



# BNWPS ISOLYMPICS GREAT BOUNCE RELAY - ISOLYMPIC GAMES - SPRING STEP

## IsOlympic Games – Friday 11<sup>th</sup> September

Put away the books, pencils and screens - a learning free day just like Whole School Sports Day. Have some fun, compete against your peers and earn points for your House team.

### When: Friday 11th of September

- 9am Opening Ceremony via BNWPS Radio
- 9:20 House Chants
- 9:30 PE Skills round
- 10:30 Recess
- 11am Creativity round
- 12pm Lunch
- 1pm Strength/Endurance round
- 2pm Closing Ceremony via BNWPS Radio

**Where:** your living room, backyard, front yard, driveway, or local park. Wherever you can complete the events! Just remember to comply with the current Stage 4 DHHS restrictions.

**How:** compete in all or at least one event from each round, record your best score and send through your results to Tom via Seesaw or Google Classroom.

- House Captains are preparing instructional videos for each event that will be on SeeSaw and Google Classroom.
- Scores will be tallied throughout the day, with winners of each event announced at assembly.
- Earn bonus points if you can 'Beat Tom' in any of the events.
- Tune into <u>BNWPS\_Radio</u> for score updates, teacher and student interviews and some great tunes to get you up and active!

The most important part of any competition is preparing and training to the best of your ability. So, the next two weeks of PE lessons will be used as training to prepare for the day's events, so make sure you check those lessons, so you are fully prepared for the day. Practice does not make perfect. Perfect practice makes perfect! Missing you all so much!

Tom Nelson

### Great Bounce Relay – Friday 11<sup>th</sup> September

Can we keep a ball bouncing for 5 hours? This is your challenge for the Great Bounce Relay!

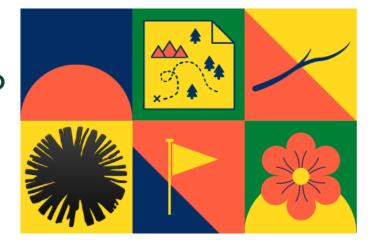
When: Friday 11<sup>th</sup> September Who: we will need hundreds of BNWPS students to commit to bouncing a ball for ONE minute each

**Schedule:** check out the schedule for the day (attached) and sign up on Seesaw or Google Classroom

Keep on practising your bouncing and your Bounce Beat or make up a new one! Jack Madin

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S le need BNWPS students to bounce a ball (or a pretend	<b>STUDENT BOUNCERS</b> We need BNWPS students to sign up to do their bit for the Great Bounce Relay! They will need to bounce a ball (or a pretend ball!) for the entire minute that they choose!	ERS at Bounce Relay! They will need ey choose!	TIME 6. BNWPS Bouncers are needed from 9am until 2pm!	TIME & DETAILS loers are Friday, September 11th 3am until 2pm! 2020
	SCHEDULE F	SCHEDULE FOR THE GREAT BOUNCE RELAY	<b>OUNCE RELAY</b>	
FOUNDIES	JUNIOR G		MIDDLES	SENIORS
FK 9:00 - 9:14	<b>JB</b> 10:00 - 10:19	CE 11:00 - 11:14	TD 12:00 - 12:11	DR 13:00 - 13:11
LF 9:15 - 9:29	LD 10:20 - 10:39	MR 11:15 - 11:29		TP 13:12 - 13:23
CM 9:30 - 9:44	<b>SJ</b> 10:40 - 10:59	JHW 11:30 - 11:44	RAH 12:24 - 12:35	JW 13:24 - 13:35
CB 9:45 - 9:59		NF 11:45 - 11:59	BM 12:36 - 12:47	AL 13:36 - 13:47
			<b>BD</b> 12:48 - 12:59	MM 13:48 - 13:59

# BNWPS PRESENTS



SAT 12 SEPT SUN 13 SEPT

2020. Yikes.

Sadly the cancellation of many of our events, both big and small - such as our much loved Winter Magic Market, Whole School Sports Day and the Plant & Produce Markets has resulted in the loss of not just these wonderful events that strengthen our community but also the opportunity to raise funds for our beautiful school.

BNWPS has always been good at putting the fun in fundraising.

The IsOlympics will conclude on the weekend with a WALKATHON come scavenger hunt. The aim is to continue the active theme of the IsOlympics, share the BNWPS community spirit, have some fun and maybe even raise a few dollars for the school along the way.... all whilst strictly complying with current Stage 4 DHHS restrictions.

### When: 1 hour (at a time of your choice) on either Saturday 12<sup>th</sup> or Sunday 13<sup>th</sup> September

#### Where: your local streets

### How: there are lots of ways to get involved at a level that suits your family

- WALK/RUN/SCOOT/RIDE/SKIP along one of the predetermined routes (maps available soon) or along your own route.
- Nominate a distance, seek DONATIONS and share the <u>GoFundMe</u> page with friends and family.
- Find and decorate a STICK in your House team colour (no plastic please) to carry on your walk so other BNWPS families can spot you. You may also like to dress up in your House team colour or in a fun costume.
- The predetermined route MAPS will include scavenger hunt items e.g. local landmarks, footpath chalk art and the location of a stick cubby drop off point at Jacobs, Dunstan and Shore Reserves. If you are outside the 5km radius feel free to set up your own drop off point, scavenger hunt or chalk activities. Tell others about it on the community Facebook page or email CET.
- If you live along one of the routes, decorate your house or cheer on participants from your front yard.
- Tune into **<u>BNWPS\_Radio</u>** to keep your feet moving!
- Share your PHOTOS on the <u>Kudoboard</u> or community <u>Facebook page</u>

We encourage you all to join in whichever way you can – bring some **Spring into your Steps** and **BNWPS to the streets**. You can't stop to chat with other families, but a friendly stick wave is a start.

It is everyone's responsibility to understand and strictly adhere to the current Stage 4 DHHS Coronavirus (COVID19) restrictions during the event. They can be found at <u>http://www.dhhs.vic.gov.au</u>

Look out for additional information (like the optional route maps) via email, on Sentral & the BNW Facebook page.