

Plenty Parklands Primary School Canteen Menu 2020

Orders can be placed on QKR or please write child's name, room number, order and any allergies or special dietary requirements clearly on a brown paper lunch bag. Lunch bags can be provided for 10c extra.

☺ SANDWICH & SALAD BAR

White or Wholemeal Bread
Roll, Wrap or Gluten Free Bread add 50c
 Ham, Chicken, Tuna, e.g. or
 Salad (lettuce, tomato, carrot,
 beetroot, cucumber) \$3.50
 Vegemite, tomato or cheese \$2.00
 Egg & Lettuce \$3.00

☺ Extras (add)

Cheese, tomato, grated carrot, cucumber, or
 beetroot 30c
 Vegemite 30c
 Ham, or egg 50c
 chicken, tuna, avocado \$1.00
 Toasted sandwiches (add) 30c
 Toasted baked beans \$3.00

Garden Salad tub \$4.50
 Ceasar salad \$4.50
 Seasonal fruit salad tub \$4.50

* BURGERS

Please note beef burgers are home made
 Burger; Beef/Chicken/Veggie/Fish \$4.00

☺ Extras (add)

Cheese, tomato, grated carrot, beetroot or
 lettuce 30c

* SAUCES

Tomato, sweet chilli and soy sauce,
 mayonnaise or salad dressing 20c

* HOT FOOD

Hot chicken roll or wrap \$3.50
 ☺ Extras add
 Cheese, tomato, grated carrot, beetroot or
 lettuce 30c

Home made Lasagne \$4.70
 Home made macaroni cheese \$4.70
 Home made Spaghetti Bolognese \$4.70
 Home made Fried Rice (no meat) \$4.20
 Pizza Hawaiian/Margherita \$3.00
 Hot dog \$3.00
 Dino Snacks 3 pack \$3.00
 6 pack \$4.50
 Meat pie \$3.50
 Home made sausage roll \$3.50
 Pastie \$3.50
 Party pie \$1.00
 Home made party sausage roll \$1.00
 Steamed Dim Sim \$1.00
 Patizzi-Ricotta \$1.00
 Corn Cob \$1.00

* HALAL

Chicken Dino (steggles) 3 pack \$3.00
 6 pack \$4.50
 Chicken/Fish burger \$4.00
 ☺ Extras add
 Cheese, tomato, grated carrot, beetroot or
 lettuce 30c
 Hotdog (Vic Halal Meats) \$3.50
 Pies \$4.00

* GLUTEN FREE

Meat Pie \$4.50
 Bolognese pasta \$4.70
 Chicken tenders \$2.00
 Chicken Burger \$4.50
 Choc chip cookie \$1.00
 Delites (sour cream, salt & vinegar,
 Sweet chilli) \$1.00
 Sandwich – see under sandwich bar

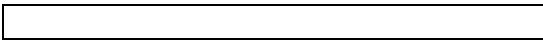
* DRINKS (lunch orders only)

☺ Chocolate or strawberry milk \$2.00
 * 200ml juice varieties
 Apple, orange, apple & blackcurrent,
 tropical \$2.00
 Focus Water, lemonade, raspberry,
 fruit tingle \$2.00

* SNACKS

(lunch order and over the counter)

☺ Frozen orange quarter 30c
 ☺ Frozen pineapple ring 50c
 ☺ Seasonal fruit available \$1.00
 ☺ Apple Slinky \$1.00
 ☺ Watermelon Tubs \$3.00
 ☺ Carrot Sticks \$1.00
 ☺ Hard Boiled Egg \$1.00
 * Variety of popcorn flavours \$1.20
 * Variety of JJ Snacks \$1.20
 * Home made muffins mini 50c
 * Home made Cookie choc chip 80c



Over the counter only

- * Paddle pop icy twist \$1.20
- * Rainbow Paddle pop \$1.70
- * Chocolate Paddle pop cup \$2.20
- * Calippo mini \$1.20
- * Zing Yoghurt Bar \$1.00
- * Moozie, \$1.00
- * Zupper Dupper 50c
- * Frozen Yoghurt tubs \$2.00
- * Frozen jelly fruits 50c

*Some items may contain traces of nuts
Prices are subject to change and include GST*

- ☺ Everyday choices
- * Choose carefully

Please ensure correct money and only **Australian** money is used for the lunch order.
Change will be given.
Your child may miss out on an item of choice if not enough money is enclosed.

Example Order

<i>Natalie Williams</i>	<i>Room 5</i>
<i>1 x chicken burger</i>	<i>\$4.00</i>
<i>With lettuce</i>	<i>.30</i>
<i>Tomato</i>	<i>.30</i>
<i>Mayonnaise</i>	<i>.20</i>
<i>1 x chocolate milk</i>	<i>\$2.00</i>
<i>1 x paper bag</i>	<i>.10</i>
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	<i>\$6.90</i>