

What's On This Week

[Queensland Police | Recruiting Seminar – Brisbane](#)

February 6, 2023

Police officers aren't born, they're made. And every little thing you've been through, made you. You're already ready.

The Queensland Police Service is recruiting real life experience, to make a real difference.

Not sure if you:

- Meet the requirements?
- Are the right person for the job?
- Get paid as a police recruit?
- How you progress in the QPS?
- What is expected during the recruiting process and the cost involved?

These and many more questions will be answered during this Recruiting Information Session.

This information session is conducted by experienced, current serving police officers. Not only will they explain the requirements for entry, but they may also give you an insight into their own experiences.

During the information session you are welcome to ask questions.

[Find out more](#)

[WEP | Student Exchange Info Session](#)

February 7, 2023

Imagine making friends from all over the world, learning about yourself and the world around you and seeing sights you could only dream of! Find out more about your student exchange opportunities at WEP's online info session.

[Find out more](#)

Scholarships

[How Much Difference Could a Scholarship Make?](#)

As much as we like to think it is, university isn't necessarily accessible for everyone. One of the common barriers stopping people from accessing higher education is the cost. But this is where scholarships come in.

The purpose of scholarships is to provide students with extra funding, helping them to access university when they might not have been able to before. But just how much difference could a scholarship make? Let's find out.

How much impact will a scholarship have?

The exact impact of a scholarship will depend on a few factors, including how much the it's is worth, and how much support you need.

Say you're looking to study, but can't afford the costs of textbooks and a laptop. In this case, a scholarship worth a few hundred or thousand dollars as a one-off payment would be ideal.

If you can't afford accommodation and need to move away from home to study, you'll need a scholarship that either offers tailored support for accommodation, or one that's worth a bit more money.

The best thing is there are tons of scholarships out there that offer a variety of different kinds of support. And they're available for lots of different needs.

In a lot of cases, it can make the difference between attending university and not being able to go at all.

Scholarship success stories

But you don't just have to take our word for it. There are lots of stories about there from real students about how a scholarship helped them to achieve their study goals.

[Sara Salmeron](#) was a recipient of the Radford Foundation Second Chance Scholarship at La Trobe, and being awarded the scholarship helped her to “cut back on [her] work hours and dedicate more time to studying, completing assessment tasks and, most importantly, exam preparation”.

Receiving a scholarship from the University of Melbourne helped student [Claudia Cox](#) move to Melbourne from a small community, taking financial pressure off her and her parents.

[Clinton Tran](#) was able to afford to continue his studies at Griffith after the COVID-19 pandemic meant he and his parents no longer had jobs.

And [Jacqueline Orme](#) was able to cut her transit to UNSW by 3 hours after receiving a scholarship that helped her to afford on campus accommodation.

Find out more

You can read more about scholarships and search our database [here](#).

University Spotlight

[University Spotlight – UNSW](#)

Find out everything you need to know about study, living, support, and more at UNSW in our latest university spotlight.

Campuses & Access

UNSW occupies a very generously sized campus located in Kensington, right near the heart of the Sydney CBD, and it's easily accessible by bus and light rail. There is some on-campus parking, but it's not free and may be tricky to access. There's also a smaller campus not far away in Paddington which houses the specialist Art & Design facility, and there are shuttle buses that run between the campus and a night shuttle bus as well.

The size of the Kensington campus means it can be difficult to navigate at times. The campus is on a slope, with a fairly intensive walk with several sets of stairs between the lower and upper campus. It takes around 15 minutes to walk from one end of the campus to the other.

Most of the buildings on the Kensington campus are accessible by wheelchair, and multi-storey buildings contain lifts for access to higher floors. Because of the huge size and sloping nature of the campus, getting around can be difficult, particularly for people with a disability. You can view an accessibility map of the campus [here](#).

Online Learning

As UNSW only offer 17 [online courses](#), and these are all for postgrad students, you might struggle to find a flexible online learning option for undergraduate entry. Most courses offered in a blended mode (a mix of online and on-campus) are also postgrad.

If you're looking to study at an undergraduate level at UNSW, you'll probably need to study on-campus.

Study Options

UNSW offer undergraduate courses in all the standard study areas, and are one of the only universities in Australia with an undergraduate [Medicine](#) program.

UNSW offer certain double degree combinations that allow you to fast track your studies. You can generally commence study in any term of the year (excluding the Summer term).

The academic year is split across three terms (trimesters), running roughly from mid-February to early December, with 2 week breaks between each term. A short optional Summer term is also offered from early January to early February. No classes are run over the Christmas and New Year period. Standard teaching hours are Monday to Friday, 9am to 9pm. You can view the academic calendar for the year [here](#).

There is little flexibility in course offerings, and subjects can only be taken in the terms they are offered, which is at the discretion of the university. All students typically take subjects in a set order, and most courses are made up of core subjects (including your major or minor), plus some elective subjects. Course subjects and structure can be viewed in the [course handbook](#).

Accommodation & Living

UNSW offers a variety of both on- and off-campus accommodation options catered to students. There are 7 colleges and 4 apartment units operated by UNSW, as well as 5 additional affiliated colleges and 2 affiliated apartments.

Accommodation places are limited and competitive, so it's recommended to apply as soon as possible, even before results are released. Applications to some colleges also require additional documentation, including references, academic transcripts, and a letter of application – you must also attend an interview before being offered a place.

Sizes vary from studio to multi-bedroom options. 2023 prices vary between \$150 to \$797.70 per person per week, depending on size and location. Some accommodation options offer catering and cleaning services. The fees for all colleges and apartments include all utility bills – electricity, water, and internet (Wi-Fi).

In 2023, only yearly contracts are offered. Students must reapply for accommodation at the beginning of each year. There is no accommodation guarantee for first year students.

You can see all accommodation options and application processes [here](#).

Living off campus in Sydney, particularly in the suburbs around UNSW, can be incredibly expensive (the [current median rental price](#) for an apartment in Kensington is \$575 per week), and rental options are generally highly competitive. More affordable options further away can mean a very long travel time to and from campus.

Campus & Teaching Facilities

You'll find lots to do on campus, and the Kensington campus has a wide variety of cafés and eateries. Other facilities include grocery stores, bookshop, pharmacy, physiotherapy studio, dentist, optometrist, and fitness and aquatic centre. There is a large library on-campus, as well as a separate law library. The Paddington campus also has a small library.

The Kensington campus has several specialist teaching buildings, particularly for STEM areas, including labs and research facilities. The Paddington campus has been purpose-built for art and design teaching, including fully equipped studio spaces, production facilities and media labs, so you'll be learning in some of the best facilities on offer.

Student Support

UNSW offer a variety of student support services, ranging from Equitable Learning Services, academic support, career and professional development support, and health and wellbeing services.

All of this information is easy to find and access on their website [here](#).

Industry Partnerships

UNSW has a variety of partnerships with industry and business, particularly in engineering, design, and business areas. They offer [Work Integrated Learning](#) (WIL) options in nearly all course areas, which means you'll be able to gain real-world experience before you finish your degree.

UNSW also has close ties with government, including being the only university integrated with the [Australian Defence Force Academy](#) (ADFA).

Information Accessibility

UNSW's website is generally easy to read and navigate. They have most important information about study options, accommodation, scholarships, and support services in an easy to find place on their website. Their website includes a search function, which is easy to find and mostly provides relevant results.

Tours & Information Sessions

You can take a virtual tour of the Kensington campus [here](#). They also run [in-person tours](#) on Saturday for the Kensington campus and Thursday for the Paddington campus.

UNSW run on campus information events for future students sporadically throughout the year. You can view the upcoming calendar of events [here](#).

Next Steps

If you're interested in study at UNSW and want to find out more information, the best way to do this is to contact them, either by phone on 1300 UNI NSW (1300 864 679), through [online chat](#), or [email](#). They also have a comprehensive list of [FAQs](#).

UNSW also run one Open Day a year, scheduled for September.

Getting Ready for Work

[The Top 3 Things High School Students Need to Include in Their LinkedIn Profile](#)

You probably already have about a hundred and one different social media accounts and profiles, from Instagram to TikTok. But have you given any thought to LinkedIn?

Unlike other social media sites, LinkedIn is made especially for your professional side. It's where people go to network, look for jobs, and form professional connections. Even if you're still in high school, it's definitely worth setting up a profile now, especially if you want to look for casual or part-time work.

Here are the top 3 things high school students need to include on their LinkedIn profile.

An appropriate profile picture

Because LinkedIn is a professional platform, your profile picture should be (you guessed it) more professional. The selfie of you and your mates from your Facebook page probably isn't going to make the right impression.

Take a look at some profiles and you'll see the pictures have a few things in common. An ideal profile picture for LinkedIn should be a head or half-body shot, wearing something smart looking, in front of a plain or uncluttered background.

A quick summary statement

While LinkedIn is mainly about your professional and educational achievements, potential connections and employers will still want to know a little bit about who you are.

Adding a summary at the beginning of your profile is a great way to show off your dreams, motivations, and passions. Make sure you use proper spelling and grammar to make the best possible impression.

Any skills you already have

Your LinkedIn profile will have a dedicated section for you to add your skills. Not only is it a great way for you to impress potential employers, your connections can also “endorse” your skills – so people know you're the real deal.

Don't forget to go back every now and then and add or update any new skills you've acquired.

Find out more

If you need some tips on filling in the rest of your profile, LinkedIn have created a [handy checklist for students](#) (with examples) you might like to check out.

Or you can find more job search tips on our [website](#).

Work Experience

3 Things to Think About When Looking for Work Experience

If you've been looking for work experience, you might be having some trouble knowing whether or not a placement is right for you. We've got some tips that can help you narrow down your options and make the right choice.

Think outside the box

You might already know exactly where you want to do your work experience. But sometimes it's not always possible to get exactly what you want.

Say you'd like to work at a zoo one day, so you look for work experience at a zoo nearby, but their placements are all taken – or there are no zoos where you live. What next?

Well, you could always do a placement somewhere similar, where you'll be doing similar tasks and gaining valuable skills. Think about other places you might be able to work with animals – at a local shelter, at a vet's office, or even with animal management at the local council. Just because your dream option won't work doesn't mean there aren't tons of other valuable opportunities out there.

In-person vs virtual

One thing you should consider when looking for work experience is whether you want to do your placement in-person or virtually. Both sides have their pros and cons, so here are some things to think about when making this choice:

- What's available near me, and does this interest me?
- What do I want to get out of this work experience placement?
- Do I have a reliable way to get to and from an in-person placement?
- Do I have the appropriate hardware and software to do a virtual placement?

If you want to know more about virtual work experience, [check out this blog we wrote](#).

Do some research

Before you commit to a work experience placement, it's always good if you can have a chat with your potential employer to get a feel for the place and what to expect.

Make sure you know exactly what is expected of you, such as what time you need to show up and what you need to wear or bring with you.

If a placement runs over a set date, make sure you can fully commit to it.

As a work experience student, you should never be expected to do work that a paid employee would be doing. Most of your day will involve shadowing, asking questions, or working on mock projects or exercises. If you have concerns, speak with a senior employee or manager, or get in touch with your school, and if you need to you can also contact the [Fair Work Ombudsman](#).

Looking for work experience?

If you're looking for more work experience opportunities, take a look at [our database](#), packed with opportunities.

Competitions

[5 Reasons Why You Should Enter Competitions While You're Still at School](#)

There are tons of competitions out there, and if you're thinking of entering one, we've got some reasons why you should do it while you're still at school.

Build important skills

By entering competitions, you're actually building up some pretty valuable skills. Having to stick to a deadline builds your time management skills. Writing and debating competitions are a great way to flex your communication skills. And even having the confidence to enter a competition in the first place is a skill in itself.

Looks great on your resume

We've [spoken a bit about this before](#) – if you haven't had any work experience yet and are struggling to think of things to put on your resume, competitions can look great. They can show employers what skills you've learned, as well as showing your interests and that you're willing to give things a go.

Find your strengths

Entering a variety of different competitions can help you really narrow down your strengths. You might find that you do really well in a STEM competition, spurring you on to enter even more competitions or picking STEM subjects to study at school. Competitions can also be a great way to show off your knowledge in a different environment to the classroom.

Be recognised for your talents

It always feels nice to get some recognition for things you're good at (and you might even win some cool prizes too). Even if you don't win, often you'll still receive feedback that can help you improve in the future, as well as feel good about the things you did right.

Because they're fun!

At the end of the day, a lot of competitions are just plain fun to participate in. You might find yourself designing a wacky new invention, working with your friends to start a business, or flexing your creative muscles. And you get the opportunity to meet new people and try new things, and in our books that's always a good thing.

You can find out more about competitions and search our competition database [here](#).

Resources

[What Does Tutoring Really Look Like and Do You Need It?](#)

If you're struggling with a particular subject at school, or want to propel your knowledge to the next level, you might have considered tutoring. But what does tutoring really look like, and do you really need it?

What tutoring really looks like

Tutoring is receiving additional help and support from someone with extra experience and knowledge. Importantly, tutoring doesn't just teach subject knowledge – its purpose is to develop a deeper understanding of a particular subject, while helping a student learn through their own unique process. It's about getting more personalised support than you might in a classroom.

There are two popular types of tutoring:

- One-on-one: as the name suggests, this type of tutoring consists of a single tutor looking after a single student. This gives you the most personalised experience, with no pressure from other people to keep up – you can learn at your own pace.
- Small group: some tutoring sessions are run in small groups, usually kept to relatively low numbers to ensure the tutor can spend quality time with all students. This might be for you if you feel more comfortable in groups, as well as giving you the chance to brainstorm and learn from other students too.

You can find tutors who work both in-person and online, giving you the flexibility with time and location to do what suits you best.

Do you need tutoring?

If you feel any of the following, tutoring might be something you'd like to try:

- You're feeling behind or that you don't understand what's being taught
- You missed some classes and would like to catch up in your spare time
- You've kept up with class work, but want a bit of extra help to do well in assessment
- You're really interested in a particular subject and are keen to learn even more

Tutoring is something you can access at any stage of your educational journey, from primary school all the way through to university.

Finding a tutor

There are lots of sites that can help you find a tutor that will be a perfect match. Here are some examples we've found:

- [Tutors Australia](#) – offers both in-home and online tutoring
- [Cluey Learning](#) – offers one-on-one online tutoring
- [Tutorly](#) – find a private tutor to suit you
- [Kumon](#) – individualised learning for maths, English, and Japanese

You can also find more study tips on our website [here](#).

[Here's How You Can Use Music to Focus](#)

Do you often find your mind wandering while you're trying to study? Here's something surprising you can use to get yourself back on track and focus – music. But how does it work?

Reduce your stress

A [2021 study](#) showed that patients in ICU felt much less stressed after listening to music for 30 minutes. You probably already know about the calming effects of music – it’s pretty common to put on some tunes when you want to wind down and relax. The less stressed you are, the more you can focus on what’s in front of you, whether that’s study or at the gym.

Block out distractions

The sounds of traffic, people talking, your favourite show playing on the TV in the other room...these can all distract you from the important task at hand. Popping on a pair of headphones and playing some music blocks out all these other distractions, letting you focus more on what you’re doing.

Motivate you to get things done

We all probably have a favourite “pump up” song – the one you play when you need to get yourself into the mood to get things done. If you’ve got a big study session or important test coming up, playing some upbeat or encouraging music can get you in the right head space and feeling ready for anything.

What kind of music is best?

Generally, music that’s slightly slower in tempo (ideally 50 to 80 beats per minute) and has no lyrics is considered “best” for focus. Classical music is often touted as the top dog, but any kind of music without lyrics works well – including instrumental, electronic, ambient, and lo-fi. And other sounds that aren’t music at all can also help, like nature sounds, [binaural beats](#), or white noise.

As with all study and focus tips, what works best for one person might not work for another. There’s no point making yourself listen to music that you hate if it’s just going to throw you off. Try a few different things and see what’s best for you.

Check out more study tips on our website [here](#).

Workplace Spotlight

Even though most of us hope we don’t have to visit them very often, hospitals offer an essential service to the wider community. But have you ever wondered what it’s like to work in a hospital?

In a hospital, teams of people work together to treat and care for patients. They provide a place for people to seek treatment, undergo surgery, and rest and recover until they are ready to

return home. Unlike a doctor's office, most ailments people present to hospital with are generally severe or life-threatening. Hospitals are open 24/7, 365 days a year, as accidents and illnesses can occur at any time.

While every hospital is different, they tend to have a few things in common:

1. There's a sense of urgency – most cases need to be dealt with in a timely matter, as it can often be a case of life and death.
2. Safety is vital – from strict infection and disease controls to dealing with patients who can behave erratically, you'll be expected to keep a clean and safe work environment.
3. You'll be dealing with people from all walks of life – so you'll need good people skills and the ability to help people feel as safe and comfortable as possible while they visit.

Key Outcome – treating the sick and injured

Public hospitals don't operate to make a profit, and while some private hospitals may make money, the main focus is to provide care for people in need. Hospitals treat all kinds of illnesses and injuries, from complex cases requiring delicate surgery to setting broken bones.

Key Tasks –

- Attend to and provide care for patients
- Keep rooms and equipment clean and sanitary
- Communicate treatment options and procedures to patients
- Rehabilitate patients and provide them with aftercare guidance

Industry – you can find hospitals in the healthcare industry

The healthcare industry includes hospitals, aged care facilities, GP clinics, physiotherapy studios, pathology clinics, and more. This industry provides essential services, so the main focuses are being accessible to everybody and providing top-notch care.

Work Environment – you can expect shift and on-site work in a range of locations

Shift work | Work on-site | Jobs in all locations, including metro, regional, and rural | Very strong job growth

Because hospitals are operating 24/7, they always need staff on-hand to care for patients and in case of emergencies. This means there are lots of workers who need to be there outside of the regular 9 to 5, as well as on holidays.

Almost all the work in a hospital is done hands-on, so it might be difficult to find roles where you can work from home. However, some roles, like admin and IT, might be able to be done remotely.

Because hospitals offer a vital service, they're found in cities all around the country, even in regional and rural areas. This means there are a huge variety of places you can find work. Hospitals in regional and rural areas also often struggle to find enough staff, so there are always lots of opportunities for work.

The Career Clusters you'll find in a hospital

Hospitals might be mostly known for providing healthcare, but they are huge operations that require people from all Clusters to operate successfully. You'll find lots of Guardians, but there are roles from every Cluster to be found in a hospital.

The role of a Maker in a hospital

The Makers in hospitals are the people who operate and maintain the equipment. This includes things like complex machines (x-rays, MRIs, CAT scanners, sonograms, etc.), and IT and database systems. Makers are also responsible for keeping the hospital clean and sanitary, and preparing food for patients.

- Medical Equipment Technicians
- IT/Systems Analysts
- Cleaners
- Hospital Caterers

Where do you find Linkers in a hospital?

The Linkers in hospitals are usually found at the front desk, answering phone calls, directing patients to services, and helping visitors find where they need to go. There are also PR and media departments that communicate what's happening at the hospital and their policies to the public. Social workers help connect family and friends with other support services to help them in tough times.

- PR Officers
- Media Departments
- Social Workers
- Medical Administration

The role of a Coordinator in a hospital

Coordinators in hospitals are the people responsible for managing teams, organising shifts and pay, and ordering supplies. Hospitals also need to keep thorough records of patients, processes, and day-to-day operations, which is usually the responsibility of a Coordinator.

- Ward Managers
- Heads of Departments
- Human Resources Officers
- Payroll Officers

How do Guardians work in a hospital?

Guardians are the people who care for and treat the patients who come into the hospital – think nurses and doctors. You'll be monitoring vital signs, administering treatments and medication, and attending to emergencies. There are the people who perform complex surgery, and those who help patients with rehabilitation so they can go home again.

Many hospitals also have strict safety and compliance standards, and usually employ safety officers to ensure everything is running up to standard.

- Nurses
- Doctors
- Surgeons
- Physical Therapists
- Dieticians

Where do you find Informers in a hospital?

You'll often find Informers working as educators in hospitals, training up new staff or educating interns and university students. Medical researchers work in hospitals studying diseases and finding new treatment methods and cures, and publishing their findings in scientific journals. Hospitals also often have large financial teams to ensure they are operating in a cost-effective manner and advise on insurance, and legal advisors to help with ethical issues and potential lawsuits.

- Medical Researchers
- Ethics Advisors
- Financial Specialists

What types of Innovators work in a hospital?

Although they might not work in hospitals directly, there are lots of Innovators who are creating technologies and devices that are commonly used in hospitals. These include people who design prosthetics, implants, and mobility devices, develop software to help doctors diagnose illnesses and create care plans, engineer medical equipment to be faster and more accurate, and develop and test new pharmaceuticals.

- Medical Equipment Designers
- Biomedical Engineers
- Pharmaceutical Development

How do we expect working in a hospital to change in the future?

There are lots of advances happening in medical technology, with machines that can perform surgery, 3D printed prosthetics, gene-editing technologies, and AI that can detect abnormalities in scans more accurately than the human eye. Advances in healthcare mean people are getting

sick less often, but also living longer, so there will be more focus in the future on caring for an aging population.

Despite this, healthcare is still such a human-centric industry. While some tasks will become automated, there will always be a demand for personal care. People will be needed to provide emotional support and advice during tough times, as well as to create and maintain equipment and technology.

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