



31/03/2022

## **Sports Day 2022**

Dear Parent/Carer,

Our school Sports Day is on this Friday 1<sup>st</sup> April and we are looking forward to a day of activity, competition and fun! This document will include information regarding Sports Day. We hope it helps to answer some frequently asked questions, and ultimately help us achieve our goals and visions for this special day in our school calendar.

### TOPICS:

- 1) Purpose
- 2) House teams
- 3) Timetable highlights
- 4) What to wear
- 5) Canteen and food options
- 6) Parent involvement
- 7) Student self-regulation space
- 8) Play spaces

### 1. Purpose of Sports Day at Good Shepherd

To build community through healthy competition, in a supportive and safe environment.

This looks like:

- Respecting diversity
- Encouragement
- Trying our best
- Good sporting attitude

These attributes are encouraged throughout the day with the awarding of points not only for athletic achievement but also for the above traits.

## 2. House teams

Nelson (Red)

Kelly (Yellow)

Montague (Green)

Each of these teams are named after the main roads that surround the school area.

## 3. Timetable highlights

**8:30am** – Students should arrive at school at the regular time, with classrooms opening at 8:30am. This is a great opportunity for teachers to take photos, and complete attendance procedures.

**8:40am** – Classes move to the oval.

**8:50am** – Opening Ceremony commences (including the procession of Stage 1 students).

**9:00am** – Events commence. Each class moves to various stations around the school. Please see Sports Day program for further information.

**10:20am** – Recess commences. All students will move to their classrooms for the recess break. They will be able to re-apply sunscreen and prepare for the remainder of the day. Students can bring their recess from home, or pre-order from the canteen (Qkr! App only). These orders will be delivered to their class.

Parents and guests are asked to stay outside during this time. They are encouraged to catch up with others within our community and make use of the canteen, bbq and coffee van.

**10:50am** – Tabloid events re-commence.

**12:10pm** – Relays.

**12:40pm** – Presentation of the shield.

**12:45pm** – Conclusion of day. Students return to classrooms and dismissed by their teacher (parents/caregivers to remain on oval as per current COVID-restricted dismissal). OSHC *Imagination* commences.

## 4. What to wear

We ask that children come to school in their sport uniform (including hat) and invite them to wear an alternate t-shirt to identify the colour of the team they represent. We also encourage parents and visitors to accessorise using 'creative colour' to further identify the team to which they belong.

## 5. Canteen and food options

While students and guests are invited to provide their own food options for the day, there will be a variety of options available for both students and visitors to purchase.

Student items can be pre-ordered from the Qkr! App, with options for student recess including drinks, snacks, and doughnuts. Any pre-ordered food for students will be delivered to their classroom for recess.

Parents and other guests have access to the canteen throughout the day. There will also be other options available for our visitors, including bakery items, bbq and a coffee van.

## 6. Parent and guest involvement

We encourage parent and guest attendance and participation during Sports Day, however current restrictions require us to limit attendance to 1 parent/guest per family. It is fantastic to have students being supported by their family and friends. We encourage parents to be positive and active supporters at each event.

Teachers and staff also value parents and guests who can assist at each tabloid event, perhaps by scoring, retrieving equipment or supporting the positive behaviour of students. If you are willing and able to help during specific times throughout the day, please contact your child's classroom teacher.

## 7. Student self-regulation space

There are times when students can become overwhelmed by various activities and environments and Sports Day can be one of these times. To help students to achieve success in this highly stimulating environment this year, we are providing students with a space to self-regulate these emotions in the Learning Support Room.

This is a new option we introduced in 2021. The purpose of this room is to provide and maintain equal opportunities and a space for students to self-regulate throughout the day. This will give the students tools to be successful in participating in sports day activities.

This space is for students only, where Learning Support staff will work closely with each student who arrives. Generally, students will be spending 10 minutes per visit in this space. This time will be monitored and managed by staff. Students will be required to sign in and out via the scorers' tent, as the number of students able to access the room at any given time is limited.

## 8. Play spaces

Due to the recess break being held inside for students, the Junior Primary playground is available for supervised play. The Upper Primary playground is out of bounds for the day, as it is being used by students for a Sports Day event.

If you have any further questions, please to contact Jason Wain or one of our school Directors.

Jason Wain

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