



## MyTime Frankston

# Why MyTime?

MyTime is for parents and carers of a child with a disability, chronic medical condition or other additional needs including developmental delay.

### FIND US AT:

BAM Studio 1

1 Rosella Street, Frankston

Mondays 9:45 am – 12 pm

### CONTACT:

Sue Batcheler – Facilitator

[suzanneb@mytimevic.com.au](mailto:suzanneb@mytimevic.com.au)

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Unwind and  
share experiences  
with others who  
understand



[mytime.net.au](http://mytime.net.au)

# MyTime term plan

mytime.net.au

## Mondays, Most Weeks

DATES	GROUP ACTIVITY	CHILDREN'S ACTIVITY
22nd April 2024	Meeting at Funtopia Play Centre 586 Frankston – Dandenong Rd, Carrum Downs	 
29th April 2024	Mindful Craft	
6th May 2024	Mini High Tea	
20th May 2024	Kim Henderson speaking on Behaviour Management	<b>BAM DETAILS</b> Bam Arts Inc are dedicated to providing art programmes, events and opportunities for people with disabilities of all ages.
27th May 2024	Julie Ryan speaking on lived experience having a child with a disability	
3rd June 2024	Make Teacup Bird Feeders	MyTime at BAM Arts Inc will be a creative and fun time for children and adults. We will host a 30 minute weekly music and movement session for children where we will sing, dance and make new friends.
17th June 2024	Make Kid's Fancy Edible Treats	
24th June 2024	Coffee & Chat	

\*activities may vary depending on group interests and ability



It's support  
for you



It's free to  
join



Professional  
support



Pre-school aged  
children are welcome