



## Reach Out and Connect: Suicide Conversation for Parents and Carers

Guest Speakers: The LifeConnect Team, Neami National

**Tuesday 20 June 2023**

**7 – 8.30pm**

**Via Zoom**

Suitable for all parents and carers of young people

Bookings essential

[Registration](#)

For more information, contact  
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Join us for a webinar in recognising and supporting young people who may be at risk of suicide.

The presentation topics include;

- Suicide and suicidal thinking.
- Young people are at higher risk of suicidal thoughts and behaviours - Understand why a young person might feel this way.
- Gain confidence in asking appropriate questions and listening with empathy.
- Learn how to play a part in community suicide prevention and support the wellbeing of young people in your family.

*This session is based on evidence-informed practice and was developed in consultation with people with a lived experience of the impacts of suicide.*