VIA STRENGTHS CHART: WHAT ARE YOUR SIGNATURE STRENGTHS?





■ Beauty & Excellence ■ Bravery

Transcendence

You notice and appreciate beauty and excellence in all domains of life.



☐ Hope

Transcendence

and you work to achieve it.



You do not shrink from threat, challenge, difficulty, or pain.



Creativity

Wisdom

Thinking of new ways to do things is a crucial part of who you are.



Curiosity

Wisdom



Fairness

Justice

You like exploration and discovery. You treat all people fairly.



☐ Forgiveness

Temperence

You forgive those who have done you wrong.



☐ Gratitude

Transcendence

You are aware of good things that happen and don't take them for granted.



☐ Honesty

Courage

You live your life in a genuine and authentic way.



You expect the best in the future.



■ Humility

Temperence

You do not seek the spotlight and others value your modesty.



Humour

Transcendence

Bringing smiles to other people is important to you.



■ Judgement

Wisdom

You think things through and examine them from all sides.



Kindness

Humanity

You are kind and generous to others.



Leadership

Justice

You excel at encouraging a group to get things done.



Love

Humanity

You value close relationships with others.



■ Love of Learning

Wisdom

You have a passion for mastering new skills, topics and bodies of knowledge.



Perserverance

You work hard to finish what you start.



Perspective

People who know you consider you wise.



Prudence

You are a careful person.



■ Self-Regulation

You are a disciplined person.



■ Social Intelligence

You know how to fit in to different situations.



Spirituality

Transcendence

Your beliefs shape your actions and are a source of comfort to you.



☐ Teamwork

Justice

You excel as a member of a group.



Zest

Courage

You approach everything you do with excitement and energy.