



FREE
help for
parents and
caregivers



HELPING CHILDREN WITH TRAUMA - Online via Zoom

The training will focus on:

- Understanding the behaviour of children with developmental trauma
- What to look for and how to help
- Attachment and why it's important
- Using PACE and Therapeutic Parenting
- Vicarious or Secondary Trauma and how to take care of yourself
- Helping children thrive with the Six Core Strengths

4 Tuesdays

Dates: 21, 28 March & 4, 11 April 2023

Time: 10am to 12.30pm

Venue: Online via Zoom

Centacare require each participant to complete a registration form before the start of the course - please contact below

**Bookings Essential – Ring Centacare on 1800
372 826 or talk to the Facilitator 67387200**



FAMILY
RELATIONSHIP CENTRE
HELPING FAMILIES BUILD BETTER RELATIONSHIPS

An Australian Government Initiative



Centacare
New England North West
Rural Resilience
THE SOCIAL SERVICES AGENCY OF THE CATHOLIC DIOCESE OF ARMIDALE



Centacare NENW acknowledges the traditional custodians of this land and pays respect to the elders past and present.