

South West Metropolitan Parenting Service - Term 4 2021 Workshops

About the Partners

Cockburn Parenting Service offers a parenting program for families assisting parents to have a close, connected relationship with their children and manage the challenges of parenting. <http://www.cockburn.wa.gov.au>

Kwinana Early Years Services (KEYS) provides support and quality services to children, parents, carers and grandparents. KEYS focus on parent skill development and support as well as providing assistance to families to access existing community resources. <http://keyswa.org>

Meerilinga Parenting Service offers parenting programs, adopting a 'strengths based approach' when partnering with families to meet their identified goals. Meerilinga uses the 'The Family Partnership Model' to build trust, negotiate changes and share problem solving, allowing families to explore the challenges they are facing in a safe and supportive environment. www.meerilinga.org.au

Meerilinga Parenting Service

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| <p>Tuning Into Teens (six weeks). Fridays 12.30pm-2.30pm. Meerilinga Cockburn. 15/10/21 – 19/11/21. Contact Susie.perkins@meerilinga.org.au</p> | <p>Circle of Security Parenting (abbreviated - six weeks). Mondays. 7pm-9pm. Meerilinga Cockburn. 18/10/21-22/11/21. Contact Susie.perkins@meerilinga.org.au</p> |
| <p>Circle of Security Parenting (eight weeks). Wednesdays 10am-12.30pm. Melville Leisurefit. 13/10/21-1/12/21. Contact Susie.perkins@meerilinga.org.au</p> | <p>Starter Class in Parenting by Connection (six weeks). Fridays 10am-12.30pm. Fremantle Women's Health Centre. 22/10/21-26/11/21. Contact Belynda.smith@meerilinga.org.au</p> |
| <p>Ready for School (kindy/primary). Thursday 21st October. 9.30am-11.30am. Palmyra Primary School. https://www.eventbrite.com.au/e/ready-for-school-tickets-167034459565</p> | <p>Children and Anxiety. Friday 3rd December. 10am-12noon. Willagee Community Centre. https://www.eventbrite.com.au/e/children-and-anxiety-tickets-170395290902</p> |
| <p>Potty Time. Friday 10th December. Fremantle Women's Health Centre. 10am-12noon. https://www.eventbrite.com.au/e/potty-time-tickets-170392263848</p> | <p>Sharing Stories project – celebrating multicultural families and the power of stories. Please register your interest with Belynda.smith@meerilinga.org.au</p> |
| <p>PlayTime. An 8 week program. Play is an easy and fun way to help your child's healthy emotional development. Learn playful parenting tools and strategies in a supportive, nurturing environment. Please register your interest for this Term 1 2022 program with Belynda.smith@meerilinga.org.au</p> | <p>Ready for School (high school). Please register your interest in this workshop with Belynda.smith@meerilinga.org.au</p> |
| <p>Teddy Bears Picnic, Wednesday 20th October. Manning Park. 10.30am-12.30pm.</p> | |

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SOUTH WEST METROPOLITAN PARENTING PARTNERSHIP



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Cockburn Parenting Service

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| <p>Sing and Play Supported Playgroup. Coolbellup Hub. 15/10- Contact parenting@cockburn.wa.gov.au</p> | <p>Circle of Security Parenting (8 weeks) Thursdays 10am-11.30am. 21/10-9/12. Coolbellup Hub. Contact parenting@cockburn.wa.gov.au</p> |
| <p>Circle of Security Parenting (online 8 weeks) Thursdays 7pm-8.30pm. 21/10-9/12. Contact parenting@cockburn.wa.gov.au</p> | <p>My Time Aboriginal Parents Group. Tuesdays 12noon-2pm. 19/10-7/12. Coolbellup Hub. Contact parenting@cockburn.wa.gov.au</p> |
| <p>Understanding Tears and Tantrums (3 weeks) Wednesdays 9am-11am. 27/10-10/11. Spearwood Alternative School. Contact parenting@cockburn.wa.gov.au</p> | <p>Making Friends with Tantrums (online). Wednesday 13/10/21 7pm-8.30pm. Contact parenting@cockburn.wa.gov.au</p> |
| <p>Baby Makes Three. Expressions of Interest to parenting@cockburn.wa.gov.au</p> | <p>Teddy Bears Picnic, Wednesday 20th October. Manning Park. 10.30am-12.30pm.</p> |

KEYS Parenting Service

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| <p>Circle of Security Parenting. Fridays, Oct 15th – Dec 3rd 9.30am-11.30am. Frank Konecny Room, Darius Wells Library/Resource Centre. Call 94391838 to register. Creche available.</p> | <p>Sensory Kids. Wednesday October 27th. 6pm-7.30pm. Goodstart Early Learning. 26 Okehampton Road Warnbro. www.trybooking.com/BTYYC</p> |
| <p>Children’s Emotional Wellbeing: Raising Resilient Kids/Understanding & Managing Children’s Anxiety. Thursday 28th Oct 9:30am – 12:30pm Sheoak Grove Primary School, Nyilla Approach Baldivis www.trybooking.com/BTYYS</p> | <p>Protective Behaviours. Thursday 4th November. 9.30am-12.30pm. Peter Carnley Anglican School, Cnr Gilmore Ave/Summerton, Calista. Call 9439 1838 to register</p> |
| <p>Engaging Adolescents. Tuesdays for four weeks. 9th Nov-30th Nov. Salvation Army Centre, 107 Willmott Dr Coo loongup. www.trybooking.com/BTONZ</p> | <p>Sensory Kids. Wednesday 24th November. 9.30am-11am. Makybe Rise Primary School, Makybe Dr, Baldivis. www.trybooking.com/BTZCR</p> |
| <p>Children’s Emotional Wellbeing: Raising Resilient Kids/Understanding & Managing Children’s Anxiety. Thursday (two weeks). 2nd and 9th December, 9.30am-11am. Baker/Lydon Rooms (upstairs) Darius Wells/Library Resource Centre. Creche available. www.trybooking.com/BTZON</p> | |

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