



## Note to Parents:

1. For lunch orders, please place money in a lunch order bag with your child's name and grade. Extra 20 cents will be charged for any order without lunch order bag.
2. If your child has an allergy, please write in **RED "Allergy"** at top of the lunch bag.
3. With **\*asterisked items**, a stamp will put on the lunch bag for the children to redeem the item at the canteen with their lunch bag during lunch time. Please advise your children of this procedure.
4. Any change due will be sticky taped inside the lunch bag. Please note that if CHANGE more than \$10, it will be given to the office for pick up during lunch time.
5. Order cannot be fulfilled without sufficient money, therefore an item will not be given.
6. If children find any **missing food item**, please inform the canteen immediately together with their lunch bag.
7. Please do not put stick tape or staple onto the lunch bag.

**\*\* Occasionally there are some special hot food or homemade snack over the counter during recess and lunch time. Please visit the counter for the daily special.**

**\*\* Please find updated Canteen Menu from the school's online newsletter.**

**ONLINE ORDER NOW AVAILABLE on QKR - You can place your child's lunch order on the night before OR before 9am on the day.**

### Miscellaneous

Tomato Sauce Portions	\$0.30
Soy Sauce Portions	\$0.20
Lunch Order Bag	\$0.20


#V denoted Vegetarian  
#H denoted Halal Accredited  
(HM) denoted Homemade



Canteen Manager: Silvia Yong  
Email: [silvia.canteen@gmail.com](mailto:silvia.canteen@gmail.com)

## Sandwiches



Wholemeal Bread unless White Bread requested

	Sandwich	Toasted
#V Strawberry Jam or Honey 	\$2.00	
#V Vegemite	\$2.00	
#V Baked Bean		\$3.00
#V Cheese	\$2.50	\$3.00
Ham & Cheese	\$3.10	\$3.60
#V Egg & Mayo	\$3.00	
#V Salad (Lettuce, Carrot, Tomato)	\$3.50	
<b>Add:</b> Cheese, Lettuce, Carrot, Cucumber or Tomato	\$0.60 ea	








## Healthy Choices





#V Garden Salad Tub (Lettuce, Carrot, & Tomato)	\$2.50
#V Slide Snack Combo - (Cucumber, Cheese & Crackers)	\$2.50 
#V Stick Snack Combo - (Apple, Carrot, & Cheese)	\$2.50 
<b>Add:</b> Cheese in Garden Salad Tub	\$0.60
Ham / #H Roast Chicken / Boiled Egg	\$1.00 ea




## Everyday Hot Food

#V Corn Cob	\$1.00
#V Cheesy Garlic Bread (HM) 	\$1.50
Ham & Cheese Muffin Sub (HM) 	\$2.50
Roast Chicken & Cheese Muffin Sub (HM) 	\$3.00
#V Plain Pasta & Cheese (HM)	\$3.00
#V Napoli Pasta (HM) (Add Cheese extra 50c)	\$3.00
#V Fried Rice with Vegetables (HM) 	\$3.50
#H Fried Rice with Veg & Roast Chicken (HM)	\$4.50
#V Macaroni & Cheese (HM)	\$4.50
Pasta Bolognese (HM) (Add Cheese extra 50c)	\$4.50
Beef Lasagne	\$4.50
#V Margarita Pizza (HM) 	\$3.50
Hawaiian Pizza (Ham, Cheese & Pineapple) (HM)	\$4.50
Roast Chicken Pizza (Cheese & BBQ sauce) (HM)	\$4.50

## Occasional Hot Food

Steamed Dim Sim	\$1.10
Party Pie	\$1.50
Sweet Chilli Tender	\$1.60
Steamed Pork & Veg Dumpling (3) 	\$2.50
#V Veggie Hash Brown (3) 	\$2.50
#H Chicken Dino Snacks (3)	\$2.50
#H Chicken Cup Noodles	\$3.00
#H Sausage Roll	\$3.80
Hot Dog (Low Fat) (Add Cheese extra 50c)	\$3.80
Sweet Chilli Tender Roll (Lettuce & Mayo)	\$4.50
#H Roast Chicken Roll	\$4.50
#V Cheese & Spinach Roll (Large)	\$4.50
#V Nacho's (Corn Chip, Salsa & Cheese)	\$4.50
#H Beef Pie	\$4.50
#H Beef Burger (Cheese & Tomato Sauce)	\$4.80
Chicken Burger (Lettuce & Mayo)	\$4.80

## Snacks

String Cheese 	\$0.60
Cheese Stick 	\$1.00
Carrot Stick	\$1.00
Hard Boiled Egg	\$1.00
Fresh Seasonal Fruit	from \$1.00
Slinky Apple 	\$1.50
Rice Crackers (pack of 10)	\$1.00
Choc Chip Cookie	\$1.00
Muffin (Large) (HM)	\$2.00
#H Chicken Noodle Snack	\$1.20
#H Corntos	\$1.20
#H JJs Snacks	\$1.50
Popcorn	\$1.50

## Frozen Treats (\*)

*Frozen Pineapple Ring	\$1.00
*Jelly Cup (HM)	\$1.00
*Vanilla Ice Cream Cup	\$1.50
*Calippo – Mini Raspberry Pineapple	\$1.50
*Moosies - Frozen Flavoured Milk	\$1.50
*Icy Pole	\$1.80
*Paddle Pop Ice Cream	\$1.80

## Drinks

Springwater	\$2.00
Fruit Juice	\$2.20
Flavoured Milk	\$2.50
QUENCH Fruity Spring Water	\$2.50
FOCUS Flavoured Water	\$2.50

Summer Special (Term 1 & 4)	Winter Special (Term 2 & 3)
*Frozen Quelch Juice Tube (99% Real Juice) \$1.00	*Hot Chocolate \$1.50
*Frozen Seasonal Fruit \$1.00	*Chicken Soup with Garlic Bread \$3.00
*Twisted Frozen Yogurt (97% Fat Free) \$2.20	* #V Minestrone with Garlic Bread \$3.00

\$5 MEAL DEALS available every day *Items in meal deals cannot be changed	\$6 MEAL DEALS available every day *Items in meal deals cannot be changed
<b>Number 1</b>  #H Dino Snacks (3) + Choc Chip Cookie + Focus	<b>Number 4</b>  #V Fried Rice with Vegetables + Choc Chip Cookie + Focus
<b>Number 2</b>  2 Dim Sims + Corn Cob + Flavoured Milk	<b>Number 5</b>  #H Sausage Roll + Choc Chip Cookie + Fruit Juice
<b>Number 3</b>  #V Pasta (Please specify: Cheese / Napoli sauce) + Choc Chip Cookie + Springwater	<b>Number 6</b>  Hot Dog + Choc Chip Cookie + Fruit Juice

**\$8 MEAL DEALS** for HUNGRY Children  
ONLY available from **Monday to Thursday** for specific term indicated  
\*This meal deal is not available on Friday

TERM 2 Special <b>Cheesy Autumn Bite</b> (23 Apr 2019 – 28 Jun 2019)	TERM 3 Special <b>Hearty Winter Puff</b> (15 Jul 2019 – 20 Sept 2019)	TERM 4 Special <b>Ready. Set. Summer</b> (7 Oct 2019 – 20 Dec 2019)
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HOT FOOD – Please choose <b>ONE</b> hot food		
♥ Pizza – Hawaiian OR Roast Chicken ♥ OR #V Mac & Cheese  <b>SNACK</b> ♥ Cheesy Garlic Bread	♥ Beef Pie OR ♥ #V CH & Spinach Roll  <b>SNACK</b> ♥ Hot Chocolate with marshmallow	♥ Sweet Chilli Tender Roll OR ♥ #V Nacho  <b>SNACK</b> – Please choose <b>ONE</b> ice cream ♥ Calippo ♥ Moosie ♥ Vanilla Ice Cream Cup

DRINK – Please choose <b>ONE</b> drink	
♥ FOCUS Flavoured Water	♥ Flavoured Milk – Chocolate or Strawberry
♥ QUENCH Fruity Spring Water	♥ Fruit Juice – Apple or Orange
♥ Springwater	

\*Complimentary Choc Chip Cookie from the canteen with each order.