

# CONGRATULATIONS!!!

...on your District Athletics success and on being invited to compete in the:



## MAROONDAH / MANNINGHAM AND YARRA DIVISION ATHLETICS CARNIVALS

**DATE:** Thursday 10<sup>th</sup> October 2024  
**VENUE:** Bill Sewart Athletics Track,  
 (Rear) 330 Burwood Highway,  
 Burwood East, VIC., 3151.  
**COST:** \$10 per competitor per event (\$20 team entry for  
 relays), payable to the competitor's school via the  
 school's instructions. Please contact your school's  
 Sport Coordinator for further information.

**SPECTATORS  
FREE!**

### FAQ's: CARNIVAL & TRACK INFORMATION

- \* No. of lanes: 12 X 100m & 8 X 200m
- \* Spikes are not permitted in:
  - \* 800m or 1500m events – in ANY age group.
- \* One false start will be allowed. Any further 'breaks' (by any competitor) will result in disqualification of the offending athlete.
- \* Height of Hurdles:
  - \* 9/10 & 11years: 60cm.
  - \* 12/13 years: 68cm.
- \* Where a clash of a track event and a field event occurs, a competitor should report to their field event for full instructions.

### *Track Schedule*

(Times are approximate)

#### Running Order (...for all track events)

Age Group	Division	Gender
12/13 & 12/13 MC	Maroondah / Manningham	Boys
12/13 & 12/13 MC	Yarra	Boys
12/13 & 12/13 MC	Maroondah / Manningham	Girls
12/13 & 12/13 MC	Yarra	Girls
11 & 11 MC	Maroondah / Manningham	Boys
11 & 11 MC	Yarra	Boys
11 & 11 MC	Maroondah / Manningham	Girls
11 & 11 MC	Yarra	Girls
9/10 & 9/10 MC	Maroondah / Manningham	Boys
9/10 & 9/10 MC	Yarra	Boys
9/10 & 9/10 MC	Maroondah / Manningham	Girls
9/10 & 9/10 MC	Yarra	Girls

Event	Time
1500m	9:15am
80m hurdles	10:15am
100m & 100m MC	11:00am
200m & 200m MC	11:45am
4 x 100m relay	12:30pm
800m	1:45pm

Recording Table Use:

**Please highlight the event for which this athlete has been invited to progress.**

### *Field Schedule*

(Times are approximate)

Time	Field Events (Group 1)
9:15am	9/10 Discus
9/10 & 9/10 MC	Long Jump
11 & 11 MC	Shot Put
11	Triple Jump
12/13	High Jump

Time	Field Events (Group 2)
10:45am	9/10 High Jump
11	Discus
11 & 11 MC	Long Jump
12/13 & 12/13 MC	Shot Put
12/13	Triple Jump

Time	Field Events (Group 3)
12:15	9/10 & 9/10 MC Shot Put
9/10	Triple
11	High Jump
12/13	Discus
12/13 & 12/13 MC	Long Jump

\* Maroondah and Manningham Divisions are considered one division for the purposes of this event

\*MC=MultiClassAthletes

**The winner and runner-up of each Division final will receive an invitation to progress to the Eastern Metropolitan Region Athletics Championships to be held on:**



**DATE:** Thursday 24<sup>th</sup> October  
**TIME:** 9:00AM – 3:15PM  
**VENUE:** Doncaster Athletics Track,  
 George St, Doncaster East.

**COST:** ALL EMR EVENTS HAVE FREE ENTRY IN 2024. NO COST WILL BE APPLIED TO ATHLETES, NOR TO SPECTATORS.