



8 November 2019

Dear Parents/Guardians,

UNITED SWIM CAMP 2019

Padua and Mount Alvernia Swimmers are invited to attend a pre-season swim camp held in and around the Sunshine Coast from Monday 14th January to Wednesday 16th January 2019. Limit of 30 Students only.

The cost of the camp will be \$250. This will include:

Accommodation at Amaroo Outdoor Centre (Padua camp site in Pomona), bus hire and travel expenses, catering and the hire of Noosa Aquatic Centre.

Students will be given some free time at Noosa, so they will need some spending money.

What to bring;

- **Togs, Goggles and Swim Cap**
- **Towels**
- **Drink Bottle**
- **Rash Shirt, Hat and Sunscreen**
- **Gear Bag containing Kick Boards, Flippers, Paddles and Pull Buoy**

Proposed Schedule for United Swim Camp

Monday 14th January

6.30 - 8.30am – Swim Session at Padua (breakfast provided)

9.00 - 11.30am – Travel to Amaroo

11.30 - 1.00pm – Lunch at Amaroo

1.00 - 1.30pm – Activity (inside) Amaroo - Goal Setting, Team Building

1.30 - 2.30pm – Depart for Noosa Pool

2.30 – 4.30pm – Swim Training at Noosa Aquatic

4.30 - 5.30pm – Travel to Amaroo
6.00 – 7.00pm – Dinner Amaroo
7.00 – 10pm – Movie Night
10pm – Lights Out

Tuesday 15th January

5.30 am – Depart from Amaroo
6.00 – 7.00am – Open Water Swim
7.00 – 9.00am – Beach Breakfast and Olympics
9.00 – 10.00am – Noosa Free Time
11.00 – 11.30am – Lunch Amaroo
12.30 - 2.00pm – Activity (Inside) Amaroo – Pilates and Visualisation
2.30 - 4.30pm – Swim Training at Noosa Aquatic
4.30 – 5.30pm – Travel to Amaroo
6.30 – 7.30pm – Dinner at Amaroo
8.00 – 9.00pm – Night Activity
9.30pm – Lights Out

Wednesday 16th January

7.00 – 7.30 am – Breakfast Amaroo
7.30 – 8.30 am – Pack up and load bus
10.30 – 12.30pm - Swim Training Noosa Aquatic (lunch provided)
2.30 – 3.00pm – Arrival back to College

Could we please ask that you make payments via the link below no later than Monday 19th November 2018. Permission and Medical forms need to be completed and returned to the Padua Sports Office (sport@padua.qld.edu.au) or Mt Alvernia Sports Office (whitj@mta.qld.edu.au) by Monday 19th November 2018.

Payit Link: <https://payit.nelnet.net/form/5ONeagKd>

Kind regards



Padua College

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Scott Maguire
Head of Sport
Padua College

PERMISSION TO ATTEND OFF-CAMPUS ACTIVITY

(for sports, camps, after-hours activities or excursions outside the Greater Brisbane Area)

PERMISSION AND MEDICAL FORM – TO BE RETURNED TO THE
PADUA OR MT ALVERNIA SPORTS OFFICE BY MONDAY 19TH NOVEMBER
2018.

UNITED SWIM CAMP

HEAD OF SPORT: Scott Maguire

As Parent/Guardian of

Please print

I give my consent for my child to participate in the United Swim Camp from Monday 14th January to Wednesday 16th January 2019. I consent that teachers and instructors may take whatever action they deem necessary should an accident occur to the above student. I submit the attached medical information about the student and include details of limitations which he/she has for the activity concerned.

I authorise qualified medical practitioners to administer anaesthetic if such a need arises. I understand that in such circumstances teachers will attempt to contact me but will maintain the student's well-being as a first priority.

Signed:

Date:

Name:

(BLOCK LETTERS PLEASE)

EMERGENCY CONTACT DETAILS

PLEASE USE BLOCK LETTERS

Please provide two contacts	Contact 1	Contact 2
Relationship		
Name		
Work No.		
Home No.		
Mobile No.		
Email Address.		

PLEASE COMPLETE MEDICAL INFORMATION ON BACK OF THIS FORM.

MEDICAL INFORMATION

It is imperative that all information provided is clear, accurate and fully disclosed to assist Padua College staff and medical personnel to care for students to the best of their ability. Please take the time to ensure the best possible care for your son.

Student name:	
Date of birth:	
Medicare No.	
Private Medical Coverage	YES / NO Name of Fund:
Family Doctor Name:	
Phone No:	

MEDICAL DETAILS					
Circle YES or NO					
Allergies to Medical Drugs	YES NO	Specific Allergies insects etc	YES NO	Asthma	YES NO
Diabetes	YES NO	Epilepsy	YES NO	Other (specify below)	
Details of medical condition answered YES above					
Details of any other medication that your child is currently on (including dosage, frequency and storage requirements)					
Details of any special dietary requirements					
Other information that you may feel is relevant to your child attending this activity.					

Padua College subscribes to the Student Accident Insurance Plan for approved school activities. Details can be obtained from the College.



SUMMER SWIM CAMP

Padua and Mount Alvernia Swimmers are invited to attend a pre season swim camp held in and around the Noosa region in January 2019. This camp is open to Year 7-12 students from both colleges.

The camp will be based out of the Amaroo Outdoor Centre (Padua camp site in Pomona) and utilise the Noosa Aquatic Centre and stunning Noosa Beach to conduct training sessions.

Come and kick start the AIC and CaSSSA swimming season with your friends.

Limited to 30 students only in 2019

Book your Spot by 19 November [Click here to Register](#)

Jan 14-16 | \$250 cost | Open water and Pool Sessions | Beach Olympics

