



Centacare

# Keeping Families Safe: Picking up the pieces after domestic violence

This course is for families experiencing separation

**This FREE workshop is for separated Parents and Carers to explore:**

- How children experience domestic violence
- What children might learn from this experience
- How parents can help children heal
- Strategies to support children's on-going wellbeing
- Nurturing strategies

**Time:** 9:30am – 11:30am  
**Dates:** Thursday 04 February 2021

**Venue:** Centacare Level 2  
45 Wakefield Street,  
Adelaide 5000



*Please note childcare facilities are not available and children cannot be present at this course*

**Bookings essential. Please contact Centacare on 8215 6700 or email your details to:  
[registrations@centacare.org.au](mailto:registrations@centacare.org.au)**

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[www.centacare.org.au](http://www.centacare.org.au)