you are unsure of the actions, please see your class teacher for a demonstration! The phonemes/ digraphs are organised in the order in which we will teach.

Phase 2; Week 1 (Set 1)

## S

s: Hold your index finger pointing sideways out from your mouth and move your finger about 10 cm forwards in a wavy line.

## A

a: (as in cat) Make a fist with your hand and place it next to your mouth, with your palm facing forwards, then push your fist forwards about 10 cm .
 T
$t$ : Place the index finger next to the mouth, pointing up and then move it forwards about 10 cm .

P
p: Close the index finger on the thumb, positioned next to the mouth pointing forward. Open and close the finger and thumb as you say the sound.

## Week 2 (Set 2)

## I

i: (as in 'fin') Hold your hand close to your mouth, palm down and pointing forwards and move your hand forwards about 10 cm .
N
$n$ : Place you fingers in the same position for ' $d$ ' and turn them onto the side of your nose.

## M

$m$ : Place your fingers and thumb in the same position for ' $b$ ' and turn them onto the side of your nose

## D

d: Place the index and second finger next to your mouth, pointing up and then move forwards about 10 cm .


## Week 3 (Set 3)

## G

9: Place the crooked index and second fingers under your chin and jerk them down and forwards about 10 cm .
O (as in 'dot') Make a circle with your thumb and index finger, keeping the other fingers open. Hold your hand next $\dagger$ to your mouth and jerk it backwards.
C
c: Place your crooked index finger under your chin and jerk it down and forwards about 10 cm .
$K$ (same as 'c')
c: Place your crooked index finger under your chin and jerk it down and forwards about 10 cm .

## Week 4 (Set 4)

| CK |
| :--- | :--- |
| c: Place your crooked index finger under your chin and jerk |
| it down and forwards about 10 cm . |
| E |
| e: Hold your hand next to your mouth, palm facing |
| outwards. Tuck your thumb into your palm and bend the |
| fingers forward. |


| U |
| :--- | :--- |
| u: (as in 'up') Hold you whole hand, palm facing forward and |
| move your hand sideways as if giving a brief wave. |
| $\mathbf{R}$ |
| r: Make a fist with your palm facing towards you, then curl |
| the index and second fingers towards you mouth |

## Week 5 (Set 5)

h: Hold your hand next to the mouth with the palm facing forward then move your hand forwards about 10 cm .

## B

b: Close your index and second finger on the thumb, positioned next to the mouth pointing forward. Open and close your finger and thumb as you say the sound
$F$ (f and ff)
f: Place the index finger parallel and close to the lower lip and move the finger forward and downward about 10 cm .
$L$ (I and II)

I: Place the index and second fingers vertically and facing towards the face, almost touching your lips and make small circular movements.

## SS

s: Hold your index finger pointing sideways out from your mouth and move your finger about 10 cm forwards in a wavy line.

Phase 3 - Week 1 (set 6)

| J |
| :--- |
| j: Make the sign for 'd' and then quickly drop the two |
| fingers down and bring the thumb forward, then move |
| the hand forward about 10 cm . |
| V |
| v: Place the index and second fingers parallel and close |
| to the lower lip and move the fingers forward and |
| downward about 10 cm . |
| W |
| w: Hold your hand facing forwards and place the tips of |
| the fingers and thumb together (like pursed lips) and |
| then open the fingers quickly. |
| X: |
| c: Place your crooked index finger under your chin and |
| jerk io down and forwards about 10 cm . |
| s: Hold your index finger pointing sideways out from |
| your mouth and move your finger about 10 cm forwards |
| in a wavy line. |

Week 2 (set 7)
$y$
y: Hold your flat hand palm down then move the hand forwards, opening the fingers at the same time.

Z
z: Hold your index and second fingers pointing sideways out from your mouth and move your fingers forward about 10 cm in a wavy line.

## Qu

c: Place your crooked index finger under your chin and jerk it down and forwards about 10 cm .
w: Hold your hand facing forwards and place the tips of the fingers and thumb together (like pursed lips) and then open

c
w the fingers quickly.

