

TERM 2 - 2020

John XXIII Canteen

Winter Menu

Breakfast Menu - daily (8am - 8.30am)

Cereal Portion & 150ml milk \$3.50

Toast

2 pieces \$2.50

Fresh baked bread roll with spreads \$2.50

Tuesday to Friday (when busy)

Cinnamon / Cheese & Vegemite Scroll \$2.50

Plain Cheese Toastie \$2.30

Ham & Cheese Toastie \$2.80

Baked

Anzac Cookie \$0.80

Assorted muffins \$2.70

Banana Bread \$2.70

Gluten Free Banana Bread \$3.50



Drinks

Plain Milk - 225ml

Plain milk - 600ml

Flavoureds milk - small

- large

Fruit juice (100%) - small, popper (250ml)

- large (340ml)

Bottled water

Iced tea

Up and Go / LOL

Icreams

Quelch ice sticks / Vanilla cup / Nippy frozen juice cup

Icey Pole

Bulla light cup / Paddlepop

Paddle pop Shaky Shake

Snacks

Veggi Snap Chips / Popcorn

Whole fruit piece

Yogurt 170g

Fresh fruit salad

Cheese & Biscuits

Jelly Cup



\$1.00

\$2.00

\$2.60

\$3.80

\$2.00

\$3.40

\$2.00

\$4.40

\$3.00



\$1.00

\$1.60

\$1.90

\$2.20

\$1.80

\$1.00

\$2.20

\$3.50

\$2.50

\$1.00



Recess

Mini pie / Quiche	\$1.40	Boffin Biscuit	\$2.50	Assorted Muffins	\$2.70
Hash Browns	\$1.40	Mini Chicken Wrap	\$2.50	Banana Bread	\$2.70
Yummie Drummies	\$1.40	Gluten Free Banana Bread	\$3.50	Anzac cookies	\$0.80
Plain Cheesie Round	\$2.00	Veggi Chips/Popcorn	\$1.80	Glutem Free Raspberry Muffin	\$3.50

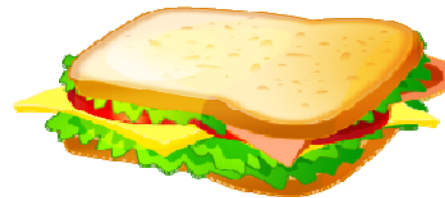
Sandwiches / Rolls (available every lunchtime)

	Sandwich	Roll		
			<u>Extra's - available for rolls, sandwiches & salads</u>	
Vegemite	\$2.00	\$2.50	Olives	\$1.00
Salad (carrot/lettuce/tom/cucum)	\$3.50	\$4.00	Cheddar cheese (sliced or shredded)	\$1.00
Cheese & salad	\$4.50	\$5.00	Avocado	\$1.20
Curried Egg / Egg mayo & lettuce	\$4.50	\$5.00	Beetroot	\$1.20
Chicken & salad	\$5.00	\$5.50	Egg	\$1.50
Tuna & salad	\$5.00	\$5.50	Roast Chicken meat	\$1.60
Ham & salad	\$4.70	\$5.00	Tuna / Leg ham	\$1.60
Egg & salad	\$5.50	\$6.00		
Ham only	\$3.00	\$3.50		
Cheese only	\$3.00	\$3.50		
Chicken only	\$3.70	\$4.20		
Chicken, avo & mayo	\$5.50	\$6.00	Tomato sauce / butter portion	\$0.40

All sandwiches & rolls are made without butter unless requested.

Lebanese Wraps

	Whole
Ham & Salad	\$6.00
Cheese & Salad	\$5.50
Chicken & Salad	\$6.00
Chichen, avo & mayo	\$6.00



WEEKLY LUNCHEON MENU

(Sorry - no variations to meals of the day)

Avoid queues & time by ordering on-line

Subject to Supplier availability, occasionally items may need to be substituted for other menu items.

Year 7-12 can order their lunch in the morning for pick up at lunchtime.

Monday

Pulled beef Toasted Wrap \$5.50
Meat / Veg Arancini \$5.00

Tuesday

Chilli Con Carne & corn Chips \$6.50
Gnocchi \$5.00



Wednesday

Sushi - 8 piece \$6.50
 - 5 piece \$5.00
Baked Potato - Cheese & bacon \$6.50
(sour cream optional)

Thursday

Butter Chicken & Naan Bread - large \$6.50
 - small \$4.00

Friday

Roast Beef & Gravy Roll \$6.50

Salad Box

Includes fork, bread & dressing.

Gourmet Lettuce, Tomato, Carrot and Cucumber \$5.00
Add - Chicken / Ham / Tuna or Egg extra for \$1.60

Pizza

Slice / Single \$3.20

Pastry

(Not available on Wednesday's)

Pies(Lighten up) - 175g \$4.00

SnackPies (Lighten up)- 110g \$3.00

Sausage roll (Lighten up) \$3.50

4 & 20 Pies (Full fat) - 220g \$4.00

4 & 20 King size sausage roll (Full fat) - 180g \$3.50

Burrito

Chicken or Vegetable \$4.50

Pasta / Easy meals (Gluten Free Lasagne & Macaroni) \$ 5.50

Fried Rice / Honey Soy Chicken

Lasagne/ Spaghetti bolognaise/ Macaroni \$4.90

Hot Dogs with or without Tomato sauce \$3.80

Burgers

Chicken / Fish / Beef / Vegetable \$6.00

(must include Salad)

