



Mount Carmel College

Supporting Positive Behaviour:
SWPBS Family Guide

Purpose:

Mount Carmel College uses a School-Wide Positive Behaviour Support (SWPBS) framework to create a safe, respectful, and supportive learning environment for all students. This booklet explains what SWPBS is, how it works, and how families can support their child at home.

What is SWPBS?

School-Wide Positive Behaviour Support (SWPBS) is a research-based approach that focuses on:

- Teaching positive behaviours explicitly
- Recognising and reinforcing those behaviours
- Providing consistent expectations across the school
- Supporting students to develop social-emotional skills

Goal: Help every student feel safe, valued, and able to learn their best while building skills for life.



Our Pillars

Pillar	What it Means	How it looks at school	How families can support
Respect	Treating others and the environment with care	Listening to staff, following instructions, using polite language, being punctual	Model respectful communication, praise your child for showing respect, set clear routines
Resilience	Persevering and managing challenges	Staying focused during difficult tasks, handling setbacks calmly, using coping strategies	Encourage problem-solving, praise effort over outcome, model coping strategies
Compassion	Understanding and caring for others	Celebrating peers' achievements, helping others, standing up against bullying, using empathy	Encourage kindness at home, talk about emotions, discuss ways to help friends or community
Contribute	Actively participating in school and community	Helping in class, participating in assemblies, taking part in service or leadership, mentoring others	Encourage volunteering, celebrate your child's involvement, support responsibility at home

SWPBS Expectations Matrix - Early Years

A learning community of courageous changemakers, compassionate and strong in faith



Always

We are
RESPECTFUL



We are
RESILIENT



We are
COMPASSIONATE



We
CONTRIBUTE



In Learning Spaces



- We care for the school.
- We let others learn.
- We listen with our whole body.



- We are courageous learners with a growth mindset.
- We do our best and keep trying.



- We help to create a calm space.
- We look after learning spaces.



- We share our ideas politely.
- We listen to others.



Transition/Outdoors



- We keep our school clean and tidy.
- We play safely and take turns.



- We solve problems together.
- We ask a duty teacher for help, when we need help.



- We play fairly.
- We invite others to play.
- We help each other.



- We protect ourselves from the sun.
- We pack up our toys after playing with them.



In our Community



- We are kind to others.
- We use our manners.
- We wear our uniform correctly at all times.



- We control our body.
- We participate in school events, when possible.



- We show the values of the Sisters of Charity.
- We help others.
- We include everyone.



- We show good sportsmanship.
- We participate in special events and celebrations.



Digitally



- We use devices with an adult.
- We take care of our devices.



- We understand that sometimes devices may not work.



- We seek help when we are worried about others or ourselves.
- We tell an adult when something is wrong.



- We stay on task.

SWPBS Expectations Matrix - Primary

A learning community of courageous changemakers, compassionate and strong in faith



Always

We are
RESPECTFUL

- We treat others with respect.
- We use good manners.
- We value safety and personal space.
- We wear our uniform correctly.
- We follow directions.
- We respect boundaries.

We are
RESILIENT

- We try our best.
- We use strategies to stay calm and solve problems.
- We seek help when needed.

We are
COMPASSIONATE

- We treat others with kindness.
- We celebrate each other's achievements.
- We see a need and do something about it.

We
CONTRIBUTE

- We share our ideas.
- We listen to others.
- We tell the truth.
- We try our best.



In Learning Spaces

- We respect our shared spaces and belongings.
- We respect everyone's right to learn.
- We are respectful when we gather.

- We are courageous learners with a growth mindset.
- We learn from our mistakes.
- We set high expectations and keep trying.

- We help create a calm learning space.
- We help others in need.
- We share school spaces and equipment.

- We value others.
- We let others learn.
- We listen to feedback and take action.



Transition/Outdoors

- We keep our school and environment clean and tidy.
- We play safely and take turns.

- We try new things.
- We talk through problems and work together to find solutions.
- We ensure rules are clear and followed.

- We play fairly.
- We invite others to play.
- We help others in need.

- We care for the space we learn and play in.
- We use equipment safely.
- We protect ourselves in the sun.



In our Community

- We are respectful in the community.
- We model our school values at all times.

- We are responsible for our own words and actions.
- We participate in school events.
- We include everyone.

- We show the values of the Sisters of Charity.
- We look for ways to support those in need.
- We include everyone.

- We represent our College positively in the community.
- We are involved in Community events.



Digitally

- We stay safe online and protect our personal information.
- We use the internet responsibly as a learning tool.
- We treat others with respect online and report any concerns.
- We take care of our devices.

- We understand that sometimes devices may not work.

- We seek help when we are worried about others or ourselves.
- We respect the privacy of others online.
- We call out poor behaviour online.

- We mindfully connect with others.
- We seek help when we are worried.
- We report inappropriate behaviour.

SWPBS Expectations Matrix - Secondary

A learning community of courageous changemakers, compassionate and strong in faith



Always



In Learning Spaces



Transition/Outdoors



In our Community



Digitally

We are RESPECTFUL

- We treat others with respect.
- We are on time and prepared for learning.
- We follow instructions.
- We wear our uniform correctly.
- We are responsible for our words and actions.

- We enter and exit spaces respectfully.
- We listen actively.
- We support others to speak and learn.
- We leave the classroom tidy.
- We follow the seating plan.

- We share spaces respectfully.
- We remain within boundaries.
- We show pride in our surroundings.

- We represent the College with pride.
- We use public transport with care.
- We are helpful and considerate.
- We listen to others.

- We communicate thoughtfully and safely online.
- We use our own ideas.
- We follow College digital guidelines.
- We use headphones only when needed.

We are RESILIENT

- We contribute positively and embrace challenges.
- We have a growth mindset.
- We seek support and respond to feedback.

- We ask for help when needed.
- We apply feedback.
- We give everything a go.
- We learn from mistakes.

- We approach changes positively.
- We include others.
- We manage conflicts.
- We call out inappropriate behaviour.

- We get involved in community events.
- We take on challenges and learn from others.

- We bounce back from tech issues.
- We avoid negativity, speak up, and support each other.
- We question online information.

We are COMPASSIONATE

- We are kind and considerate.
- We see a need and do something.
- We include others.
- We demonstrate College values.

- We embrace and include other perspectives.
- We support peers in need.
- We are considerate.

- We look out for others.
- We share equipment.
- We include others in games.

- We give back when we can.
- We include our peers.
- We comfort others.

- We address others with kind words only.
- We support those who have experienced difficulty.
- We call out poor online behaviour.

We CONTRIBUTE

- We demonstrate learning behaviours.
- We help others.

- We contribute in learning.
- We treat our learning spaces with care.
- We participate positively.
- We let others learn.

- We care for our environment.
- We keep the toilets clean.
- We use lockers to store belongings.
- We seek help if there is a problem.

- We serve our community.
- We are Upstanders.
- We look out for others.
- We are considerate of the public.

- We share helpful resources.
- We consider the requests and needs of others.





How SWPBS works in school

Explicit Teaching

Students are taught the expected behaviours in every setting: classrooms, playground, assemblies, and online.

Consistent Expectations

All staff use the same language and reinforcement strategies.

Positive Reinforcement

Students receive recognition for demonstrating the four pillars. Examples: praise, awards /affirmations, acknowledgment in assemblies.

Support & Intervention

Students needing extra guidance receive tailored support to develop skills. Interventions focus on teaching, not punishment.



SWPBS in action

Classroom: Students follow routines, listen respectfully, and collaborate with peers.

Playground: Students include others, help when needed, and play fairly.

Assemblies: Students line up quietly, listen attentively, clap respectfully, sing the school song, and celebrate others.

Online Spaces: Students use respectful communication, manage digital footprints, and report concerns.

How Families can Support SWPBS

- Talk about the four pillars at home.
- Notice and praise positive behaviours.
- Reinforce routines and expectations (e.g., punctuality, homework, respectful communication).
- Encourage resilience by discussing problem-solving strategies.
- Share school achievements with pride.
- Work with staff to support any targeted skill-building programs.

Recognising Success

Students may receive recognition in:

- Assemblies for demonstrating SWPBS pillars
- Classroom rewards or points systems
- Letters/email home acknowledging positive behaviour
- **Leadership roles or mentoring opportunities**

Our Goal as a Community

We aim for every student to:

- Treat others with Respect
- Show Compassion for peers and staff
- Contribute to school and community life
- Demonstrate Resilience in learning and personal growth

When school and families work together, students thrive academically, socially, and emotionally.





Contact Us - If you have questions or want to support SWPBS at home:

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