

Grow Wellbeing

LITTLE LEGENDS GROUP PROGRAM



**Registration is
open until 30th
of June 2021**

SOCIAL SKILLS GROUP

- Social Interaction
- Full of Adventures
- Team Sports
Activities
- A lot of Fun !

2 DATES AVAILABLE

06/07/21 &
13/07/21
10AM-12PM

Open to:

Boys & Girls between 6 to
10 years of age

High energy levels or
willing to give it a go to
physical activities

Ready to meet and make
friends



Grow Wellbeing

This school holidays we are preparing two social skills group for children between 6-10 years of age.

- Our main goal is to support social interaction and play/fun among group participants using high energy activities
- Group Size: Maximum places are set at 10

The group is therapy focused and uses sport and recreation to create a safe space for participants to:

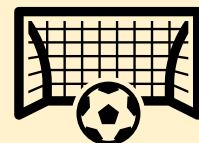
- socialise and practice social and communication skills**
- explore friendship**
- emotional understanding**
- further physical and motor skills in a social space**
- build individual confidence in a social setting**

Two sessions aimed at supporting positive socialisation while participating in positive experiences.

Run by experienced Health professionals:

Jon Morton, Ben Buttfield and James McCance

Our focus is on positive reinforcement and encouraging children to actively share things about themselves in a supportive, rule bound group.



What you need to know

2 DAYS PROGRAM

WEEK 1: 6^H OF JULY 2021 10AM TO 12PM (*)

(*) this is a draft program and as we are raising expressions of interests, dates & times may be subject to changes if enough parents/guardians prefer another dates or times.

10:00 AM - Warm up; rules; group sharing (15min)

10:15 AM - Flip out Munno Para indoor kids gym (60-80 min) (**)

11:30 AM - Team Sport Activities (depending on group preferences) (25 min)

(**) This is a draft program prepared for most of our participants based in the northern suburbs of Adelaide; however, if we have enough participants interested in the west/east/southern suburbs we will change/add dates and locations to suit those participants

WEEK 2: 13TH OF JULY 2021 10AM TO 12PM (*)

10:00 AM - Warm up; group sharing (15min)

10:15 AM - Latitude Greenacres (60-80 min) (**)

11:30 AM - Team Sports/Team Challenges (25 min)



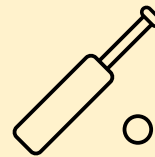
What to bring

Water bottle

Covered shoes

Jacket/jumper

Spare clothing



What to expect

Transportation: Grow wellbeing can pick children up from their home location or guardians can drop of at our head office 121 North east Rd, Collinswood.

Snacks, water provided

GUARDIANS: Very encouraging of parental/guardian involvement, its all about having positive, playful, fun experiences in a social environment

Grow Wellbeing health professional staff will run the group and all efforts will be made to connect your child up with an existing therapist they are connected to, enabling them extra support

Cost Involved

- The cost of the group is \$185/day (NDIS rebate full amount) (*) enquiry for extra cost if you prefer GWB to pick child up from their home
- After you complete the registration form, we will invoice you/your plan manager as prior payment its required to help us to be ready ahead in time
- If you are not able to attend a session, the full group cost will be charged
- We recommend for your child to attend both dates to maximise friendship building skills

Parent attendance is not required but one adult per family is more than welcome to join in if they wish.

TO REGISTER TO ATTEND THIS PROGRAM, PLEASE FILL IN THE
[REGISTRATION FORM AVAILABLE HERE:](#)



If you need more information or you would like to talk with one of our therapist about the group program, please contact us

Grow Wellbeing Services
08 8234 2562
admin@growwellbeing.com