

'AT HOME' WITH SATELLITE

STAY CONNECTED BE CREATIVE KEEP WELL THESE SCHOOL HOLIDAYS!

Creating opportunities for connection, new friendships and community for children and young people where a parent or carer has a mental health challenge



8-12yrs
(approx)



CREATURE COMFORTS

- Receive a box full of fantastic craft materials
- Design and make wild creations
- Meet us on Zoom and **connect over imagined and real-life superpowers!**
- We collect pictures of everyone's creatures and turn them into a storybook to be shared with the world!

Zoom dates: Monday September 21st & 28th 10am



10-14 yrs
(approx)



CLICK!

DO YOU SEE WHAT I SEE? PHOTOGRAPHY WORKSHOPS

- Get sent a disposable camera or use a device of your for digital adventures along with scavenger hunts and photography challenges to explore your world
- Meet us on Zoom to **connect over how photography can be a cool platform to express ourselves and share stories**
- We print everyone's photos and send them back
- Help us make an online gallery and have an exhibition!

Zoom dates: Monday September 21st & 28th 1pm & 3pm



10-16 yrs
(approx)

SONGWRITING WORKSHOPS

- Zoom with the Satellite team and singer and songwriter Clare Younis to explore the song-writing process including writing lyrics and composition.
- Learn to **grow a seed of a musical idea into your own thriving, flowering song!**
- Professionally record your song to sing along to and share loudly and proudly!

Zoom dates: Wednesdays September 23rd & 30th 10am & 1pm



8-14yrs
(approx)



VOICE LAB

- Polyglot Theatre's Voice Lab is curious and pays close attention to what young people think, feel and say.
- Participants use a phone, tablet or computer to Zoom into a conversation where Voice Lab asks questions, **offering a safe and responsive space** for young people to articulate their thoughts and opinions about the world they live in.

Zoom date: Wednesday September 23rd



Visit www.satellitefoundation.org.au to register and for more program information including Zoom dates and times. For any questions don't hesitate to get in touch with the Satellite team - we'd love to hear from you!



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polyglot
Theatre is child's play

