

Sacred Little Ones

ANGLICARE SA



Sacred Little Ones supports Aboriginal and Torres Strait Islander families living with parenting & wellbeing struggles and their little ones no more than 30 months at the commencement of group.

The group provides an opportunity for mothers/primary caregivers to connect with and nurture themselves and their little ones through song, dance play and creative self-reflection time. We also invite women in their third trimester of their pregnancy to join us.

The aim is to enhance parent – infant interaction and strengthen mothers'/primary caregiver's relationship with their little one.

The group is also for non - Aboriginal and Torres Strait Islander mothers/primary caregivers living with parenting and wellbeing struggles with Aboriginal and/or Torres Strait Islander children.

Sacred Little Ones is designed to complement, rather than replace, professional health support services. A referral can be made by Health and Allied Health Professionals for mothers and

primary caregivers with their little one in their care whose parenting and well-being struggles impact the parent – infant attachment relationship.

For more information please contact Tricia Conlin and / or Zakiyyah Muhammad
E: sacredlittleones@anglicaresa.com.au

Where

Taikurrendi Children and Family Centre

Kurna Yarta (Kurna Land)

8 Price Street, Christies Beach, SA, 5165

When

Friday 12th February – 26th March 2021

8 weekly sessions

Time

9.30am – 11.30am

Morning tea is provided

Please bring your little one's snacks and drinks

Together we change lives.