

Specialising in psychological assessments for children and adolescents





### **About Us**

Psychology Assessment Services (PAS) conduct psychological assessments for children and adolescents aged between 4 to 17 years.

The most up-to-date gold standard assessment tools are utilised, and assessments are conducted in a friendly, caring, and respectful manner.

The assessment service is confidential, and adheres strictly to the professional codes, standards, and ethical guidelines of the Australian Psychological Society (APS) and the Australian Health Practitioner Regulation Agency (AHPRA).

# **Principal Psychologist**

## **Shelley Thompson**

B. Psych. (Hons), M. Prof. Psych.

Shelley Thompson is Child and Adolescent Psychologist.



She has extensive experience working with children and adolescents across a range of settings, including private practice and government, catholic, independent, and specialist schools.

Shelley is trained and experienced in administering a broad range of psychological assessments.

#### **Assessment Process**

The assessment process typically involves the following key stages:

- **1. Initial Consultation:** Background information and concerns gathered from the child's parent (and teacher when relevant).
- **2. Assessment:** Assessments are conducted with child in the clinic. Questionnaires/checklists may also be completed by the child's parent and teacher.
- **3. Psychological Report:** A comprehensive report will be written by a psychologist, with results, recommendations, and relevant diagnosis.
- **4. Feedback:** Feedback provided to the parent to discuss their child's results, recommendations, and provide an opportunity to ask questions.

#### Rebates

**NDIS:** Self and plan managed NDIS clients, check with your support coordinator or plan manager about using your funds for psychological assessment.

**Private Health**: Some private health providers provide rebates for psychological assessments, Check with your private health provider.

**Medicare:** There are currently no rebates for psychological assessments available from Medicare.



# **Psychological Assessments**

#### **Academic / Educational Assessment**

- assesses academic achievement level

   (i.e. year/age level a child is currently performing at academically)
- measures reading, writing, spelling, and math skills
- identifies academic strengths and weaknesses, giftedness, and Specific Learning Disorders such as Dyslexia, Dysgraphia, Dyscalculia

#### **Autism Assessment**

- assesses whether a child displays behaviours characteristic of Autism Spectrum Disorder (ASD)
- measures social communication, and restricted and repetitive behaviours
- help guide appropriate treatments and services

#### **Behavioural Assessment**

- assesses a broad range of problem behaviours, and determines whether a child's behaviour falls outside the age-appropriate range
- measures anxiety, depression, separation fear, inattention, hyperactivity, oppositional defiance, conduct issues, perfectionism etc.
- Identifies ADHD, and Oppositional Defiant Disorder

## **Cognitive Assessment / IQ Test**

- assesses a child's overall intellectual functioning (i.e. thinking and problem-solving skills)
- measures verbal reasoning, visual spatial skills, fluid reasoning, working memory, and processing speed
- identifies cognitive strengths and weaknesses, giftedness, and Intellectual Disability





# **Psychology Assessment Services**

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Hours: Mon to Fri 9:30am-5pm, Sat 10:30am-4pm

**Frankston Clinic** 

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**Malvern Clinic** 

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