

# PARENT INFORMATION EVENING | THURSDAY 23 FEBRUARY

The College welcomes all families to join us at the 2023 Parent Information Evening. Introducing a new format, the evening will start at 5:15pm with a Meet & Greet with Homeroom Teachers. Following this, there'll be a diverse selection of information sessions and guest speakers that parents will be able to book individually based on their interests and the age of their child.



Whilst Assistant Deputy Principals (ADPs) from Years 8 to 12 will be presenting information relevant to their year group, Year 7 parents are welcome and will find the variety of other sessions relevant. **Please book your sessions as soon as possible at [www.trybooking.com/1002358](http://www.trybooking.com/1002358).**

**Shani Andrews** Vice Principal, Head of Secondary

5:15pm	Years 8 to 12 Homeroom Teachers Meet & Greet <i>Years 8 to 10: Library Courtyard   Years 11 and 12: Pavilion</i>					
	1 Gonzaga Barry Lecture Theatre	2 Old Lecture Theatre	3 Roncalli Hall	4 Chapel	5 St Louis Sports Centre	6 Thomas More Exhibition Centre
6:00pm	Year 8 ADP Presentation	Year 9 ADP Presentation	Building Your Child's Toolkit in Managing Anxiety	Year 11/12 Offsite VET Induction	ATAR, WACE and the Marks Adjustment Process	The Science of Learning
6:30pm	Year 10 ADP Presentation	Managing Sleep	All About Pathways and Transition	Keeping Safe: Child Protection Curriculum	Study Survival Techniques	Cyber Safety Education
7:00pm	Year 11 ADP Presentation	SEQTA: A Beginner's Guide for Parents	Building Your Child's Toolkit in Managing Anxiety	ATAR, WACE and the Marks Adjustment Process	Vaping: What parents should know	
7:30pm	Year 12 ADP Presentation	Managing Sleep	All About Pathways and Transition	Faith and Mission: The beating heart of John XXIII College	Study Survival Techniques	Cyber Safety Education
8:00pm	SEQTA: A Beginner's Guide for Parents	Managing Sleep	Building Your Child's Toolkit in Managing Anxiety	The Science of Learning	Vaping: What parents should know	

# VENUE LOCATIONS



# SESSION DESCRIPTIONS

Session	Presenter	Description
<b>Year 8 – 12 Meet &amp; Greet</b>	<i>ADPs and Homeroom Teachers</i>	This is an informal opportunity for parents and guardians to meet the relevant ADP and their child's Homeroom Teacher. This is also an ideal occasion for parents to meet each other so please remember to wear your name badge.
<b>Year 8 ADP Presentation</b>	<i>Mr Cameron Haines</i>	Assistant Deputy Principal – Year 8, Cameron Haines, will provide an overview of the year ahead including a summary of the Wellbeing Program, focus areas for the year and important dates.
<b>Year 9 ADP Presentation</b>	<i>Mr Luke Bostelman</i>	Assistant Deputy Principal – Year 9, Luke Bostelman, will provide an overview of the year ahead including a summary of the Wellbeing Program, Year 9 PLUS, focus areas for the year and important dates.
<b>Year 10 ADP Presentation</b>	<i>Mrs Kalo Bell</i>	Assistant Deputy Principal – Year 10, Kalo Bell, will provide an overview of the year ahead including a summary of the Wellbeing Program, Year 10 Pathway Planning Program, focus areas for the year and important dates.
<b>Year 11 ADP Presentation</b>	<i>Mr Andrew Osnain</i>	Assistant Deputy Principal – Year 11, Andrew Osnain, will provide an overview of the year ahead including a summary of the Wellbeing Program, what to expect regarding Year 11 courses and examinations, focus areas for the year and important dates.
<b>Year 12 ADP Presentation</b>	<i>Ms Rita de Faria</i>	Assistant Deputy Principal – Year 12, Rita de Faria , will provide an overview of the year ahead including a summary of the Wellbeing Program, focus areas for the year and important dates.
<b>All About Pathways and Transition</b>	<i>Ms Jane Hedley, Head of Pathways and Transition</i>	This session is for families who are interested in understanding what Pathways and Transition is at John XXIII College; how the Pathways and Transition team supports students at the College, and the Senior School study pathways available to students.
<b>ATAR, WACE and the Marks Adjustment Process</b>	<i>Mr Greg Moran, Deputy Principal – Teaching and Learning</i>	This session seeks to de-mystify the terms used in Year 12 around courses, graduation, and the statistical adjustment of marks. We will be focused on TISC's 'Marks Adjustment Processes for University Entrance'.
<b>Building Your Child's Toolkit in Managing Anxiety</b>	<i>Ms Samantha Hurley, College Psychologist</i>	One of the most common presenting problems amongst students is difficulties in coping with feelings of anxiety. The support and guidance from family plays an important role in guiding young people through anxiety. This session will focus on understanding anxiety by exploring the origins and biology of it and key reasons why anxiety occurs. It will also address the varying ways young people may present their anxiety and the physical symptoms that come with this. Practical ways parents can support their child in managing their anxiety will be presented.
<b>Cyber Safety Education</b>	<i>ySafe Australia's Leading Cyber Safety Educators</i>	Today, technology has become a central part of young people's educational and social development. However, as fundamental and exciting as being connected to technology can be, many parents are desperate for practical and helpful information on how they can keep their kids safe on social media and games, and how to help them stay safe online. In this session, ySafe's experts will cover key topics such the social media platforms that young people are using and how to make them safer, research-based information on gaming and screen time, and step-by-step instructions on how to set up a cyber safe home. Learn more about ySafe <a href="#">here</a> .

<b>Faith and Mission: The beating heart of John XXIII College</b>	<i>Mrs Janeen Murphy, Deputy Principal - Faith and Mission</i>	Faith and Mission is at the heart of all we do at John XXIII College. This session will present information on the College's Founders, their ideals and aspirations, and how they inspired our mission statement and College life.
<b>The Keeping Safe: Child Protection Curriculum</b>	<i>Ms Carla Tripi and Mr Sean Oorloff</i>	The Keeping Safe: Child Protection Curriculum is a child safety and respectful relationships curriculum for young people aged 3 to Year 12. KS:CPC provides age and developmentally appropriate strategies to help children and young people keep themselves safe. Presented by teachers, Ms Carla Tripi and Mr Sean Oorloff, this session will provide an overview to the implementation of KS:CPC at John XXIII College.
<b>Managing Sleep</b>	<i>Ms Eva-Maria Catina, College Psychologist</i>	Scientific research shows that a quarter of Australian 14–15 year olds and a half of 16-17 year olds are not meeting the national sleep recommendations. Lack of sleep can make it harder for young people to regulate emotions, pay attention, achieve goals, and get along with others. Being tired all the time can even contribute to mental health issues. This session will discuss why sleep is important to teens, why it is hard for them to get good sleep, how they can help themselves to get better sleep and how parents can help support their teens' sleep.
<b>Offsite VET Year 11 &amp; 12 Parent Induction</b>	<i>Ms Jane Hedley, Head of Pathways and Transition</i>	This session is essential for all parents/guardians of students participating in offsite Vocational Education and Training (VET). Other parents who are interested in offsite VET are also welcome. The aim of the session to develop parents' understanding of the difference between competency-based training and College-based studies; the best way for students to succeed when combining College studies with offsite VET, and how VET can contribute to WACE and be used for university entrance.
<b>The Science of Learning</b>	<i>Mr Joel Wynn, Director of Teacher Professional Growth</i>	This session will define what learning is and explore cognitive and scientific research on how individuals learn. It will then review the implication of this research for classroom and home, providing parents with an insight on how to support their child with effective learning strategies.
<b>SEQTA: A beginner's guide for parents</b>	<i>Ms Rita de Faria and Mrs Kalo Bell, Assistant Deputy Principals</i>	This presentation is designed to help parents and guardians to navigate SEQTA and will be particularly helpful for first time users. The presentation will examine both SEQTA Learn (Student Portal) and SEQTA Engage (Parent Portal).
<b>Study Survival Techniques</b>	<i>Mr Andrew Osnain and Mr Cameron Haines, Assistant Deputy Principals</i>	This presentation broadly covers the importance of developing a consistent approach to study and understanding basic strategies to achieve study goals. The presentation will cover the following topics: the difference between homework and study; basic learning styles; how to study smarter, not harder; and how to establish a realistic study routine.
<b>Vaping: What parents should know</b>	<i>Ms Morgan Ball</i>	There has been growing concern about the harmful effects of e-cigarettes and vaping in young people. Research has found that in WA, 13.5% of secondary students have tried an e-cigarette. Parents play an important role to help prevent students from using e-cigarettes by making sure they know the facts about vaping. This presentation will provide you with all you need to know about vaping to assist you with this contemporary issue.

Please book your sessions  
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