

# SUNDAY OF THE CHURCH YEAR: Proper 17A

## 30 August 2020



### MAIN POINT

**Take up your cross and follow me**

### SCRIPTURE FOCUS

Then Jesus said to his disciples, "If any of you wants to be my follower, you must turn from your selfish ways, take up your cross, and follow me." **Matthew 16:24**

### AIDS

Pop sticks or strips of cardboard, masking tape, pens

### CHAT

**At the front of our church we have a cross. Do you know why?  
What does the cross mean?**

**The cross was not a nice thing when it was used to kill Jesus. We have it in our churches to remind us of the suffering he did in our place. Sometimes following Jesus involves suffering or difficulty.**

**Today we are going to make a very simple cross.**

Make small crosses out of the card or popsticks. Write the words 'Take up your cross and follow me' on each cross.

**I want you to think about your cross this week as a reminder of how Jesus asks us to follow him in all things. I want you to hold your cross as we say our prayer.**

### PRAYER

**Dear Jesus, as we hold the crosses in our hands, help us to remember that you died on the cross to save us from our sins. You ask us to follow you in all our ways and in all our days. Help this cross remind us to follow you. Amen.**

For more information about Grow Ministries and other resources for ministry to children, young people and their families, please contact:

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