



SSV SHERBROOKE/BORONIA DISTRICT ATHLETICS CHAMPIONSHIPS INVITATION



SSV SHERBROOKE/BORONIA DISTRICT ATHLETICS CHAMPIONSHIPS

Date:-	Wednesday 4 th September, 2024
Times:-	9.15am – 2.30pm
Venue:-	AC Robertson Athletics Track, Ringwood Sylvia Grove Ringwood 3134
Program:-	Attached
Track Layout:-	Attached

Welcome and congratulations on reaching the SSV Sherbrooke/Boronia District Athletics Championships. It is an honour to be recognised as the best athlete in your school. As you compete, remember the qualities that make great sportsmen and women. Try your best and be a good sport in either victory or defeat.

It is imperative that all athletes run in their designated lane as listed in the program. Competitors, please stop and listen to all announcements, keep off the track when not competing and in the event of a clash, please check in at both events and follow the appropriate instructions below;

EVENT CLASHES

For students who have events listed at the same time (or near enough to the same time), the instructions are as follows;

- Track events take precedence over Field events.
- The student marshals at the Field event to ensure the officials know that they are present. They inform the officials that they will be competing in a Track event and will return once that event is completed.
- The student competes in the Track Event
- The student returns to the Field Event and the official accommodates the student in the best way possible (ie. consecutive jumps/throws etc.)
- If the clash is between two Field events, then High Jump takes precedence over all other Field events.
- Once again the official (whether that be the first or second Field event) will accommodate the student in the best way possible.

First two placegetters at each District Final will proceed through to the SSV Dandenong Ranges Division Athletics Championships which will be held on Wednesday 18th September at Bill Sewart Athletics Track, East Burwood.

Please note that students will be restricted to two individual events and a relay from Division onwards

Good Luck

Chris Anderson

SSV Sherbrooke/Boronia District Co-ordinator



SSV Sherbrooke/Boronia District

2024 ATHLETICS CHAMPIONSHIPS

TRACK EVENTS			FIELD EVENTS			
TIME	AGE GROUP	EVENT	TIME	AGE GROUP	EVENT	
9.45am	9/10 yr Boys	800m	9.45am	9/10 yr Boys	Discus	
	9/10 yr Girls	800m		9/10 yr Girls	Discus	
	11 yr Boys	800m		11 yr Boys	Shot Put	
	11 yr Girls	800m		11 yr Girls	Shot Put	
	12/13 yr Boys	800m		12/13 yr Boys	High Jump	
	12/13 yr Girls	800m		12/13 yr Girls	High Jump	
10.30am	9/10 yr Boys	80m Hurdles	9/10 yr Boys	9/10 yr Boys	Long Jump	
	9/10 yr Girls	80m Hurdles		9/10 yr Girls	Long Jump	
	11 yr Boys	80m Hurdles		11 yr Boys	Triple Jump	
	11 yr Girls	80m Hurdles		11 yr Girls	Triple Jump	
	12/13 yr Boys	80m Hurdles		11.00am	9/10 yr Boys	High Jump
	12/13 yr Girls	80m Hurdles			9/10 yr Girls	High Jump
11.00am	9/10 yr Boys	100m	11 yr Boys	Discus		
	9/10 yr Girls	100m	11 yr Girls	Discus		
	11 yr Boys	100m	12/13 yr Boys	Shot Put		
	11 yr Girls	100m	12/13 yr Girls	Shot Put		
	12/13 yr Boys	100m	11 yr Boys	Long Jump		
	12/13 yr Girls	100m	11 yr Girls	Long Jump		
11.30am	9/10 yr Boys	200m	12/13 yr Boys	Triple Jump		
	9/10 yr Girls	200m	12/13 yr Girls	Triple Jump		
	11 yr Boys	200m	12.15pm	9/10 yr Boys	Shot Put	
	11 yr Girls	200m		9/10 yr Girls	Shot Put	
	12/13 yr Boys	200m		11 yr Boys	High Jump	
	12/13 yr Girls	200m		11 yr Girls	High Jump	
1.00pm	9/10 yr Boys	4 x 100m Relay		12/13 yr Boys	Discus	
	9/10 yr Girls	4 x 100m Relay		12/13 yr Girls	Discus	
	11 yr Boys	4 x 100m Relay	9/10 yr Boys	Triple Jump		
	11 yr Girls	4 x 100m Relay	9/10 yr Girls	Triple Jump		
	12/13 yr Boys	4 x 100m Relay	12/13 yr Boys	Long Jump		
	12/13 yr Girls	4 x 100m Relay	12/13 yr Girls	Long Jump		

PLEASE NOTE

100m, 200m, 80m Hurdles 4 x 100m Relays will be run over 2 heats

