

headspace Work and Study

If you're 15–25, our team of qualified work and study specialists can help you reach your goals.

headspace National Youth Mental Health Foundation
is funded by the Australian Government Department of Health



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National Youth Mental Health Foundation

let's talk work and study

We can help you with:

- job search skills and job applications
- resume and cover letter preparation
- career planning
- study and enrolment support
- support transitioning from school to work or further study
- navigating Centrelink or other government support options
- balancing your mental health and wellbeing with work or study.

headspace.org.au/workandstudy
1800 810 794

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