

Webinar with Andrew Fuller: Helping Young People through Anxiety, Sadness and Trauma

**Andrew
Fuller**

Clinical Psychologist
Author and Speaker

www.andrewfuller.com.au
www.mylearningstrengths.com



Andrew Fuller is a clinical psychologist, family therapist, author, speaker and creator of Learning Strengths™.

Andrew works with many schools and communities in Australia and internationally, specialising in the wellbeing of young people and their families.

For more information about Andrew's established programs, his renowned books and his involvement in Foundations and organisations, programs and resources visit www.andrewfuller.com.au or www.mylearningstrengths.com

Tuesday 4 August 2020
7 – 8pm

Webinar via Zoom
Cost: Free!







Targeted to parents of 10-18 years

Bookings are essential

To register, complete the online registration form at [Webinar Zoom link](#)

For more information, contact Michelle 9298 8311 or michelle.pascoe@knox.vic.gov.au

Topics covered will include:

-  How to manage a bad day
-  Understanding how parents can help kids who worry
-  How to manage stress and exams
-  What to do when they are sad and when to be concerned if it is something more
-  Understanding trauma and how to overcome it,
-  Using your Learning Strengths for success