



PRIMARY YEARS

Toolbox Parenting courses are bursting with practical strategies, ideas and insights to inspire and equip you on your parenting journey – wherever you're up to. Each session will leave you with a range of activities and strategies to try at home.

Location: Good Shepherd Lutheran School & Church, Para Vista

When: Term 3, weeks 3-8 (Tuesday mornings 8:45 – 10:45 onsite and Thursday evening 7pm – 9pm via Zoom)

Cost: \$20 per book (couples attending together can share a book and only need to pay one fee).

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Parent Testimonial:

I had a wonderful time attending the Toolbox Parenting Course facilitated by Renee and Georgie. To spend six weeks going through a comprehensive manual, watching videos, reflecting on my parenting style and having group discussions in a safe and supportive environment with others about parenting was so enriching. There were some tools and techniques that I already use, but so many others that I hadn't even thought of. The ideas and advice from others in the group were so valuable, as well as the knowledge that I am not alone in this parenting journey.

Mum of Stage 3

What to expect

6 sessions per course
Run in small groups by a trained facilitator
Fun, practical and inspirational.

Topics Include

- The importance of love and connection
- Different parenting styles
- Understanding your child and their BIG feelings
- Discipline and boundaries
- Play and lots more!

