

Lyndhurst Primary School Canteen Menu – 2019



Note to Parents:

- 1. For lunch orders, please place money in a lunch order bag with your child's name and grade. Extra 20 cents will be charged for any order without lunch order bag.
- 2. If your child has an allergy, please write in RED "Allergy" at top of the lunch bag.
- 3. With *asterisked items, a stamp will put on the lunch bag for the children to redeem the item at the canteen with their lunch bag during lunch time. Please advise your children of this procedure.
- 4. Any change due will be sticky taped inside the lunch bag. Please note that if CHANGE more than \$10, it will be given to the office for pick up during lunch time.
- 5. Order cannot be fulfilled without sufficient money, therefore an item will not be given.
- 6. If children find any **missing food item**, please inform the canteen immediately together with their lunch bag.
- 7. Please do not put stick tape or staple onto the lunch bag.
- ** Occasionally there are some special hot food or homemade snack over the counter during recess and lunch time. Please visit the counter for the daily special.
- ** Please find updated Canteen Menu from the school's online newsletter.

ONLINE ORDER NOW AVAILABLE on QKR - You can place your child's lunch order on the night before OR before 9am on the day.

Miscellaneous					
Tomato Sauce Portion	•			#V denoted Veget #H denoted Halal	
Soy Sauce Portions Lunch Order Bag	\$0.20 \$0.20			(HM) denoted Ho	
		(%)	(0.0)		<u></u>

Canteen Manager: Silvia Yong Email: silvia.canteen@gmail.com

Sandwiches

Wholemeal Bread unless White Bread requested

		Sandwich	Toasted	
#V Straw	berry Jam or Honey NEW	\$2.00	lousteu	
#V Veger	nite	\$2.00		
#V Baked	l Bean		\$3.00	
#V Chees	e	\$2.50	\$3.00	
Ham & C	heese	\$3.10	\$3.60	
#V Egg &	Mayo	\$3.00		-
#V Salad	(Lettuce, Carrot, Tomato)	\$3.50		
Add:	Cheese, Lettuce, Carrot, Cucumber or Tomato	\$0.60 ea		



Healthy Choices



#V Slide	en Salad Tub (Lettuce, Carrot, & Tomato) Snack Combo - (Cucumber, Cheese & Crackers) Snack Combo - (Apple, Carrot, & Cheese)	NEW NEW	\$2.50 \$2.50 \$2.50
Add:	Cheese in Garden Salad Tub Ham / #H Roast Chicken / Boiled Egg	•	\$0.60 \$1.00 ea

#V Corn Cob #V Cheesy Garlic Bread (HM)	Everyday Het Food		Occasional Hot Food	
#V Cheesy Garlic Bread (HM)	Everyday Hot Food	\$1.00		\$1.10
Name Steet Chilli				•
Roast Chicken & Cheese Muffin Sub (HM) (NEW) \$3.00 #V Plain Pasta & Cheese (HM) \$3.00 #V Napoli Pasta (HM) (Add Cheese extra 50c) \$3.00 #W Fried Rice with Vegetables (HM) NEW \$3.50 #W Fried Rice with Vegetables (HM) \$4.50 #W Macaroni & Cheese (HM) \$4.50 Pasta Bolognaise (HM) (Add Cheese extra 50c) \$4.50 Beef Lasagne \$4.50 #V Margarita Pizza (HM) NEW \$3.50 #W Margarita Pizza (HM) NEW \$3.50 #W Margarita Pizza (HM) NEW \$4.50 Roast Chicken Pizza (Cheese & BBQ sauce) (HM) \$4.50 Fresh Seasonal Fruit from \$1.00 Choc Chip Cookie \$1.00 Muffin (Large) (HM) \$2.00 Muff	#v Cheesy Garlic Bread (HIVI) NEW 3		•	•
#V Plain Pasta & Cheese (HM)	Ham & Cheese Muffin Sub (HM) NEW	\$2.50	Sweet Crimi Tender	\$1.60
#V Plan Pasta & Cheese (HM)	Roast Chicken & Cheese Muffin Sub (HM) (NEW)	\$3.00	Steamed Pork & Veg Dumpling (3) NEW	\$2.50
#V Napoli Pasta (HM) (Add Cheese extra 50c) \$3.00 #V Fried Rice with Vegetables (HM) NEW \$3.50 #H Fried Rice with Vege & Roast Chicken (HM) \$4.50 #V Macaroni & Cheese (HM) \$4.50 Pasta Bolognaise (HM) (Add Cheese extra 50c) \$4.50 Beef Lasagne \$4.50 #V Margarita Pizza (HM) NEW \$3.50 #W Margarita Pizza (HM) NEW \$3.50 #W Margarita Pizza (HM) NEW \$3.50 #W Napoli Pasta (HM) NEW \$4.50 #W Margarita Pizza (HM) NEW \$4.50 #W Margarita Pizza (HM) NEW \$4.50 #W Nacho's (Corn Chip, Salsa & Cheese) \$4.50 #H Beef Pie \$4.50 #H Beef Pie \$4.50 #H Beef Burger (Cheese & Tomato Sauce) \$4.80 Chicken Burger (Lettuce & Mayo) \$4.80 *Snacks Frozen Treats (*) String Cheese NEW \$0.60 Cheese Stick NEW \$1.00 Cheese Stick \$1.00 Prozen Treats (*) String Cheese NEW \$1.00 Carrot Stick \$1.00 Carrot Stick \$1.00 Prosen Seasonal Fruit from \$1.00 *Vanilla Ice Cream Cup \$1.50 Fresh Seasonal Fruit from \$1.00 *Vanilla Ice Cream Cup \$1.50	#M Disig Docto Q Chance (URA)	ć2.00	#V Veggie Hash Brown (3) NEW	\$2.50
#V Fried Rice with Vegetables (HM) NEW \$3.50 #H Fried Rice with Veg & Roast Chicken (HM) \$4.50 #W Macaroni & Cheese (HM) \$4.50 Pasta Bolognaise (HM) (Add Cheese extra 50c) \$4.50 Beef Lasagne \$4.50 #V Margarita Pizza (HM) NEW \$3.50 Hawaiian Pizza (HM) NEW \$3.50 Roast Chicken Pizza (Cheese & Pineapple) (HM) \$4.50 Roast Chicken Pizza (Cheese & BBQ sauce) (HM) \$4.50 Snacks Frozen Treats (*) String Cheese NEW \$1.00 Carrot Stick \$1.00 Carrot Stick \$1.00 Carrot Stick \$1.00 Slinky Apple NEW \$1.50 Rice Crackers (pack of 10) Choc Chip Cookie Muffin (Large) (HM) \$2.00 HH Chicken Noodle Snack \$1.20 HH Chicken Cup Noodles \$3.80 HH Sausage Roll Hot Dog (Low Fat) (Add Cheese extra 50c) \$3.80 HH Chicken Roll (Lettuce & Mayo) \$4.50 #H Beef Burger (Cheese & Spinach Roll (Large) \$4.50 #H Beef Burger (Cheese & Tomato Sauce) \$4.80 Chicken Burger (Cheese & Tomato Sauce) \$4.80 Chicken Burger (Lettuce & Mayo) \$4.80 *Frozen Treats (*) *Frozen Treats (*) *Jelly Cup (HM) \$1.00 *Vanilla Ice Cream Cup \$1.50 *Vanilla Ice Cream Cup \$1.50 *Noosies - Frozen Flavoured Milk \$1.50 *Paddle Pop Ice Cream	• • •		#H Chicken Dino Snacks (3)	\$2.50
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#H Fried Rice with Veg & Roast Chicken (HM) \$4.50 #V Macaroni & Cheese (HM) \$4.50 Pasta Bolognaise (HM) (Add Cheese extra 50c) \$4.50 Beef Lasagne \$4.50 #V Margarita Pizza (HM) NEW \$3.50 Hawaiian Pizza (Ham, Cheese & Pineapple) (HM) \$4.50 Roast Chicken Pizza (Cheese & BBQ sauce) (HM) \$4.50 #W Beef Burger (Cheese & Tomato Sauce) \$4.80 Chicken Burger (Lettuce & Mayo) \$4.50 #H Beef Burger (Cheese & Tomato Sauce) \$4.80 Chicken Burger (Lettuce & Mayo) \$4.80 Snacks Frozen Treats (*) String Cheese NEW \$1.00 Carrot Stick \$1.00 Carrot Stick \$1.00 Hard Boiled Egg \$1.00 Fresh Seasonal Fruit \$from \$1.00 Fresh Seasonal Fruit \$from \$1.00 Fresh Seasonal Fruit \$from \$1.00 *Moosies - Frozen Flavoured Milk \$1.50 Rice Crackers (pack of 10) \$1.00 Choc Chip Cookie \$1.00 Muffin (Large) (HM) \$2.00 Muffin (Large) (HM) \$2.00 #H Chicken Noodle Snack \$1.20 #H JJS Snacks \$1.50 #Use Chicken Roll (Lettuce & Mayo) \$4.50 #Hot Dog (Low Fat) (Add Cheese extra 50c) \$3.80 Hot Dog (Low Fat) (Add Cheese extra 50c) \$3.80 #Hot Dog (Low Fat) (Add Cheese extra 50c) \$3.80 #H Roast Chicken Roll (Large) \$4.50 #H Beef Burger (Cheese & Tomato Sauce) \$4.50 #H Beef Pie \$4.50 #	#V Fried Rice with Vegetables (HM) NEW	\$3.50	•	•
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#V Margarita Pizza (HM) NEW \$3.50 #V Nacho's (Corn Chip, Salsa & Cheese) \$4.50 Hawaiian Pizza (Ham, Cheese & Pineapple) (HM) \$4.50 #H Beef Pie \$4.50 Roast Chicken Pizza (Cheese & BBQ sauce) (HM) \$4.50 #H Beef Pie \$4.50 Chicken Burger (Cheese & Tomato Sauce) \$4.80 Chicken Burger (Lettuce & Mayo) \$4.80 Chicken Burger (Lettuce & Standard Full Burger (Lettuce		-	#H Roast Chicken Roll	\$4.50
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Rice Crackers (pack of 10) \$1.00 Choc Chip Cookie \$1.00 Muffin (Large) (HM) \$2.00 #H Chicken Noodle Snack \$1.20 #H Corntos \$1.20 #H JJs Snacks \$1.50 Pencorn \$1.50 *Paddle Pop Ice Cream \$1.80 *Drinks Springwater \$2.00 Fruit Juice \$2.20 Flavoured Milk \$2.50 QUENCH Fruity Spring Water \$2.50	Fresh Seasonal Fruit from \$3	1.00	*Moosies - Frozen Flavoured Milk	\$1.50
Rice Crackers (pack of 10) \$1.00 Choc Chip Cookie \$1.00 Muffin (Large) (HM) \$2.00 #H Chicken Noodle Snack \$1.20 #H Corntos \$1.20 #H JJs Snacks \$1.50 Poncorn \$1.50 QUENCH Fruity Spring Water \$2.50	Slinky Apple \$1	1.50	*Icy Pole	\$1.80
Choc Chip Cookie \$1.00 Muffin (Large) (HM) \$2.00 #H Chicken Noodle Snack \$1.20 #H Corntos \$1.20 #H JJs Snacks \$1.50 Poncorn \$1.50 QUENCH Fruity Spring Water \$2.50	Pice Coulou (cod of 40)	4 00	*Paddle Pop Ice Cream	\$1.80
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#H Chicken Noodle Snack \$1.20 Fruit Juice \$2.20 #H Corntos \$1.50 Flavoured Milk \$2.50 QUENCH Fruity Spring Water \$2.50	•		Drinks	
#H Corntos \$1.20 Fruit Juice \$2.20 Flavoured Milk \$2.50 QUENCH Fruity Spring Water \$2.50			Springwater	\$2.00
#H JJs Snacks \$1.50 QUENCH Fruity Spring Water \$2.50	,		Fruit Juice	\$2.20
Poncorn \$1.50 QUENCH Fruity Spring Water \$2.50	•		Flavoured Milk	\$2.50
FOCUS Flavoured Water \$2.50	·		QUENCH Fruity Spring Water	\$2.50
·	Ε Ο Ι ΕΙΟΙΙΙ \$.	1.50	FOCUS Flavoured Water	\$2.50

Summer Special (Term 1 & 4)	Winter Special (Term 2 & 3)		
*Frozen Quelch Juice Tube (99% Real Juice) *Frozen Seasonal Fruit *Twisted Frozen Yogurt (97% Fat Free)	\$1.00 \$1.00 \$2.20	*Hot Chocolate *Chicken Soup with Garlic Bread * #V Minestrone with Garlic Bread	\$1.50 \$3.00 \$3.00

\$5 MEAL DEALS available every day	\$6 MEAL DEALS available every day
*Items in meal deals cannot be changed	*Items in meal deals cannot be changed
Number 1	Number 4
#H Dino Snacks (3)	#V Fried Rice with Vegetables
+ Choc Chip Cookie + Focus	+ Choc Chip Cookie + Focus
Number 2	Number 5
2 Dim Sims	#H Sausage Roll
+ Corn Cob + Flavoured Milk	+ Choc Chip Cookie + Fruit Juice
Number 3	Number 6
#V Pasta (Please specify: Cheese / Napoli sauce) + Choc Chip Cookie + Springwater	Hot Dog + Choc Chip Cookie + Fruit Juice

\$8 MEAL DEALS for HUNGRY Children

ONLY available from **Monday to Thursday** for specific term indicated

*This meal deal is not available on Friday

This filed dear is not available of Friday					
TERM 2 Special	TERM 3 Special	TERM 4 Special			
Cheesy Autumn Bite	Hearty Winter Puff	Ready. Set. Summer			
(23 Apr 2019 – 28 Jun 2019)	(15 Jul 2019 – 20 Sept 2019)	(7 Oct 2019 – 20 Dec 2019)			
HOT FOOD – Please choose ONE hot food					
♥ Pizza– Hawaiian OR Roast Chicken	♥ Beef Pie OR	♥ Sweet Chilli Tender Roll OR			
♥ OR #V Mac & Cheese	♥ #V CH & Spinach Roll	♥ #V Nacho			
SNACK	SNACK	SNACK			
♥ Cheesy Garlic Bread	♥ Hot Chocolate with	– Please choose ONE ice cream			
·	marshmallow	♥ Calippo			
		♥ Moosie			
		♥ Vanilla Ice Cream Cup			

DRINK - Please choose ONE drink

- ♥ FOCUS Flavoured Water
- ♥ QUENCH Fruity Spring Water
- **♥** Springwater

- ♥ Flavoured Milk Chocolate or Strawberry
- ♥ Fruit Juice Apple or Orange

*Complimentary Choc Chip Cookie from the canteen with each order.