

## WEST LEEDERVILLE BRANCH

22 Southport Street (corner Cambridge Street)

### Parenting Courses

<p><b>PARENT CHILD CONNECTION x 4 weeks</b> Being a parent can be tough. People with primary school children are invited to this four week course to learn new skills, feel better about their parenting and gain confidence. <a href="#">Read more</a></p>	<p>DATE: 6 13 20 27 June DAY: Tuesday TIME: 6.30-9pm COST: \$50person/\$75 couple</p>
<p><b>PARENT TEEN CONNECTION x 1 day</b> This course aims to reduce stress and teach parents how to communicate, negotiate and minimise conflict. <a href="#">Read more</a></p>	<p>DATE: 10 June DAY: Saturday TIME: 9.30am – 4.30pm COST: \$50person/\$75 couple</p>
<p><b>EMOTIONAL COACHING</b> This seminar explores the most helpful way of responding to a child to help them to learn how to regulate their own emotions. <a href="#">Read more</a></p>	<p>DATE: 21 June DAY: Wednesday TIME: 6.30-9pm COST: \$30 per person</p>
<p><b>KIDS AND TODAY'S TECHNOLOGY</b> This seminar will help parents gain an understanding of today's technology and the impact on teenagers. <a href="#">Read more</a></p>	<p>DATE: 22 June DAY: Thursday TIME: 6.30-9pm COST: \$30 per person</p>
<p><b>ROCK &amp; WATER PROGRAM</b> We encourage fathers, mothers, daughters and sons to spend a Saturday morning together examining their emotional connections with each other whilst learning new skills to strengthening family ties. <a href="#">Read more</a></p>	<p>DATE: 24 June DAY: Saturday TIME: 8.30am – 12.30pm COST: \$70 per adult/child pair</p>
<p><b>MUMS RAISING BOYS</b> Mothers, who are usually their son's primary female role model, play a vital part in developing their son's identity, including their ability to be nurturing. <a href="#">Read more</a></p>	<p>DATE: 28 June DAY: Wednesday TIME: 6.30-9pm COST: \$30 per person</p>
<p><b>DADS RAISING BOYS</b> This workshop will assist dads to build their sons' self-esteem, healthy identity and resilience as well as managing challenging behaviours. <a href="#">Read more</a></p>	<p>DATE: 28 June DAY: Wednesday TIME: 6.30-9pm COST: \$30 per person</p>
<p><b>ALL ABOUT ANGER for Parents and Teens</b> This workshop for parents and teens has been designed to assist families when anger is an issue. It includes some simple skills to help you respond more positively when anger shows up. <a href="#">Read more</a></p>	<p>DATE: 5 July DAY: Wednesday TIME: 6.30-9pm COST: \$50 per family</p>

Concessions are available

**As bookings are essential please ring 6164 0200**