



CHILD PSYCHOLOGIST AT SCHOOL

Welcome to Paediatric Psychology

Hi! I'm Thao and I've been a registered psychologist for many years. Paediatric Psychology is a child & adolescent psychology service located in Melbourne's inner north, offering psychological therapy for children and support strategies for Parents, Carers & School.

At Newlands Primary School, I'm offering individual psychological therapy for children with anxiety, depression, autism spectrum, attention deficient, defiant challenges, emotional regulation, school issues & refusals and other psycho-social stresses. When suitable, I will facilitate group program focusing on mood, anxiety, and emotional regulations. When required, I may be able to provide psychological assessment of cognitive and learning testing.

Accessing School Psychologist At Newlands Primary

National Disability Insurance Scheme (NDIS) self-managed and plan-managed participant can access my service at Newlands Primary upon complete of the '*NDIS Child Intake Form*'.

Medicare (not valid for NDIS clients) - Parents will need to obtain a **Mental Health Care Plan (MHCP) with your Medical Practitioner (GP/Paediatrician)** for children to be eligible for a Medicare psychology bulk billed service - *there will be no out of pocket cost for families*. The Mental Health Care Plan (MHCP) provides a maximum of **TEN** individual sessions and **TEN** group therapy sessions per year, starting from the date of your referral. A review will be conducted by your doctor after six sessions to determine should you require an additional four. There are 20 minutes or 50 minutes consultation of therapy, observation, and professional liaison.

With a valid MHCP referral and completion of the '*Medicare Child Intake Form*' children can access my service at Newlands Primary.

For all school referrals and enquires about my service at Newlands Primary, please contact Sonya O'Brien the well-being coordinator. Sonya will provide all intake consent forms upon request.

Please do not hesitate to contact me if you have any questions or concerns about paediatric psychology.

Kind Regards

A handwritten signature in black ink, appearing to read 'Thao Lam'. The signature is fluid and cursive, with a large loop at the end.

Thao Lam | Psychologist | Paediatric Psychology
BPsych, PostGradDipPsych, ProPsych, General Registration
AHPRA PSY0001753804