

Lilydale High School - Excellence in Sport Application



LILYDALE
HIGH SCHOOL

Thank you for applying for a position in the Excellence in Sports (EIS) program for next year. Students need to **complete page 2 and 3** of this document and **submit it to the middle school office by Thursday 2nd of June**.

Students can apply for up to two programs, however, you will only be accepted into one program. Please indicate your priority on the application program.

Selection Process for the EIS program:

Students will be required to participate in both fitness and skills testing sessions for the EIS programs. The participation in these sessions along with the completion of the application form will be used to rank students. These rankings along with reference to the students Progress Reports will be used to decide the selection of students into the programs.

Fitness and Skills Testing:

The fitness and skills testing sessions will be held during week 7 of Term 2. The fitness testing involves completing the Beep Test, Vertical Jump Test and 20M Sprint Test. The skills testing sessions involve the students completing a skill-based training session along with competitive match simulations.

Cost of the Program:

The fees for the EIS programs are \$250 for your first year in the program and \$150 for every year after. The fees are used to purchase personal training uniforms for the students. As well as, specialised training equipment, competitions and excursions throughout the year.

How will I know if my EIS application was successful or not?

Students will be notified via email if they were successful or not in their application. Please hold off completing your subject selections until you know if you can select the EIS program or not.

Being selected into the EIS program means you have a position in the program for that calendar year. You do not automatically get accepted into the program the following year. Student's are required to maintain a minimum behaviour and participation standard. Students who fail to meet these standards will forfeit their place in the program when deemed by Lilydale High School.

Lilydale High School - Excellence in Sport Application



LILYDALE
HIGH SCHOOL

Name: _____

Sport of interest (if you wish to apply for two, indicate which is your first priority):

AFL Football

Basketball

Netball

Playing history:

	2022	2021	2020
Club			
Grade played			
Playing position			
Individual honours			

Any additional information: _____

Please respond to the following selection criteria.

1. Why should you be selected to participate in the Excellence in Sport Program?

2. What are you hoping to achieve by participating in the Excellence in Sport Program?

Physical Education Participation & Effort

Please have your Year 8 or 9 Core Physical Education teacher complete the following section.

Applicant's Physical Education teacher: indicate on the continuum below.

Participation in Physical Education classes

Never ←—————→ Always

Effort in Physical Education classes

Requires attention ←—————→ Excellent

Any additional information: _____

Year 8 or 9 Physical Education teacher signature: _____ Date: _____

Student Expectations:

The Excellence in Sports program has high expectations and standards of participation and commitment to all program activities. Students must have the passion and desire to improve at their chosen activity.

I _____ (*student name*) am committed to working to the best of my abilities to strive to improve my physical skills and conditioning at my chosen activity.

I consider myself to be an appropriate applicant for the Excellence in Sport Program.

Student (applicant's) name: _____ Date: _____

Program Fees:

Successful applicants will need to make full payment of program fees by Friday 7th October 2022 to secure their place in the program.

- The fees for each of the programs are \$250.

Parent/Guardian's signature: _____ Date: _____

This form must be completed and submitted to the Middle School Office by Friday the 2nd of June.