

## Guiding the behaviour of young children 0-5 years

### FREE INFORMATION SESSION

Families Together invites mothers, fathers, carers and grandparents with children up to the age of 5 to this information session presented by

**Petra Will Herat**  
**Social Psychologist, Parent Educator**

All children sometimes behave in ways that are challenging to parents. As they grow up, children learn what constitutes acceptable behaviour and how to control inappropriate behaviour. Research shows that brain development and social development are strongly linked. Providing safe nurturing relationships and experiences supports the growth of the child's brain. If parents support their children in this important period, they can lay strong foundations for their child's social skills, brain ability and their mental health.

This session aims to promote positive parenting through behaviour guidance and improve positive outcomes for children and families.

Petra will be discussing

- what makes a child's behaviour difficult
- are your expectations developmentally appropriate?
- the difference between positive behaviour and misbehaviour
- skills to help you guide your child's behaviour

**Thursday 21 June 2018**  
**6.45 - 8.45pm**  
**Revesby Uniting Church**  
**219 The River Road, Revesby**

***Please note there is no parking on The River Road outside the church before 6.30pm***

**Bookings are essential and places are limited. Please call 0407 708 626 to book your place.**

Families Together is for mothers, fathers, grandparents and carers living in the Fairfield, Liverpool and the former Bankstown local government areas. Children's services workers, teachers, family support workers and other professionals will not be given a place.

**Child minding is not available for this information session.**