

# Parent Information Night: Transitioning Student into Year 7



Join Dr Amanda Mullin as she discusses insights and strategy assisting Grade Six Students and they transition into Secondary School.

This session is designed to inform parents and care givers on how to assist with managing the changes and challenges that Year 7 may bring.

*Hosted online via Zoom, please be sure to register and don't miss out!*

**Hosted by Kingston  
Youth Services**

**Date: Monday 2nd  
December 2024**

**Time: 7.00pm-8.00pm**

**Cost - FREE!**

**Register here:**

[https://www.trybooking.com/  
CWQZW](https://www.trybooking.com/CWQZW)



Dr Amanda is a Doctor of Clinical Psychology and Founder of the multi-award-winning healthcare businesses Mindworx Psychology, Mindworx Online and Think-Differently.

As a sought-after speaker and trainer, Amanda regularly presents on topics like emotional intelligence, stress management, neurodiversity and mental health in schools and corporate settings. Her signature programs, including "Help Your Anxious Child", "Parenting an ADHDer" and the upcoming "Think Differently 2025" are designed to empower individuals and organisations to achieve their full potential by increasing self-awareness and fostering a growth mindset.

Amanda's passion for authentic, holistic wellbeing includes a willingness to share her own story as an ADHDer and as a cancer survivor. Her approach to mental health and wellbeing.